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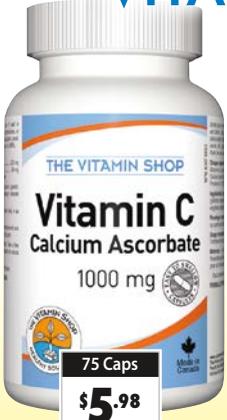
THE **CanadianVitaminShop.com™**, the online division of  
**VITAMIN SHOP®**  
*Healthy Solutions Since 1984!*

1212 Broad St.  
 (between Yates St.  
 and The Bay Centre),  
 Victoria, BC, V8W 2A5  
 Phone 250-386-1212

Prices in effect:  
 March 6-29, 2026

**COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS**

**THE VITAMIN SHOP®**



**VITAMIN C Calcium Ascorbate 1000mg**

- powerful infection-fighter
- for formation of collagen and health of gums, bones and teeth
- buffered with calcium for those who experience gastrointestinal discomfort with vitamin supplements
- can be taken therapeutically at higher daily doses without gastrointestinal side effects
- calcium ascorbate replenishes calcium excreted in urine due to chelating properties of vitamin C

75 Caps  
**\$5.98**  
 Item#86643



**natural Factors®**

**HI POTENCY B Complex 50mg**

For Optimal Absorption of B Vitamins

- B vitamins are needed to metabolize carbohydrates, proteins and fats
- supports formation of tissue, red blood cells and liver
- B's may be depleted by alcohol, poor or restrictive diets, some medications and stress

30 FREE CAPSULES  
**BONUS SIZE**  
 180+30 Caps  
**\$23.98**  
 Item#2008



**Preferred Nutrition**

**Magnesium BISGLYCINATE Elemental Magnesium 200 mg**

HELPS MAINTAIN PROPER MUSCLE FUNCTION

- gentle on the system
- supports bones, teeth, metabolism & muscle function, including heart
- each serving provides 200mg of this critical mineral
- easier absorption

300 Vegcaps Item#2402

**\$5 coupon will be applied**



**Naka Professional**

**Extra Strength QUERCETIN**

- quercetin is the most abundant dietary flavonoid and is found in many fruits, vegetables and grains
- plays an important role in helping your body combat free radical damage linked to chronic diseases
- supports immunity, inflammation, allergies and general health

**BONUS SIZE**  
 90+30 Vcaps  
**\$40.98**  
 Item#6271



**New Roots HERBAL**

**CURCUMIN Plus Piperine 500mg**

- 95% curcuminoids
- curcumin I, demethoxycurcumin, and bisdemethoxycurcumin
- a potent, extensively researched antioxidant
- can help relieve joint inflammation
- each capsule contains 5mg of black pepper extract required to amplify the bioavailability of curcumin by up to 2000%

90 Vegcaps  
**\$2 coupon will be applied**  
 Item#6033



**TRUEHOPE LEADERS IN BRAIN HEALTH**

**EMPOWER PLUS Essential Mineral Power**

- 15 minerals, 14 vitamins, three amino acids, 3 antioxidants
- chelated minerals for greater absorption
- reduces stress, anxiety and depression
- effective for ADHD and traumatic brain injuries

120 Vegcaps  
**\$3 coupon will be applied**  
 Item#7762

**CanadianVitaminShop.com™**

While quantities last.  
 We reserve the right to limit quantities.



**Free Delivery**  
 Mon-Fri with minimum \$89 order within radius.



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 250-386-1252  
 Fax: 250-386-1299



**Toll Free**  
 1-888-386-1211  
 Fax: 1-877-386-1211



**Free Shipping**  
 anywhere in Canada with minimum \$89 order.



**STORE HOURS: Mon-Fri: 9am-5:30pm • Saturday: 9:30am-5:30pm • Sunday: 11am-5pm**



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2 THE VITAMIN SHOP® OUT OF TOWN: Call Toll Free: 1-888-386-1211 (fax: 1-877-386-1211) • Free Shipping anywhere in Canada with minimum \$89 order.



