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number to go to
product online.



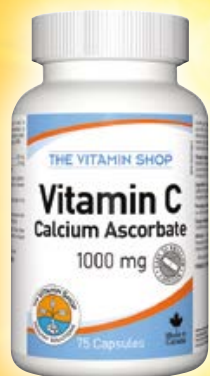
THE CanadianVitaminShop.com™, the online division of VITAMIN SHOP® Healthy Solutions Since 1984!

1212 Broad St.
(between Yates St.
and The Bay Centre),
Victoria, BC, V8W 2A5
Phone 250-386-1212

Certified Product
Advisors on Staff

Prices in effect:
March 7-30, 2025

COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS



THE VITAMIN SHOP®

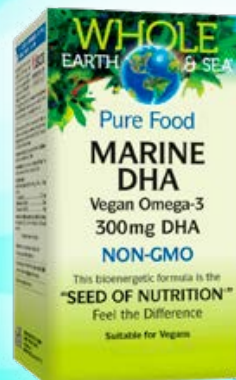
VITAMIN C Calcium Ascorbate 1000mg

- powerful vitamin infection-fighting properties
- vitamin C is crucial for the formation of collagen, important for wound repair, gums, bones and teeth
- buffered with calcium and recommended for individuals who experience gastrointestinal discomfort with vitamin supplements
- can be taken therapeutically at higher daily doses without gastrointestinal side effects
- calcium ascorbate replenishes the calcium excreted in urine due to the chelating properties of vitamin C

75 Caps

\$4.48

Item#86643



WHOLE EARTH & SEA MARINE DHA Vegan Omega-3

- no fishy smell or aftertaste
- excellent vegan alternative to fish oil supplements
- extracted from specially selected schizochytrium microalgae
- sustainable

30 Softgels

Item#2346

\$2 coupon will be applied



EMPOWER PLUS Essential Mineral Power

- 15 minerals, 14 vitamins, 3 amino acids, 3 antioxidants
- chelated minerals for greater absorption
- reduces stress, anxiety & depression
- effective for ADHD and traumatic brain injuries

120 Vegcaps

Item#7762

\$2 coupon will be applied



NUTRI PROBIOTIC

- to help relieve bloating, nausea, irritable bowel syndrome, or leaky gut
- 16 billion CFU
- 250mg of L-glutamine
- shelf stable



120 Vegcaps

\$43.48

Item#3718



ESTER-C SUPREME 600mg Citrus Free

- for those who suffer from allergies and desire the immune-boosting qualities of patented Ester-C
- citrus-free
- with polysaccharides and bioflavonoids to fight invading organisms
- maximum bio-availability & absorption

120 Vegcaps

Item#5625

210 Vegcaps

Item#5627

\$3 coupon will be applied



BioActive COLLAGEN Plus Biotin

- all-in-one skin, hair and nail formula
- with clinically researched Verisol® Bioactive Collagen Peptides™
- three daily tablets provide 2500mg of collagen plus 5000 mcg of biotin
- this combination helps reduce eye wrinkles within four weeks and helps promote thicker hair and healthy nails

90 Tabs

Item#5962

\$3 coupon will be applied



CanadianVitaminShop.com™

While quantities last.
We reserve the right
to limit quantities.



Free Delivery
Mon-Fri with
minimum \$70 order
within radius.



Shop By Phone
250-386-1252
Fax: 250-386-1299



Toll Free
1-888-386-1211
Fax: 1-877-386-1211



Free Shipping
anywhere in Canada
with minimum \$79 order.



STORE HOURS: Mon-Fri: 9am-5:30pm • Saturday: 9:30am-5:30pm • Sunday: 11am-5pm



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2 THE VITAMIN SHOP® OUT OF TOWN: Call Toll Free: 1-888-386-1211 (fax: 1-877-386-1211) • Free Shipping anywhere in Canada with minimum \$79 order.



NATURAL FACTORS

COENZYME Q10 100mg

- ensure your body receives and maintains optimal levels of this spark plug for all human cells
- coenzyme Q10 'ignites' the oxygen in the cell, turning it into energy
- the heart requires this nutrient to perform its workload

DUO PACK
120+120 Softgels
\$37.48

Item# 2148



NATURAL FACTORS

Methylcobalamin B12 1000mcg • Quick Dissolve

- most bioactive form of B12
- helps form red blood cells
- prevents B12 deficiency and supports normal function of the immune system
- helps the body metabolize nutrients
- better absorbed than cyanocobalamin B12

DUO PACK
210+210 Tabs
\$21.88

Item# 2163



NATURAL FACTORS

LUTEIN 20mg

- an anti-oxidant carotenoid that provides protection from free-radical cells to the eyes, heart and lungs
- protects the retina by filtering out blue light and providing a thick macular pigment inhibiting macular degeneration and cataracts
- a powerful anti-oxidant

