



THE CanadianVitaminShop.com™, the online division of VITAMIN SHOP®

Healthy Solutions Since 1984!

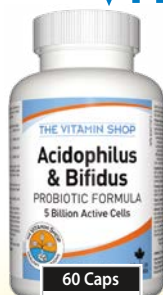
Prices in effect:
Jan. 2-25, 2026

Click on item number to go to product online.

1212 Broad St.
(between Yates St.
and The Bay Centre),
Victoria, BC, V8W 2A5
Phone 250-386-1212

COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS

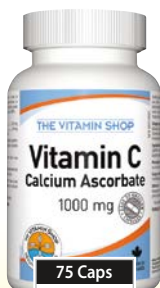
THE VITAMIN SHOP®



60 Caps
\$4.48

Item#86634

- promotes regular bowel movements



75 Caps
\$4.48

Item#86643

- pH neutral
- highly bioavailable
- lasts longer



60 Softgels
\$4.48

Item#86346

- supports cognitive health & brain function



\$5 coupon will be applied

TOTAL BODY COLLAGEN Powder

- with collagen peptides, hyaluronic acid, L-tryptophan, L-glutamine, vitamin C and biotin
- can help reduce wrinkles and fine lines
- supports wound healing, immune function and nutrient metabolism
- benefits skin, hair and nails
- from pasture-raised cattle
- hormone & antibiotic free

Unflavoured 500g: #2583
Orange 500g: #2550
Pomegranate 500g: #2524
Chocolate 430g: #2506
Salted Vanilla 430g: #2505



MAGNESIUM BISGLYCINATE 200mg

- faster, better-absorbed, more-usable magnesium for your body's needs
- magnesium is used in many body functions including muscles, bones and teeth
- 200mg of elemental magnesium from magnesium bisglycinate and magnesium oxide

BONUS SIZE
200+60 Vcaps
\$23.98

Item#6273



ESTER-C 600mg Non-Acidic Form of Vitamin C

- enters the blood stream two to six times faster than regular vitamin C
- cells retain benefits up to four times longer
- essential for immune function, cholesterol balancing and absorption of iron

240 Vegcaps Item#5652

\$4 coupon will be applied



DUO PACK
180+90 Tabs

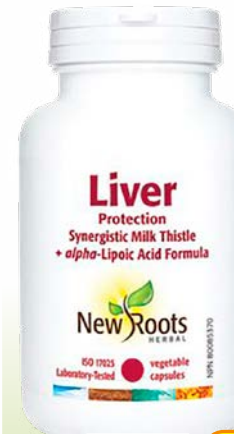
Item#2938



B12 METHYLCOBALAMIN 2500mcg

- the biologically active form of B12
- quick-dissolve sublingual tablets
- to help maintain energy metabolism and prevent vitamin B12 deficiency
- gluten-free and suitable for vegetarians and vegans

\$5 coupon will be applied



LIVER Protection

- high-quality, potent form of milk thistle extract
- full spectrum of herbal bitters: artichoke, black radish & beet root
- with alpha lipoic acid to assist liver in removing toxins
- supports creation of bile and proper synthesis of cholesterol

90 Vegcaps
Item#2272

\$2 coupon will be applied

CanadianVitaminShop.com™

While quantities last.
We reserve the right
to limit quantities.



Free Delivery
Mon-Fri with
minimum \$89 order
within radius.



Shop By Phone
250-386-1252
Fax: 250-386-1299



Toll Free
1-888-386-1211
Fax: 1-877-386-1211



Free Shipping
anywhere in Canada
with minimum \$89 order.



STORE HOURS: Mon-Fri: 9am-5:30pm • Saturday: 9:30am- 5:30pm • Sunday: 11am- 5pm



Click on item number to go to product online.

2 THE VITAMIN SHOP® OUT OF TOWN: Call Toll Free: 1-888-386-1211 (fax: 1-877-386-1211) • Free Shipping anywhere in Canada with minimum \$89 order.



NATURAL FACTORS

Stress-Relax SAFFRON EXTRACT

- helps relieve restlessness and nervousness
- from certified Crocus sativus L.
- extracted without chemicals using the AFF ON Cool-Tech process that preserves and concentrates saffron's key bioactives

30 Vegcaps Item# 2245 60 Vegcaps Item# 2353

\$3 coupon will be applied



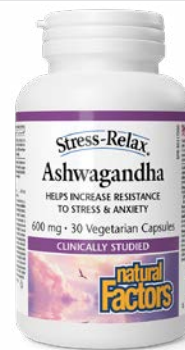
NATURAL FACTORS

Stress-Relax TRANQUIL SLEEP

- fast acting and safe
- contains 5-HTP, melatonin & green tea's stress-reliever, L-theanine
- synergistic effect
- promotes restful sleep
- useful for jet lag and insomnia