**NATURAL FACTORS**  
**RegenerLife**  
**ACETYL-L-CARNITINE**

- helps reduce fatigue and support cognitive function in aging populations
- highly bioavailable form able to cross the blood-brain barrier
- plays a key role in healthy brain function, physical performance and fat metabolism

**\$2 coupon will be applied**

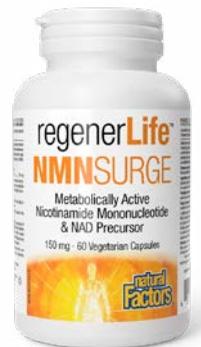


**NATURAL FACTORS**  
**RegenerLife**  
**MITOCHONDRIAL ENERGY**

- mitochondrial optimization formula
- can help reduce fatigue and contribute to brain, muscle and heart health
- stimulant-free vegetarian formula

81 g Item#2076    162 g Item#2153    120 Vegcaps Item#2086

**\$4 coupon will be applied**



**NATURAL FACTORS**  
**RegenerLife**  
**NMNSURGE**

- nicotinamide mononucleotide (NMN) is an anti-aging ingredient used to rejuvenate cellular health
- this biologically active form of vitamin B3 is quickly converted to a metabolite needed for optimal energy production and cell renewal

60 Vegcaps Item#2108    120 Vegcaps Item#2138

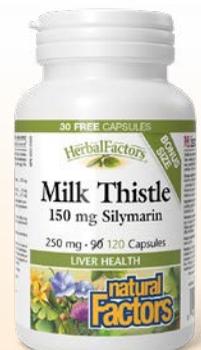
**\$5 coupon will be applied**



**NATURAL FACTORS**  
**GINKGO BILOBA 60mg**

- to boost mental clarity and memory
- a powerful antioxidant & natural blood thinner that helps boost blood flow and nutrients to the brain
- can help younger people increase memory and concentration
- safe herbal supplement
- do not take if on blood thinners

120 Caps  
**\$14.48**  
Item#1291



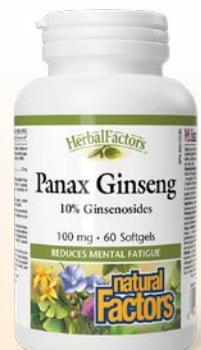
**NATURAL FACTORS**  
**MILK THISTLE 150mg Silymarin**

- safe, natural and effective detoxifying and healing properties
- to help protect your liver from pollutants, toxins and chemicals

**BONUS SIZE**  
90+30 Caps  
**\$17.98**

- promotes bile flow, cleansing of liver, gallbladder & new cell growth

Item#2352



**NATURAL FACTORS**  
**PANAX GINSENG**

- also known as Chinese or red ginseng
- to combat the mental and physical effects of stress
- acts as a tonic, increasing overall energy and stamina
- made to a strict standard that guarantees a minimum 10% ginsenosides

60 Softgels Item#2178  
**\$17.48**

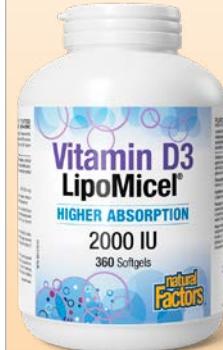


**NATURAL FACTORS**  
**LipoMicel Matrix OMEGA-3**

- enhanced fish oil supplement with omega-3 fatty acids EPA & DHA
- supports cardiovascular, cognitive and brain function
- patent-pending LipoMicel formulation results in a highly stable delivery system

120 Softgels Item#2330

**\$2 coupon will be applied**



**NATURAL FACTORS**  
**VITAMIN D3 LipoMicel 2000 IU**

- helps immune function
- prevent vitamin D deficiency
- may reduce risk of osteoporosis for those with vitamin D deficiency when combined with calcium and a healthy diet
- enhanced absorption

180 Softgels Item#2356    360 Softgels Item#2358

**\$2 coupon will be applied**



**NATURAL FACTORS**  
**BERBERINE LipoMicel 500mg**

- clinically effective dose
- supports healthy blood sugar and lipid metabolism
- a naturally occurring alkaloid found in barberry and other medicinal plants
- LipoMicel technology results in a highly stable delivery system

