



THE CanadianVitaminShop.com™, the online division of VITAMIN SHOP® Healthy Solutions Since 1984!

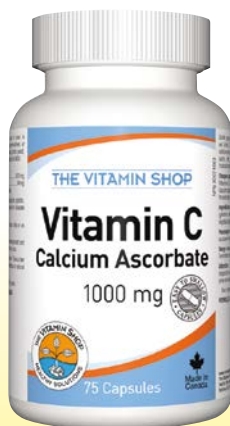
Prices in effect:
Oct.3–26, 2025

Click on item number to go to product online.

1212 Broad St.
(between Yates St.
and The Bay Centre),
Victoria, BC, V8W 2A5
Phone 250-386-1212

COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS

THE VITAMIN SHOP®



VITAMIN C

Calcium Ascorbate 1000mg

- powerful infection-fighting properties
- buffered with calcium and recommended for those who experience gastrointestinal discomfort with vitamin supplements
- can be taken therapeutically at higher daily doses without gastrointestinal side effects

75 Caps
\$4.48

Item#86643



natural
Factors®

SUNVITAMIN D3 2500 IU

- convenient, high-potency dose of vitamin D as cholecalciferol: the natural form and the most effective at raising blood levels of active vitamin D
- to prevent vitamin D deficiency and develop and maintain bones and teeth

500 Softgels
\$16.48

Item#2233

180 Softgels
\$8.48

Item#2225

360 Softgels
\$12.48

Item#2232

250 Tabs
\$7.48

Item#2234



Naka
Professional

Utah's Original COMPLETE TRACE Trace Mineral Drops

- ionic magnesium with full spectrum trace minerals to help prevent magnesium deficiency and provide electrolytes
- a supersaturated solution of minerals and trace elements concentrated and 99% sodium reduced through evaporation
- from Utah's Great Salt Lake

BONUS SIZE
300ml+55ml
\$29.78

Item#6203



SUPREME MULTIVITAMIN

- offers several benefits not found in regular multivitamins, including Ester-C
- full range of B vitamins for stress
- vitamin K & boron for bone health

Iron Free
120 Vegcaps

Item#5700

With Iron
120 Vegcaps

Item#1396

**\$2 coupon
will be applied**



New Roots
HERBAL

VITAMIN E8 400iu

- has all eight active forms of vitamin E
- four mixed tocopherols and four mixed tocotrienols
- with squalenes for skin health and phytosterols to treat cholesterol
- non-GMO

BONUS SIZE
60+20 Softgels

Item#4038

**\$2 coupon
will be applied**



GENUINE
HEALTH IS POSSIBLE

GREENS+ Extra Energy

Natural Orange Flavour

- healthy alternative to coffee or sugary energy drinks – with antioxidants
- a full serving will boost your energy level while calming and balancing your central nervous system

670 g
\$84.98

Item#6180

CanadianVitaminShop.com™

While quantities last.
We reserve the right
to limit quantities.



Free Delivery

Mon–Fri with
minimum \$79 order
within radius.



Shop By Phone

250-386-1252
Fax: 250-386-1299



Toll Free

1-888-386-1211
Fax: 1-877-386-1211



MAIL
ORDER

Free Shipping

anywhere in Canada
with minimum \$79 order.

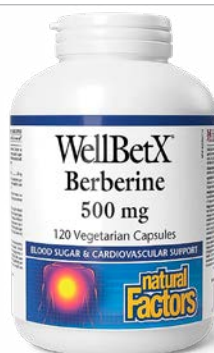


STORE HOURS: Mon–Fri: 9am–5:30pm • Saturday: 9:30am– 5:30pm • Sunday: 11am– 5pm



Click on item number to go to product online.

2 THE VITAMIN SHOP® OUT OF TOWN: Call Toll Free: 1-888-386-1211 (fax: 1-877-386-1211) • Free Shipping anywhere in Canada with minimum \$79 order.