BONUS SIZE
120+30 Softgels
\$25.98

Item# 2164



Time Release

NATURAL FACTORS

VITAMIN C 1000mg Timed Release

- helps fight infection
- crucial for formation of collagen thus wound repair, healthy gums, strong bones and teeth
- time-release tablets release over eight hours
- citrus bioflavonoids improve absorption and therapeutic action of vitamin C

BONUS SIZE
180+30 Tabs
\$18.98

Item# 2187



NATURAL FACTORS

ST. JOHN'S WORT 0.3% Hypericin

- a natural anti-depressant
- can treat restlessness and anxiety
- anti-bacterial and anti-viral
- used topically to treat burns, bites and other wounds
- non-habit-forming
- natural relaxant
- do not take with MAO-inhibiting drugs such as L-dopa or 5HTP

90 Caps
\$13.48

Item# 1453



NATURAL FACTORS

RegenerLife MAGNESIUM L-Threonate

- for cognitive support in the aging brain
- made with magtein, a highly absorbable form of magnesium L-threonate
- can improve memory
- for people of all ages

90 Vegcaps Item# 2322

\$4 coupon will be applied



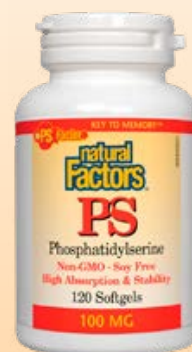
NATURAL FACTORS

High Potency MULTI ENZYME Full Spectrum

- full range of enzymes to digest carbohydrates, proteins & lipids
- can reduce gas, flatulence, constipation and diarrhea
- helpful for those who are or have been sick or whose natural enzyme production is low

120 Vegcaps
\$36.58

Item# 1262



NATURAL FACTORS

PS Phosphatidylserine 100mg

- a fat that plays an integral role in cell membrane function
- our production of PS decreases as we age, which can lead to cognitive decline
- can reduce stress

120 Softgels
\$61.78

Item# 1290



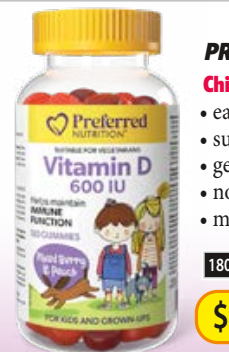
NATURAL FACTORS

L-TAURINE 1000mg

- an amino acid used to support cardiovascular function
- most abundant amino acid in the heart
- more effective than the form in food
- supplementation assists fat metabolism and regulates ion levels

450 g Item# 2282

\$3 coupon will be applied



PREFERRED NUTRITION

Children's VITAMIN D3 600 IU

- easy & convenient for kids & adults
- supports immune system, bones & teeth
- gelatin-free, vegetarian-friendly gummies
- non-GMO
- mixed-berry and peach flavours

180 Gummies Item# 5959

\$3 coupon will be applied



PREFERRED NUTRITION

Children's MULTIVITAMINS

- easy & convenient for kids & adults
- essential vitamins and minerals
- gelatin-free, vegetarian-friendly gummies
- non-GMO
- citrus and raspberry flavour

180 Gummies Item# 5957

\$3 coupon will be applied



PREFERRED NUTRITION

Children's PROBIOTIC 1 Billion

- to promote favourable gut flora
- 1 billion active cells of Bacillus coagulans
- gelatin-free vegan gummies
- mixed-berry flavoured
- for kids age three and older
- no refrigeration required

50 Gummies Item# 5958

\$3 coupon will be applied



SISU COOL B50

- high potency B-complex
- non-flushing niacinamide to avoid tingling associated with niacin
- essential for energy & nervous system
- B vitamins must be replenished daily for good health, especially during times of stress

60 Vegcaps Item# 3394

200 Vegcaps Item# 5110

\$2 coupon will be applied



SISU

L-LYSINE 500mg

- can decrease the recurrence of herpes
- natural amino acid
- helps promote calcium absorption, collagen formation & enzyme production
- used in prevention and treatment of osteoporosis

90 Vegcaps Item# 5671

\$2 coupon will be applied



SISU NAC 600mg (N-acetyl-L-cysteine)

- antioxidant & detoxifier
- can protect against some heavy metals, herbicides & pollutants
- can reduce effects of some chemotherapy
- naturally lowers levels of lipoprotein buildup and fights free-radical buildup
- can break up mucus