60 Chews Item# 5180 120 Chews Item# 5203

\$17.48 \$33.98



NATURAL FACTORS

Stress-Relax ASHWAGANDHA

Can Help Lessen Anxiety

- nerve tonic, sleep aid and memory enhancer
- can relieve general debility, especially during convalescence or old age
- organic KSM-66 Ashwagandha root extract
- made from only the ashwagandha root

30 Vegcaps Item# 2256 60 Vegcaps Item# 2213

\$3 coupon will be applied



NATURAL FACTORS

THERACURMIN

- more bioavailable
- unlocks medicinal power of curcumin
- therapeutically effective level
- curcumin can reduce inflammation, provide antioxidant protection to cells and reduce risk factors for chronic degenerative diseases

60 Vegcaps Item# 2056 120 Vegcaps Item# 2118

\$4 coupon will be applied



WHOLE EARTH & SEA

SUPER MUSHROOM Blend

- combines six organic mushrooms, beta glucan and nutrient-dense Farm Fresh Factors to create a bioenergetic immune & energy support
- a source of fungal polysaccharides
- to support resistance to mental and physical fatigue-related to stress

60 Vegcaps Item# 1277

\$5 coupon will be applied



NATURAL FACTORS

BERBERINE LipoMicel 500mg

- two softgels per day supports healthy blood sugar and lipid metabolism
- berberine is a naturally occurring alkaloid found in barberry and other medicinal plants
- LipoMicel technology results in a highly stable delivery system

120 Softgels Item# 2335

\$5 coupon will be applied



NATURAL FACTORS

RegenerLife

MAGNESIUM L-THREONATE

- for cognitive support in the aging brain
- a highly absorbable form that significantly increases magnesium in the brain
- can cross the blood-brain barrier, improving short- and long-term memory in individuals of all ages

90 Vegcaps Item# 2322

\$5 coupon will be applied



NATURAL FACTORS

SUNVITAMIN D3 2500 IU

- convenient, high-potency dose of vitamin D as cholecalciferol: the natural form and the most effective at raising blood levels of active vitamin D

- to prevent vitamin D deficiency and develop and maintain bones and teeth

500 Softgels Item# 2233

\$18.48



NATURAL FACTORS

Organic OIL OF OREGANO

- minimum 80% carvacrol
- derived from organic Mediterranean species
- extracted from hand-picked leaves using gentle steam distillation to ensure potency and purity
- blended in a one-to-four ratio with organic,

- cold-pressed, extra virgin olive oil – the ideal ratio for enabling the body to assimilate oil of oregano

30ml Item# 2143

\$15.48

60ml Item# 2123

\$25.98



ALPHA ORGANIC

MCT OIL

- 100% organic medium chain triglycerides from 100% coconut oil
- 60% caprylic and 40% capric acids
- easily metabolized and converted to ketones
- provides energy for workouts, weight management and body building

- aluminum-free, BPA-free container

1000 ml Item# 9111

\$32.48



PREFERRED NUTRITION

LION'S MANE

- a source of fungal polysaccharides with immunomodulating properties
- each capsule contains 500mg of 10:1 lion's mane extract derived from the fruiting body
- non-GMO & gluten-free
- suitable for vegetarians & vegans

120 Vegcaps Item# 2456

\$5 coupon will be applied



WOMENSENSE

MENONSENSE

- to help relieve symptoms of menopause and perimenopause (hot flashes, night sweats etc)

SAGE LEAF

- to help naturally reduce excessive sweating and hot flashes

DUO PACK

180+120

Item# 3706

\$10 coupon will be applied



PURE ENCAPSULATIONS

FOLATE 1000

- provides 1000 mcg of Metafolin®, a naturally occurring folate that's easily used in the body for healthy cell growth and function
- adequate intake may provide significant heart, cell and neural support

90 Caps Item# 2664

\$5 coupon will be applied



BELL

Shark Cartilage for JOINT RELIEF

- has helped thousands of arthritis sufferers experience dramatic improvement in mobility and reduction in joint pain
- pure shark cartilage from the restaurant industry, so no sharks are killed deliberately for the production of this product
- best results after 2-3 weeks

100 Caps Item# 1981

\$27.78



SILVER LINING

PRE & PROBIOTICS plus Digestive Enzymes

Promotes Favourable Gut Flora

- 50 billion live microorganisms to help you extract minerals, vitamins and nutrients from your food
- helps restore favourable gut flora after antibiotic and painkiller use

120 Vegcaps Item# 2569

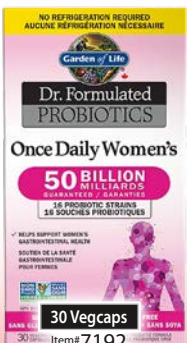
\$29.58

CanadianVitaminShop.com™

Click on item number to go to product online.