NATURAL FACTORS

WellBetX BERBERINE 500mg

- naturally occurring plant alkaloid found in barberry, goldenseal & Oregon grape
- helps with healthy blood sugar metabolism and balance
- helps maintain healthy blood lipid levels and cardiovascular health

120 Vegcaps Item#8881

\$3 coupon will be applied



NATURAL FACTORS

L-THEANINE 250mg

- can promote relaxation and mental clarity
- found naturally in green tea
- absorbed quickly – provides a noticeable effect within 40 minutes
- promotes an awake yet relaxed state of mind
- non-drowsy • non-habit-forming

90 Vegcaps Item#1992

\$3 coupon will be applied

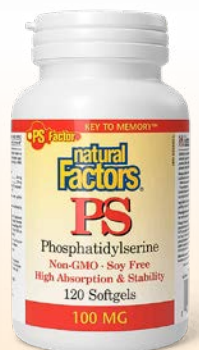


NATURAL FACTORS

EYE FACTORS Formula

- to fight eyesight deterioration from aging, exposure to UV rays & eye strain
- with lutein, bilberry, multi-anthocyanidins, carrot juice powder & eyebright
- ideal for those whose work is eyesight dependent

90 Caps Item#1295
\$10.48
• can help relieve problems associated with glaucoma, cataracts & some diabetic issues



NATURAL FACTORS

PS Phosphatidylserine 100mg

- a fat that plays an integral role in cell membrane function
- our production of PS decreases as we age, which can lead to cognitive decline
- can reduce stress

120 Softgels Item#1290
\$61.78



NATURAL FACTORS

Organic OIL OF OREGANO

- minimum 80% carvacrol
- derived from the organic wild-crafted Mediterranean species
- extracted from hand-picked leaves using gentle steam distillation to ensure potency

60 Softgels Item#6375 \$15.58
30ml Item#2143 \$15.98
60ml Item#2123 \$30.48



NATURAL FACTORS

ASTAXANTHIN Extra Strength 12mg

Our Highest-Potency Astaxanthin

- 100% natural astaxanthin from microalgae
- a fat-soluble carotenoid pigment with high antioxidant ability
- in a base of flax oil for easy absorption
- one convenient softgel per day

60 Softgels Item#2002

\$3 coupon will be applied



NATURAL FACTORS

Balanced C EXTRA

- combines the antioxidant benefits of vitamin C with a bioflavonoid complex
- 500mg vitamin C with citrus bioflavonoids, rutin, rosehips and hesperidin
- bioflavonoids improve absorption and therapeutic action of vitamin C

180 Caps Item#2033
\$18.48



WHOLE EARTH & SEA

MARINE DHA

Vegan Omega-3

- no fishy smell or aftertaste
- excellent vegan alternative to fish oil supplements
- extracted from specially selected schizochytrium microalgae • sustainable

30 Softgels Item#2346

\$4 coupon will be applied



NATURAL FACTORS

Regenerlife CREATINE Monohydrate

- naturally occurring compound
- increases lean muscle mass when training
- quickly taken up by muscles
- replenishes ATP stores which
- easy-to-mix • readily absorbed
- suitable for vegans • non-GMO

300g Powder Item#2648
600g Powder Item#2476

\$2 coupon will be applied



BIOSIL

- the most bio-available silicon
- for beautiful skin, hair and nails, healthy bones and joints
- silica is a widespread mineral element with therapeutic qualities that have been known for thousands of years and widely used in traditional medicines

90 Vegcaps Item#2461
120 Vegcaps Item#2466
60 Lcaps Item#2442
120 Lcaps Item#2443
30 ml Item#7635

\$2 coupon will be applied



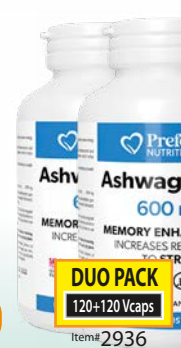
PREFERRED NUTRITION

COLLAGEN

- high-quality, grass-fed, pasture-raised bovine collagen peptides
- each scoop provides 10g absorbable, hydrolyzed collagen and 9g protein
- actively supports beautiful skin

500 g Item#2401
1 kg Item#2418

\$3 coupon will be applied



PREFERRED NUTRITION

ASHWAGANDHA 600mg

Used for memory enhancement and as an adaptogen to help increase energy and resistance to stress. This one-per-day formula contains a 10:1 ashwagandha extract, providing the equivalent of 6000 mg of dry herb per vegetarian capsule.

DUO PACK
120+120 Vcaps
Item#2936

\$5 coupon will be applied



CANPREV

INNO-CAL-MAG Advanced

- all-over support you can feel in your bones
- offers superior calcium absorption with Albion™ magnesium and vitamins K2 and D3
- with bioavailable trace elements for muscle function and immune support

240 Softgels Item#1771

\$3 coupon will be applied



CANPREV

COLD-PRO Immune Formula

- advanced cold and flu formula
- contains the seven most potent immune boosters in doses required to be effective
- each ingredient is effective on its own – combined, they are a powerhouse cold formulation

90 Vegcaps Item#6671

\$3 coupon will be applied



CANPREV

MELATONIN

- natural sleep hormone produced at night by the brain
- helps regulate other hormones and maintains the body's circadian rhythm
- provides a 6–8 hour sustained-release melatonin to ensure a lasting effect during sleep time

60 Vegcaps Item#2275

\$3 coupon will be applied

CanadianVitaminShop.com™

Click on item number to go to product online.