120 Vegcaps Item# 3357

\$2 coupon will be applied

CanadianVitaminShop.com™

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VICTORIA: Shop by Phone: 250-386-1252 (fax: 250-386-1299) • Free Delivery Mon-Fri with minimum \$70 order within radius. **THE VITAMIN SHOP® 3**

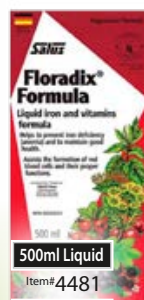


**PURICA
ASHWAGANDHA**

- adaptagenic herb that helps reduce fatigue, sleeplessness, irritability and inability to concentrate
- can have a regenerating effect on the brain's nerve cells
- can reduce cortisol levels by 30%

120 Vegcaps Item# 7646

\$2 coupon will be applied



**SALUS
FLORADIX
FORMULA
Iron Tonic**

- max. absorption & utilization
- vegetarian friendly & safe for expecting mothers & diabetics

500ml Liquid Item# 4481

700ml Liquid Item# 4495

\$3 coupon will be applied



**SALUS
FLORAVIT
Yeast Free
Iron Formula**

- for the yeast or gluten intolerant

500ml Liquid Item# 4447

700ml Liquid Item# 4453



**CANPREV
D3 & K2 1000iu + 120mcg**

- supports bones and teeth
- an activator of osteocalcin, the protein essential for calcium deposition in bone
- K2 works with D3 to influence mineral strength in bones and teeth
- non-soy

120 Softgels Item# 7169

240 Softgels Item# 4703

\$3 coupon will be applied



**PURICA
RECOVERY Extra Strength
Healing & Potent Pain-Relief Formula**

- helps improve healing and halt damage
- modulates inflammation & spasm
- with hyaluronic acid
- helps recapture health and mobility

360 Vegcaps Item# 2739

\$4 coupon will be applied



**HEALTHOLOGY
GUT-FX Formula
Restore Your Gut**

- helps your body repair the intestinal tract lining
- reduces inflammation, aids digestion and supports healthy gut flora

180g Powder Item# 5018

\$3 coupon will be applied

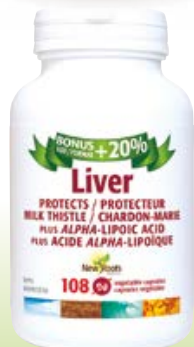


**CANPREV
VITAMIN K2 120mcg**

- significant bone strength protection with K2 form of vitamin K
- menaquinone-7 (MK-7) form activates osteocalcin, the protein essential for calcium deposit in bone
- works synergistically with vitamin D

120 Softgels Item# 4846

\$3 coupon will be applied



**NEW ROOTS HERBAL
LIVER Milk Thistle plus Alpha Liponic Acid**

- high quality & potency
- removes toxins from skin
- helps fight gallstones, jaundice & hepatitis
- perfect for smokers, those who drink alcohol or live or work in polluted areas

BONUS SIZE
90+18 Vcaps Item# 2272

\$2 coupon will be applied



**A. VOGEL GOODNIGHT!
To support your full sleep cycle**

- fall asleep easily
- increase sleep duration
- wake-up refreshed
- non-habit forming • vegan
- made with organic lactuca sativa, lemon balm, L-tryptophan & magnesium

14 x 2g Sachets Item# 9880

\$5 coupon will be applied



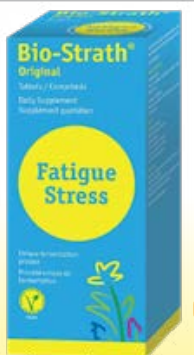
**NOW
TMG Trimethylglycine 1000mg**

- supports healthy homocysteine levels
- sourced from sugar beets
- aids methylation – a biological process for DNA repair, liver detoxification, lipid metabolism and production of SAME
- helps convert homocysteine, a damaging amino acid, into a more friendly one, methionine

100 Tabs

\$24.98

Item# 2896



**BIOFORCE
BIO-STRATH**

- rich in vitamins, minerals, amino acids, enzymes & trace minerals
- pure yeast plasmolysate food supplement
- doesn't promote candidiasis
- extremely bio-available

200 Tabs Item# 4701

\$5 coupon will be applied



**PRAIRIE NATURALS
GOUT FORCE**

- can support healthy uric acid levels
- clinically studied
- patent-pending, standardized extract from T. bellerica – a powerful botanical for uric acid support that inhibits xanthine oxidase enzyme, thus controlling uric acid synthesis