VICTORIA: Shop by Phone: 250-386-1252 (fax: 250-386-1299) • Free Delivery Mon-Fri with minimum \$89 order within radius.

THE VITAMIN SHOP® 3



GARDEN OF LIFE
Dr. Formulated Probiotics
ONCE DAILY WOMEN'S

- shelf-stable probiotic
- designed for women's health needs
- created by Dr. Perlmutter, M.D.
- high potency
- includes L. reuteri and L. fermentum that are resistant to stomach acid and bile
- 50 billion CFU per capsule

30 Vegcaps Item#7192

\$2 coupon will be applied



GENESTRA
HMF FORTE

- four strains of proprietary human sourced probiotics
- to promote restoration of gastrointestinal health in adults and children
- stress, medication, processed foods, environmental contaminants and lifestyle may contribute to degradation of the intestinal flora

120 Vegcaps Item#2523

\$5 coupon will be applied




PROGRESSIVE
PHYTOBERRY

- a blend of over 40 anti-oxidant-rich fruit concentrates, phytonutrients and essential fatty acids
- highly concentrated whole food
- professionally formulated, energetically tested
- no artificial ingredients

450 g Item#5102 900 g Item#5103

\$3 coupon will be applied



NORTH COAST NATURALS
ULTIMATE DAILY CLEANSE

- low FODMAP ingredients
- daily fibre for cleansing or dieting
- mix with cereal, yogurt, smoothies, shakes or your morning juice
- the right amount & right kinds of fibre plus EFAs for gentler cleansing
- with prebiotics and probiotics

1kg Powder Item#4262

\$2 coupon will be applied



PVL
UltraPure CREATINE

- creatine helps the body produce a key muscle fuel, ATP
- ATP is depleted after hard exercise
- creatine accelerates replenishment of ATP

410 g Item#4320

\$2 coupon will be applied



PROGRESSIVE
Vegessential ALL-IN-ONE

- the benefit of a cupboard full of supplements in a single smoothie
- simple all-in-one formula provides unmatched nutritional density convenience

Vanilla: *6144
Chocolate: *6143
Unflavoured: *6146

840 g

\$4 coupon will be applied



CANPREV
CALCIUM Malate Bis-Glycinate

- chelated calcium that is easy to absorb
- gentle on the digestive system
- important for healthy bones and teeth
- important for muscle contractions and nerve function
- calcium helps maintain regular heartbeat and blood clotting

120 Vegcaps Item#4736

\$3 coupon will be applied



CANPREV
ZINC BIS-GLYCINATE 25mg

- helps blood sugar level & thyroid
- may prevent the common cold from multiplying in the upper respiratory system

240 Vegcaps Item#6393

\$3 coupon will be applied



ENEREX
SERRAPEPTASE 120,000 SU

Can Reduce Pain

- can block release of pain-inducing amines from inflamed tissues
- may help dissolve atherosclerotic plaques without harming arteries

180 DR caps Item#5939

\$2 coupon will be applied



A VOGEL
ECHINAFORCE

- a proven immune system enhancer with antiviral and antibiotic activity
- 100% pure, hand-picked, organically grown echinacea purpurea herb and root

100 ml Item#7301

\$28.48



ST. FRANCIS HERB FARM
HEPATO DR Daily Liver Tonic

Gentle and Effective
100ml #3972 **\$27.88**

LYMPH TONIC Encourages Healthy Flow of Lymph
100ml #3946 **\$27.88**

BLACK WALNUT HULLS
Elemental Iron • Powerful Astringent and Antifungal
100ml #3991 **\$27.88**



PLATINUM NATURALS
EASYMULTI

Feel the difference quality makes.

Essential vitamins & minerals plus omega 3 & 6, all in a one-a-day softgel

Regular 60 softgels #8271
Regular 120 softgels #8289
Vegan 60 vegcaps #8291
Vegan 120 vegcaps #8286

\$3 coupon will be applied



NUTRASEA
Great Tasting, Ultra-Pure Omega-3

10% OFF



SURO
Elderberry Products for Cold, Coughs & Sore Throats

\$2 coupon will be applied



NEW NORDIC
Naturally Derived Herbal Vitamins & Supplements

\$3 coupon will be applied

CanadianVitaminShop.com™

Click on item number to go to product online.

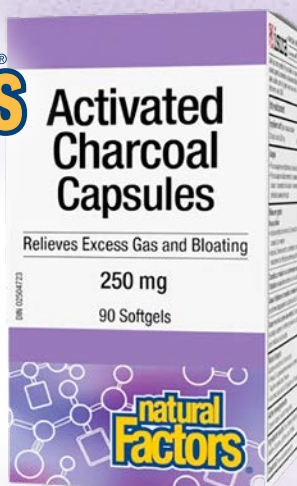
4 THE VITAMIN SHOP

OUT OF TOWN: Call Toll Free: 1-888-386-1211 (fax: 1-877-386-1211) • Free Shipping anywhere in Canada with minimum \$89 order.