VICTORIA: Shop by Phone: 250-386-1252 (fax: 250-386-1299) • Free Delivery Mon-Fri with minimum \$79 order within radius.

THE VITAMIN SHOP® 3



A VOGEL

ECHINAFORCE Sore Throat Spray

- one of the most popular herbal medicines in North America
- echinacea is a proven immune system enhancer with antiviral and antibiotic activity
- natural treatment for relief of sore throats, strep throats, tonsillitis, bronchial infections, eye and ear infections, and sinus infections
- 100% pure & organically grown

30 ml
\$13.48

Item# 7317



ENEREX

VEGAN GLUCOSAMINE

- provides the proven medicinal amount of 1,500mg needed to repair and prevent cartilage damage
- one convenient tablet
- suitable for those on a vegan diet or who suffer from shellfish allergy
- contains no shellfish products

90 Tablets Item# 5498

\$2 coupon will be applied



FLORA

FERRITIN+

- plant-based ferritin-iron
- time released and efficient absorption, thus minimizing digestive upset
- direct release caps
- plant-based ferritin iron capsules can effectively maintain healthy iron levels

BONUS SIZE

30+10 Vcaps

Item# 1814

\$2 coupon will be applied



HARMONIC ARTS

5 MUSHROOM Cacao Herbal Latte

- satisfy your cravings with this functional take on hot cocoa
- a blend of chaga, cordyceps, lion's mane, reishi and turkey tail
- delicious and functional beverage without added refined sugars, fillers or artificial ingredients

125 g

\$24.58

Item# 8554

375 g

\$61.98

Item# 2448



PLATINUM NATURALS

Cold & Flu OREGANO-8

- Stop the common cold and flu before it comes knocking on your door this season.
- synergistic blend of ingredients that is ideal for the cold and flu
- attacks the infection while supporting and strengthening your immune system

30 Lcaps Item# 8284

\$2 coupon will be applied



BULLETPROOF

BRAIN OCTANE C8 MCT Oil

- can help increase brainpower, reduce brain fog and enhance energy
- medium chain triglyceride derived from coconut oils

946 ml

\$68.48

Item# 3511

- rapidly metabolized into ketones, providing a quick source of brain fuel from fats rather than inflammation-causing sugar



SISU

ONLY MINERALS Iron Free

- minerals are essential for enzyme activity, utilization of vitamins, energy production, bone composition, blood production, growth and healing
- easy-to-swallow capsule designed to ensure optimum health

120 Caps Item# 3393

\$2 coupon will be applied



ESTER-C 1000mg

- enters the body 2-6 times faster and is retained four times longer than regular vitamin C
- clinically tested
- combined with citrus bioflavonoids
- a powerful, easy to assimilate antioxidant
- can help reduce allergic responses and enhance secretion of insulin

210 Tabs Item# 3524

\$3 coupon will be applied



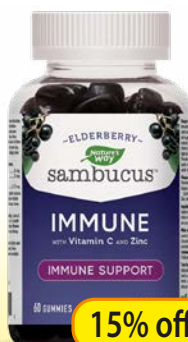
GENESTRA

MAG CAL FORMULA 2

- magnesium and calcium in a 2:1 ratio
- to help maintain muscle function, tissue formation, bones and teeth
- calcium intake, combined with sufficient vitamin D, a healthy diet and regular exercise, may reduce the risk of osteoporosis

90 Tabs Item# 2501

\$5 coupon will be applied



Proven, Clinically-Tested Black Elderberry Extract Products with Standardized BioActives from **NATURE'S WAY**

Original Cold & Flu Care Syrup 120ml #5817

Cold & Flu Care Syrup 240ml #5822

Cold & Flu Care Syrup 120ml #5819

Immune Support Gummies 60's #5897

Immune Support Gummies for Kids 60's #5902

Cold & Flu Relief Gummies 60's #5906

Cold & Flu Relief Gummies for Kids 60's #5907

15% off these Sambucus Products



FLORA

Organic RED BEET CRYSTALS

- a great way to add the goodness of red beets to breakfast, lunch, dinner or even snacks
- naturally sweet tasting
- instantly soluble
- from freshly harvested organic beets, pressed within 2-3 hours

