SENIORS:

5% in-store discount on all items, including sale items

Certified Product Advisors on Staff



CanadianVitaminShop.com[™], the online division of MIN SHOP

Healthy Solutions Since 1984!

1212 Broad St. (between Yates St. and The Bay Centre),

Victoria, BC, V8W 2A5

Phone 250-386-1212

Prices in effect: June 6-29, 2025

COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS



powerful vitamin infection-fighting properties

gastrointestinal side effects

- vitamin C is crucial for the formation of collagen, important for wound repair, gums, bones and teeth
- buffered with calcium and recommended for individuals who experience gastrointestinal discomfort with vitamin supplements

• calcium ascorbate replenishes the calcium excreted in urine due to the chelating properties of vitamin C

• can be taken therapeutically at higher daily doses without





\$3 coupon will be applied

RegenerLife UNIQUE RELIEF IBS Butyric Acid

- to help relieve abdominal pain and discomfort of irritable bowel syndrome (IBS)
- · aging can increase gut permeability and age-associated gut symptoms
- clinically studied
- non-GMO

30 Packets



NUTRI PROBIOTIC

- will help relieve digestion symptoms, from bloating and nausea to irritable bowel syndrome or leaky gut
- 16 billion CFU plus a 250mg dose of L-glutamine
- shelf stable

Item#3718

\$**12**.48

120 Vegcaps





TONGKAT ALI

- high-potency 100:1 tongkat ali extract that helps support testosterone levels in aging men
- each daily vegcap provides the equivalent of 20,000mg of raw herb, standardized to 22% active eurypeptides
- non-GMO vegan
- ideal for men aged 40+ with low testosterone

60 Vegcaps Item#2436

\$5 coupon will be applied

ULTIMATE



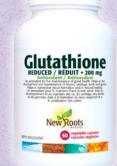
U-CUBES for KIDS **Multivitamins & Minerals**

- naturally flavoured & coloured
- to help bridge nutritional gaps and provide xtra nutrients for growing bodies and minds
- · pectin-based cubes
- no animal gelatin
- · naturally sweetened

120 Gummies Item#3606



\$3 coupon will be applied



GLUTATHIONE Reduced

Antioxidant

- a ubiquitous molecule in living systems
- occurs in all human cells
- a water-phase orthomolecule
- intracellular depletion results in cell death
- a more effective antioxidant than vitamins E & C

60 Vegcaps | | \$2 coupon will be applied



While quantities last. We reserve the right to limit quantities.



Free Delivery Mon-Fri with minimum \$79 order within radius.



Shop By Phone 250-386-1252 Fax: 250-386-1299



Toll Free 1-888-386-1211 Fax: 1-877-386-1211



Free Shipping anywhere in Canada with minimum \$79 order.



STORE HOURS: Mon-Fri: 9am-5:30pm • Saturday: 9:30am-5:30pm • Sunday: 11am-5pm



2 THE VITAMIN SHOP® OUT OF TOWN: Call Toll Free: 1-888-386-1211 (fax: 1-877-386-1211) • Free Shipping anywhere in Canada with minimum \$79 order.



NATURAL FACTORS

ALGAE OMEGA-3 Plant Based • vegan-friendly DHA and EPA

- to support cardiovascular, cognitive and visual health
- sustainably sourced
- fish-free omega-3

60 Softgels Item#2005

\$3 coupon will be applied



NATURAL FACTORS CranRich Super Strength CRANBERRY Concentrate 500mg

- by age 26, one third of women will have had a urinary tract infection (UTI)
- a 36:1 ratio, provides a superior supplement 180 Caps to avoid UTIs

\$19.48 Item#1269

· avoid sugary juices by supplementing with CranRich



NATURAL FACTORS COENZYME Q10 100mg

- ensure your body receives and maintains optimal levels of this spark plug for all human cells
- coenzyme Q10 'ignites' the oxygen in the cell, turning it into energy • the heart requires this

nutrient to perform its

120 Softgels \$19.88

Item#2332

workload



NATURAL FACTORS

NAC N-Acetyl-L-Cysteine 600mg

- · free-form amino acid and powerful antioxidant
- precursor to glutathione, an antioxidant that fights oxidative stress & repairs tissue
- supplementing with NAC increases

120+60 Vcaps \$21.98

glutathione levels better than supplementing with glutathione itself

Item#2069



NATURAL FACTORS OSTEOMOVE Extra Strength Joint Care

An array of natural compounds and plant extracts clinically shown to fight progressive cartilage degeneration and to

240 Tabs support the repair and recovery of joints and \$54.48 connective tissue



NATURAL FACTORS

PS Phosphatidylserine 100mg

- a fat that plays an integral role in cell membrane function
- our production of PS decreases as we age, which can lead to cognitive decline

• can reduce stress

120 Softgels

Item#1290



NATURAL FACTORS

Maximum Triple Strenath

RXOMEGA-3 with Vitamin D3 • pharmaceutical-grade fish oil concentrate

- free from lipid peroxides & environmental pollutants, heavy metals, pesticides, dioxins, PCBs and other harmful compounds
- one of the highest available concentrations 150 Softgels of EPA and DHA in the 2:1 ratio

• convenient one-a-day formula

Item#2246



NATURAL FACTORS

L-TYROSINE

Item#2265

- provides a higher dose of this amino acid
- convenient powder form
- helps decrease cognitive fatigue resulting from extended wakefulness, exposure to cold and excessive noise
- neutral-tasting non-GMO
- no flavours, sweeteners or fillers

250 g Item#2016

On sale now!