120 Softgels Item#2335  
**\$5 coupon will be applied**

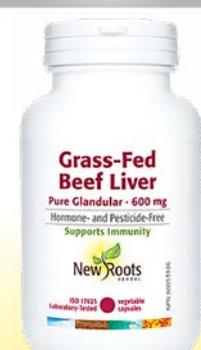


**NEW ROOTS HERBAL**  
**CORNMENT Essential oil**

- 100% clean, undiluted cornmint essential oil
- derived from wild field mint plants in India
- steam-distilled • no additives
- add a few drops to your skin and bath for a burst of freshness, or add to steaming hot water and breathe in the menthol vapours

30 ml Item#6053

**\$2 coupon will be applied**



**NEW ROOTS HERBAL**  
**Grass-Fed BEEF LIVER**

- excellent source of liver-specific nutrients including heme iron
- used for chronic hepatitis and liver disease
- can improve fat storage and use, tissue regeneration and protect liver
- from New Zealand grass-fed cattle

90 Vegcaps Item#4210

**\$2 coupon will be applied**



**NEW ROOTS HERBAL**  
**POTASSIUM CITRATE 100mg**

- an important mineral for the body
- found in various foods but food processing reduces levels
- citrate capsule provides superior absorption

100 Vegcaps Item#6063

**\$2 coupon will be applied**



**ENEREX**  
**SERRAPEPTASE 120,000 SU**

- Can Reduce Pain**
- can block release of pain-inducing amines from inflamed tissues
  - may help dissolve atherosclerotic plaques without harming arteries

180 DR caps Item#5939

**\$2 coupon will be applied**



**PROGRESSIVE**  
**MULTIVITAMINS**

- Nutritional Insurance in a World of Over-Processed Foods and High Stress**
- Tailored formulas to meet the needs of women and men 50+

120 Vegcaps  
**\$40.98**

Women 50+ #6907    Men 50+ #6905



**KIDSTAR NUTRIENTS**  
**MODUCARE**

- DAILY IMMUNE SUPPORT**
- daily immune support
  - this unique combination of sterols and sterolins, in a clinically-proven ratio of 100:1, helps strengthen weak immune systems and balance overactive ones

180 Vegcaps  
**\$63.98**

Item#3939

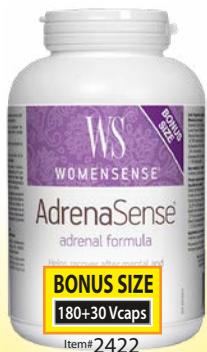
- take daily to help balance, the immune system
- suitable for vegetarians and vegans

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VICTORIA: Shop by Phone: 250-386-1252 (fax: 250-386-1299) • Free Delivery Mon-Fri with minimum \$89 order within radius.

THE VITAMIN SHOP® 3



**WOMENSENSE  
ADRENASENSE**

Under stress, the adrenal glands release cortisol and adrenaline. Once the stress is gone, cortisol and adrenaline should turn off but chronic stress can leave them on, leading to cellular damage and adrenal exhaustion. AdrenaSense is a combination of adaptogenic herbs designed to help your adrenals turn off.

**BONUS SIZE**  
180+30 Vcaps  
Item#2422

**\$2 coupon will be applied**



**WOMENSENSE  
ESTROSENSE**

Balanced hormones are key to reducing symptoms of menstruation and menopause. EstroSense is formulated to naturally maintain a healthy breast, endometrium and uterine estrogen balance, promote normal breast cell growth, protect against bone loss and detoxify the liver of carcinogenic estrogens.

**BONUS SIZE**  
120+30 Vcaps  
Item#2462

**\$2 coupon will be applied**



**WOMENSENSE  
THYROSENSE**

Weight gain, fatigue, poor concentration, anxiety, low libido, cold intolerance, dry hair, brittle nails, hair loss, night sweats, insomnia or constipation can be caused by low thyroid. See your doctor. ThyroSense does not replace a thyroid prescription but can help you deal with the symptoms.