200g Crystals Item# 4458

\$2 coupon will be applied



ORGANIKA

FULL SPECTRUM PLANT ENZYMES 500mg

- helps digest proteins, fats, carbohydrates, fibers and milk sugars and make nutrients more readily available
- poor eating habits and over-cooked, processed foods diminish our supply of natural enzymes
- suitable for vegetarian diets

120 Caps

\$40.88

Item# 7536



NEOGENIS

NEO 40

30 Lozenges

\$50.98

Item# 2563

- the leading nitric oxide product in Canada
- supports healthy blood pressure and arterial function
- may help support sexual performance



SURO

SURO BREATHE

- works quickly to open and clear the airways
- exclusive formula of 17 organic plants
- to help relieve excess mucus from the upper respiratory tract
- to relieve symptoms of chronic bronchitis (anticatarrhal) and seasonal allergies

236 ml

\$15.08

Item# 3065

473 ml

\$29.18

Item# 3080

946 ml

\$48.58

Item# 3081

60 Caps

\$18.68

Item# 3145



ST. FRANCIS

ASHWAGANDHA

Rejuvenative Tonic

- used in Ayurvedic medicine to relieve general debility
- can reduce stress, balance hormones and boost energy

VALU-PACK

100ml+50ml

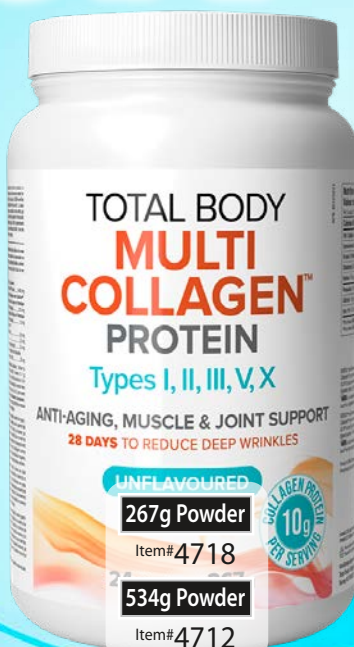
\$23.98

Item# 1248

CanadianVitaminShop.com™

Click on item number to go to product online.

\$2-OFF



natural Factors®

Collagen production often lessens by age 30, leading to visual signs of aging. The hydrolyzed forms of collagen and elastin found in Total Body are easily absorbed by the body to contribute to healthy collagen and elastin production, tissue formation, reduced joint pain and healthy hair, skin and nails, Mix in hot or cold beverages and meals. Sustainably sourced.



- AOR**
High Dose R-LIPOIC ACID
- timed-release
 - alpha lipoic acid in the 'R' form
 - can repair nerves, balance blood sugar, protect the brain & increase energy in mitochondria
 - to maintain overall health
 - high doses to manage high blood sugar & diabetic neuropathy

60 Vegcaps Item#4186

\$5 coupon will be applied



- AOR NMN 600**
- nicotinamide mononucleotide is a NAD+ precursor that helps maintain NAD+ levels that break down as we age
 - supports energy metabolism and tissue formation.
 - helps improve low-resistance short-duration exercise (such as walking) in middle aged adults
 - a source of vitamin B3

30 Caps Item#7921

\$5 coupon will be applied



ProstForce 60's #9501
ProstForce 120's #9510
TribForce 60's #9441
AndroForce 60's #9469
AndroForce 120's #9475

Men's Health Products from PRAIRIE NATURALS

Z-MagForce 60's #9489
Z-MagForce 120's #9497
Fertility-Pro #9420
VigorForce 120's #9318
Tongkat Ali #9302

\$3 coupon will be applied



- NAKA PRO COLLAGEN Marine Source**
- for bone health, joint health and supple, youthful looking skin
 - hydrolyzed collagen type 1 sourced from fish skin
 - provides essential amino acid lysine to help in collagen formation
 - contains alanine, arginine, aspartic acid, glutamic acid, glycine, proline, serine, tyrosine for protein synthesis

Item#1604



- NEW ROOTS HERBAL LECTRO-LYTES**
- vitamin-C-rich electrolyte rehydration drink mix
 - electrolytes & minerals give our bodies the right chemistry to thrive
 - with biologically-active B6
 - naturally flavoured
 - no added sugar

\$2 coupon will be applied



- NEW ROOTS HERBAL BORAGE OIL Organic • 1000mg**
Nature's most potent concentration of GLA
- borage oil's healing power is due to GLA
 - GLA can calm inflammation, making it a treatment option for arthritis and other inflammatory conditions

90 Softgels Item#2281

\$2 coupon will be applied