60 Vegcaps

\$20.88

Item# 9417



**ENER-C
Energy Boost**

30 Packets

\$15.88

Raspberry: #3154 Lemon Lime: #3152
Peach Mango: #3161 Orange: #3153

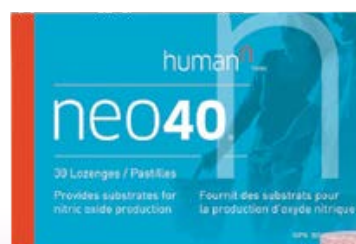


**ENER-B
Stress Support**

30 Packets

\$15.88

Orange: #3245
Raspberry Lemonade: #3247



**NEOGENIS
NEO 40**

30 Lozenges

\$54.98

Item# 2563

- the leading nitric oxide product in Canada
- supports healthy blood pressure and arterial function
- may help support sexual performance



**PROVITA
ARTEMISININ PRO**

- artemisia annua is known in western herbal medicine as sweet wormwood or Qing Hao
- to control fever and to boost the immune system
- may help with common cold and flu

30 Vegcaps Item# 7798

\$5 coupon will be applied



**NORTH COAST NATURALS
ULTIMATE DAILY CLEANSE**

- low FODMAP ingredients
- daily fibre for cleansing or dieting
- mix with cereal, yogurt, smoothies, shakes or your morning juice
- the right amount & right kinds of fibre plus EFAs for gentler cleansing
- with prebiotics and probiotics

1kg Powder

\$30.48

Item# 4262

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60 Vegcaps
Item# 2156

BIOACTIVE QUERCETIN EMIQ 50mg

- proven to alleviate and control allergy symptoms
- highly bioavailable with 40X greater absorption than regular quercetin
- EMIQ may offer benefits for people suffering from oxidative stress such as high blood pressure



90 Tabs
Item# 1328

LUNG, BRONCHIAL & SINUS HEALTH

Emphysema? Asthma? Pneumonia? Allergies?

- all-natural expectorant
- helps relieve chest congestion and dry, irritating coughs
- helps oxygen saturation in lungs
- synergistic with NAC and bromelain

\$2.00 OFF

these allergy-relief products from

natural Factors®

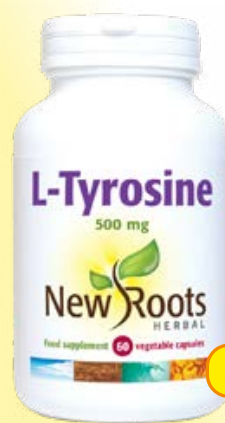


AOR MAG MALATE RENEW 100mg

- malic acid is a key to energy production in muscles via the TCA cycle
- magnesium stabilizes ATP
- research supports its use in reducing the symptoms of fibromyalgia

240 Vegcaps Item# 7662

\$3 coupon will be applied

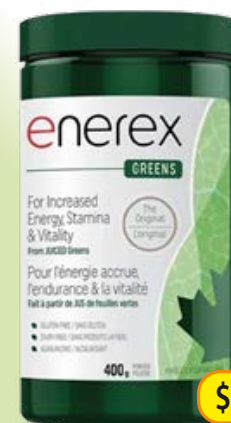


NEW ROOTS HERBAL L-TYROSINE 500mg

- helps management of physical or psychological stress
- a nonessential amino acid the body synthesizes from the amino acid phenylalanine
- important for the structure of almost all proteins in the body

60 Vegcaps Item# 2313

\$2 coupon will be applied



ENEREX GREENS

- powdered juices of organic kamut, barley, alfalfa, red beet juice powder and spirulina
- processing preserves all nutrients
- essential phospholipids, isoflavones, enzymes and essential fibre
- dairy-free, temperature-stable probiotic

Original 250g: #5534

Original 400g: #5532

Mixed Berries 250g: #5523

Mixed Berries 400g: #5518

\$2 coupon will be applied



AOR Lysine, Vitamin C and HYALURONIC ACID

- from vegetable sources
- easy absorption
- reduces joint friction, prevents inflammation, supports cartilage and collagen synthesis and reduces osteoarthritic pain
- vitamin C & lysine support collagen formation & joint repair

60 Vegcaps Item# 7477

\$3 coupon will be applied



NAKA

Extra Strength BROMELAIN

- enzyme that breaks down protein, aiding digestion and absorption
- natural anti-inflammatory, reducing swelling and improving conditions associated with arthritis and other degenerative bone and joint diseases
- used as a natural weight-loss supplement because it consumes fat and promotes thorough digestion

BONUS SIZE
120+30 Vegcaps
\$25.78

Item# 6370



CANPREV

VITAMIN D3 2500 IU

- the 'sunshine' vitamin
- the most natural form of vitamin D
- superior absorption
- when combined with sufficient calcium, a healthy diet and regular exercise, D3 may reduce risk of developing osteoporosis in people with vitamin D deficiency

120 Softgels Item# 4716

240 Softgels Item# 4715

\$3 coupon will be applied

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