**BONUS SIZE**  
180+30 Vcaps  
Item#2453

**\$2 coupon will be applied**



**CANPREV  
VITAMIN D3 2500 IU**

- D3 is known as the 'sunshine' vitamin
- the most natural form of vitamin D
- superior absorption
- when combined with sufficient calcium, a healthy diet and regular exercise, D3 may reduce risk of developing osteoporosis in people with vitamin D deficiency

120 Softgels  
Item#4716

**\$3 coupon will be applied**



**CANPREV  
D3 & K2 1000iu + 120mcg**

- supports bones and teeth
- an activator of osteocalcin, the protein essential for calcium deposition in bone
- K2 works with D3 to influence mineral strength in bones and teeth
- non-soy

120 Softgels 240 Softgels  
Item#7169 Item#4703

**\$3 coupon will be applied**

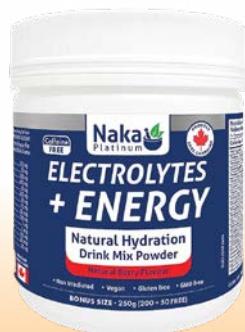


**CANPREV  
VITAMIN K2 120mcg**

- significant bone strength protection with K2 form of vitamin K
- menaquinone-7 (MK-7) form activates osteocalcin, the protein essential for calcium deposit in bone
- works synergistically with vitamin D

120 Softgels Item#4846

**\$3 coupon will be applied**



**NAKA  
ELECTROLYTES+ENERGY**

- a natural sport drink without caffeine
- maintains a normal electrolyte balance
- electrolytes are nutrients that are important for various functions in the body and are lost through sweat, urination, diarrhea or vomiting
- they help the body absorb water and avoid dehydration

**BONUS SIZE**  
200+50g  
\$25.48  
Item#4251

**\$2 coupon will be applied**



**NAKA  
PRO L-THREONATE  
Magnesium 144mg**

- helps metabolize carbohydrates, proteins and fats
- for the development of bones & teeth, tissue formation and muscle function
- helps mental clarity, attention capacity, memory and cognitive function during aging
- can alleviate anxiety

**BONUS SIZE**  
90+30 Vcaps  
\$57.98  
Item#6164

**\$2 coupon will be applied**



**NAKA  
VITAL GREENS  
Liquid Dietary Supplement**

- a liquid boost of essential green nutrients
- can energize, detoxify, stop cravings and aid digestion
- superior absorption compared to powdered greens products
- features over forty herbs & superfoods to supply vitamins, minerals & antioxidants

**BONUS SIZE**  
500+100 ml  
\$30.48  
Item#6169

**\$2 coupon will be applied**



**NORTH COAST NATURALS  
Cold Pressed PUMPKIN PROTEIN**

- whole-food solution for those with food allergy concerns
- source of magnesium and zinc
- contains all nine essential amino acids
- helps build strong muscles
- plant-based, undenatured protein suitable for vegans
- cholesterol and sodium free

340 g  
Item#4408

**\$2 coupon will be applied**



**TRUEHOPE  
INOSITOL**

- promotes proper cellular function in the brain and central nervous system
- can help mood and mental balance
- a food-derived member of the B-complex family that helps cells deliver messages to hormones and neurotransmitters

300 g Item#5571

**\$3 coupon will be applied**

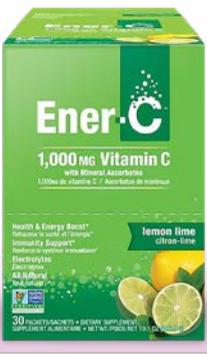


**ST FRANCIS  
ALLERGY RELIEF**

- helps relieve allergies and maintain a healthy immune system
- non-drowsy natural
- relief for itchy eyes, sneezing, congestion & other symptoms of hay fever or allergy

**VALUE PACK**  
50ml+30ml  
\$31.78  
Item#3947

**\$2 coupon will be applied**



**ENER-LIFE  
ENER-C Sugar-Free**

- effervescent multivitamin drink mix in convenient dose packets
- 1000mg of vitamin C plus essential vitamins and minerals
- electrolytes and much more!