NATURAL FACTORS

UBIQUINOL Active CoQ10 100mg superior bioavailability when

- compared to standard ubiquinone
- enhances blood levels of CoQ10
- to support heart, increase energy, provide antioxidant protection and maintain health as we age

120 Softgels

On sale now!



PURICA

- · can improve mitochondrial energy production, boost testosterone and support strength & endurance
- advanced processing ensures superior bioavailability and consistent potency
- contaminant-free

60 Vegcaps Item#2633

\$6 coupon will be applied



CORDYCEPS

- · used for centuries in Traditional Chinese Medicine to gently tonify the kidney and lungs, settle coughs and and stop sweating
- lab grown, full spectrum product that includes mycelium, fruit, spores, primordial & extra cellular compounds

120 Vegcaps 360 Vegcaps

Item#2614 Item#2711

\$6 coupon will be applied



PRAIRIE NATURALS PROST FORCE

- supports prostate health naturally
- a unique blend of herbs including saw palmetto (tonic for the male reproductive system), pygeum,



Item#**9493**

lycopene and other well-researched herbs shown to be helpful to the male reproductive system



PRAIRIE NATURALS Sytrinol CHOLESTFORCE

· a clinically-studied cholesterol-

lowering supplement made from natural phytochemical compounds in citrus peel and palm fruit extracts

DUO-PACK 60+60 Vcaps

· an antioxidant to help reduce arterial plaque and improve glycemic control

Item#3101

SCanPrev TUDCA

CANPREV

TUDCA

- Tauroursodeoxycholic acid is a bile salt that's produced in the liver and helps break down fats
- · choline is a nutrient that helps the liver maintain cholesterol levels in the body
- together they support your liver

60 Vegcaps Item#7997

\$3 coupon will be applied



CANPREV GREEN TEA

- green tea has been consumed for thousands of years for its many health benefits
- packed with antioxidants like EGCG, which can prevent cellular deterioration from oxidative damage

120 Vegcaps Item#7999

\$3 coupon will be applied



PREFERRED NUTRITION **MAGNESIUM L-THREONATE**

- helps maintain normal muscle function, including the heart muscle
- helps the body metabolize nutrients
- helps energy metabolism, tissue formation and maintenance of bones and teeth

120 Vegcaps Item#2915

\$2 coupon will be applied



PREFERRED NUTRITION **ASHWAGANDHA** 600mg

Used for memory enhancement and as an adaptogen to help increase energy and resistance to stress. This one-per-day formula contains a 10:1 ashwagandha extract, providing the equivalent of 6000 mg of dry herb per vegetarian capsule.

120 Vegcaps Item#2920

\$2 coupon will be applied



Organic ARGAN COCONUT OIL BLEND

- certified organic culinary blend of the fruits of the argan tree and coconut oil
- vegan-friendly culinary oil
- smooth, toasted, nutty flavour and high oleic acid content
- lighter than pure coconut oil

250 ml | tem#9133

\$3 coupon will be applied



ENEREX PRO BIOTIKA + NAG

- to help restore intestinal micro-flora and gut lining
- specially cultured human strains
- retains viability at room temperature
- with 300mg of NAG (N-acetyl glucosamine)

90 DR caps | | tem#5568

\$2 coupon will be applied



GENUINE HEALTH CLEAN COLLAGEN

- pure hydrolyzed collagen
- 10g hydrolyzed collagen per serving
- mixes easily in hot or cold liquid

Unflavoured 280a #6080 Unflavoured 500g #6082

Marine - Unflavoured 210g #6106 Marine - Unflavoured 400a #6109

Marine - Lemon 228g #6097

\$4 coupon will be applied



NUTRISTART NATURALLY ADRENAL + **DREAM START**

- AdrenalStart helps you adapt or recover from stress & exhaustion, improve mood & boost energy
- DreamStart uses herbs to help induce restful sleep • used traditionally for centuries
- \$4 coupon will be applied



BULLETPROOF **BRAIN OCTANE** C8 MCT Oil

- can help increase brainpower, reduce brain fog and enhance energy
- medium chain triglyceride derived from coconut oils
- rapidly metabolized into ketones, providing a quick source of brain fuel from fats rather than inflammation-causing

Item#3511

.48



FLOR4 KID'S MULTI ESSENTIALS+

- rich in vitamins A, C, E and all the Bs for healthy growth and development
- includes 400 IU of vitamin D plus calcium, astaxanthin, elderberry, anise & chamomile
- fruit juice/whole food base that's easy to drink straight or mix into smoothies or juice

226 ml Item#4663

\$2 coupon will be applied

ΝΔΚΔ



PROVITA HEAVY METAL DETOX

- exposure to heavy metals like lead, mercury and aluminum is becoming more common from air pollution, contaminated seafood, cosmetics, etc.
- supplementation can help enhance 90 Vegcaps elimination pathways and

support the body's return to balance

Item#7839



ANDERSON'S

CONCENTRACE **Trace Mineral Drops**

- full-spectrum ionic and trace minerals necessary for vitality, energy, assimilation, muscle, bone, joint and organ health
- trace minerals support enzyme function,



emotional balance, peak sports performance, memory, concentration and elimination of waste



COLLAGEN + Vit C. Retinol & Hygluronic Acid Moisturizer

Boost your skin's hydration and elasticity with Naka Collagen+. This formula increases blood flow and aids in wound healing,

100 ml while also \$15.98

effectively fighting signs of aging.

Item#9600



PLATINUM TOTAL VISION CARE

- therapeutic dose of lutein and zeaxanthin
- protects macula and photoreceptors in the retina from oxidative stress and helps filter out high-energy visible blue light
- can slow progression of age-related macular degeneration

60 Softgels Item#4056

\$3 coupon will be applied



EARTHWISE

SPORT PLUS Deodorant

- aluminum chlorhydrate free
- pleasantly scented
- · no artificial colourants
- just natural ingredients designed to keep you feeling dry, comfortable and fresh-scented

\$7.48

Sport Plus #5300 Extreme #5301 Baking Soda - Unscented #5303



NAKA

ALOE VERA Vegan Organic Moisturizer Gel

- for skin & sunburns
- improves skin's ability to hydrate
- 99% aloe vera vegan, organic
- no alcohol, GMO, paraben or phthalate
- no artificial fragrance

Item#6380



SUN BUM Sunscreens

Made with ingredients that don't hurt the planet, animals or families. Belongs in every beach bag.

> Spray SPF30 177 ml #8856 \$23.48 Spray SPF50 177 ml #8861 \$23.48 Face Cream SPF50 30 ml #8857 \$15.28 Face Lotion SPF50 88 ml #8858 \$20.38 Lotion SPF30 177 ml #8859 \$21.68 Lotion SPF50 177 ml #8860 \$23.48 Lotion SPF50 88ml #8862 \$21.68



THERACURMIN

- more bioavailable than regular curcumin powder
- unlocks medicinal power of curcumin
- ensures a therapeutically effective level in the blood
- curcumin can reduce inflammation, provide antioxidant protection to cells and reduce risk factors for chronic degenerative diseases

120 Vegcaps Item#1443

Item#2056

120 Vegcaps Item#2118

\$2.00 OFF this product from Natural Factors



Support Hépatique

AOR QUERCETIN

- the major bioflavonoid in the human diet
- · for those with allergy symptoms, itchy eyes & throat, sneezing and nasal congestion
- promotes cardiovascular health
- reduces LDL oxidation, promotes healthy blood pressure & clotting

200 Vegcaps Item#7593

\$5 coupon will be applied

AOR LIVER SUPPORT AOR

- NAC preserves levels of glutathione
- milk thistle supports detoxification and protection of liver from toxins and carcinogens
- phyllanthus amarus protects against viral & chemically induced hepatitis
- can help liver illness, suboptimal liver function & liver detoxification
- can help protect against damage caused by alcohol, drugs

180 Vegcaps Item#7884

\$5 coupon will be applied



Pink Lemonade #7522 Classic Lemonade #7557 Wild Raspberry #7519 **Cucumber Pear #7525**

210 g

\$2 coupon will be applied

ORGANIKA ELECTROLYTES

- electrolytes support hydration, water balance, muscle contraction, nerve impulses and temperature regulation
- we lose them when we sweat, lose liquids due to sickness, or consume large amounts of dehydrating substances like alcohol and caffeine

VitaminF8 New Roots

SCanPrev

Magnesium

PRO ESSENTIAL

NEW ROOTS HERBAL VITAMIN E8 400iu

- has all eight active forms of vitamin E
- four mixed tocopherols and four mixed tocotrienols
- with squalenes for skin health and phytosterols to treat cholesterol • non-GMO

Item#4037

\$2 coupon will be applied



SISU **SUPREME MULTIVITAMIN**

- offers several benefits not found in regular multivitamins including Ester-C
- full range of B vitamins for stress
- vitamin K & boron for bone health

120 Vegcaps Item#5700

120 Vegcaps Item#1396

\$2 coupon will be applied

CANPREV MAGNESIUM CITRATE+

- this form of magnesium is easily absorbed
- replenishes magnesium levels in the body
- can resolve constipation
- enhanced with magnesium malate to increase bioavailability
- 150mg of magnesium per capsule

120 Vegcaps Item#7996

\$3 coupon will be applied