30 Packets  
\$16.48  
Lemon Lime #3152  
Orange #3153  
Raspberry #3154  
Peach Mango #3161

Variety Pack #3159 • Tangerine Grapefruit #3157



**RENEW LIFE  
Ultimate Flora  
EXTRA CARE PROBIOTIC**

- twelve-strain probiotic formula
- 50 billion active cultures
- therapeutic levels of lactobacilli and bifidobacterium
- complete and effective
- requires no refrigeration

72 Vegcaps  
Item#6816  
**\$3 coupon will be applied**



**AQUAOMEGA  
5X Ultimate Strength  
HIGH EPA OMEGA-3**

- high EPA fish oil
- essential fatty acids reduce inflammation
- high dose, pharmaceutical-grade triglyceride form of omega-3 EPA
- from wild-caught fish
- third-party tested to ensure the absolute quality and purity of every single bottle

120 Softgels 240 Softgels  
\$46.48 \$81.98  
Item#3020 Item#3023

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60 Vegcaps  
Item# 2156

**BIOACTIVE QUERCETIN EMIQ 50mg**

- proven to alleviate and control allergy symptoms
- highly bioavailable with 40X greater absorption than regular quercetin
- EMIQ may offer benefits for people suffering from oxidative stress such as high blood pressure



90 Tabs  
Item# 1328

**LUNG, BRONCHIAL & SINUS HEALTH**  
Emphysema? Asthma? Pneumonia? Allergies?

- all-natural expectorant
- helps relieve chest congestion and dry, irritating coughs
- helps oxygen saturation in lungs
- synergistic with NAC and bromelain

**\$2.00 OFF**  
these  
allergy-relief  
products  
from

**natural Factors**



**AOR ZINC-COPPER BALANCE 17mg**

- zinc & copper are commonly deficient in western diets
- unbalanced zinc supplementation may lead to copper deficiency
- an excessive ratio of zinc to copper may have a negative impact on cardiovascular and skeletal health

100 Vegcaps Item# 7683

**\$5 coupon will be applied**



20ml Spray  
\$14.98

Item#9874

**A.VOGEL**

- RELAX Spray**
- passion flower, lemon balm & zinc
  - can relieve restlessness and anxiety
  - can help sleep
  - helps support the immune system

**PASSION FLOWER**

- natural treatment for anxiety, burn-out, insomnia and hyperactivity in children and adults
- helps improve circulation
- a mild sedative and analgesic
- 100% organically grown



50ml Tincture  
\$17.48

Item#7304



**NAKA CREATINE Monohydrate 3000mg**

- high-quality creatine
- a naturally occurring compound
- can increase lean muscle mass when paired with a resistance training program
- provides energy to all cells, especially muscle cells
- can aid muscle recovery
- contributes to growth of lean muscle mass

**BONUS SIZE**  
300+80 Vcaps  
**\$31.48**

Item#6322



**AOR UROLITHIN A+**

- urolithin A is produced by a healthy microbiome
- with resveratrol, NMN and the polyamine spermidine
- provides NMN for NAD+ support, which declines as we age
- synergistic combination for energy and nutrient metabolism
- gluten free • non-GMO • vegan

90 Caps Item# 7667

**\$5 coupon will be applied**



**FLORA FLORASIL Silicon Supplement**

- vegetable silica for healthy hair, nails, teeth and skin elasticity
- helps bones, joints, muscles and organs
- modern food processing reduces silica in our diets
- contains high quality vegetable silica plus bioflavonoids and minerals

90 Vegcaps 180 Vegcaps 360 Vegcaps  
Item#4426 Item#4427 Item#4451

**\$3 coupon will be applied**



**PRAIRIE NATURALS MORINGA LEAF**

- moringa is the most nutrient dense plant on earth with over 92 nutrients including antioxidants, vitamins, minerals, omega oils and a complete protein profile
- pure and organic

180 Vegcaps 200 g  
Item#9478 Item#4667

**\$3 coupon will be applied**

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