Enzymes to help digestion & prevent feeling hungry after eating

**natural
Factors**

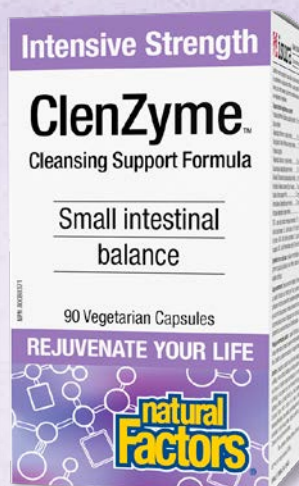
**\$2
OFF**



90 Softgels
Item# 2222

ACTIVATED CHARCOAL 250mg

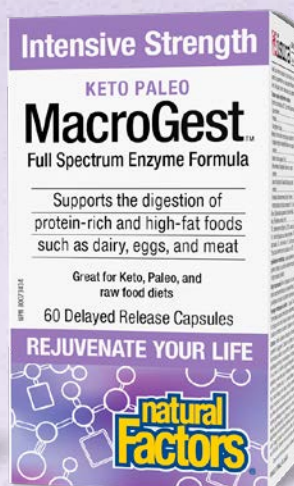
- relieves symptoms of excess gas
- take after meals to relieve bloating, pressure, pain, fullness and stuffed feeling due to gas
- passes through the gastrointestinal tract undigested
- softgel casing for easier swallowing



90 Vegcaps
Item# 1851

CLENZYME Cleansing Support Formula

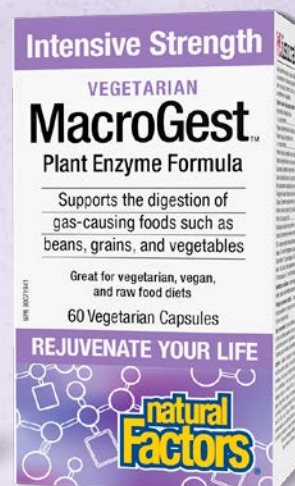
- for healthy digestion and optimal colon health
- helps reduce Candida
- use on empty stomach to break down food particles trapped in the intestine
- digestive enzymes to help break down food and support absorption



Keto Paleo
60 Caps
Item# 1842

Keto Paleo MACROGEST Full Spectrum Enzyme Formula

- supports digestion of protein-rich & high-fat foods (dairy, eggs, meat, etc)
- to help decrease bloating after high-caloric, high-fat meals
- supports regularity
- supports nutrient absorption



Vegetarian
60 Vegcaps
Item# 1846

Vegetarian MACROGEST Plant Enzyme Formula

- promotes digestion of protein and fermentable carbohydrates (FODMAPs)
- helps reduce gas after eating vegetables, beans and grains
- ideal for vegetarian, vegan & raw food diets



90 Ect Tabs
Item# 2355

Double Strength ZYMACTIVE

- aids proper digestion
- reduces inflammation
- relieves pain from sports injuries or trauma
- supports sinusitis, asthma and bronchitis



AOR BONE BASICS Supports Bone Health

- with MCHA, which retains the intact microcrystalline structure of whole bone
- derived from New Zealand pasture-fed, free-range livestock not subjected to routine antibiotics or rBGH
- guaranteed free of bovine spongiform encephalopathy

360 Caps Item# 7697

\$5 coupon will be applied



CANPREV COLD-PRO Immune Formula

- advanced cold and flu formula
- contains the seven most potent immune boosters in the doses required to be effective
- each ingredient is effective on its own – combined, they are a powerhouse cold formulation

90 Vegcaps Item# 6671

\$3 coupon will be applied



NEW ROOTS HERBAL VITAMIN E8 400iu

- has all eight active forms of vitamin E
- four mixed tocopherols and four mixed tocotrienols
- with squalenes for skin health and phytosterols to treat cholesterol
- non-GMO

BONUS SIZE
60+20 Softgels Item# 4038

\$2 coupon will be applied



AOR ADVANCED B COMPLEX 602mg

- designed to provide the most advanced forms of B vitamins in the most scientifically discerning ratios available
- helps metabolize carbohydrates, proteins & fats for energy & red blood cell formation

180 Vegcaps Item# 7548

\$5 coupon will be applied

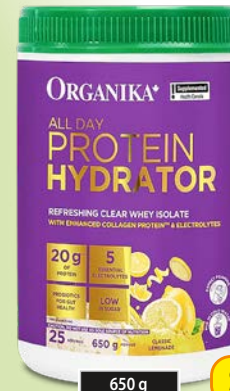


NAKA LIPOSOMAL C 1000

- superior absorption and bioavailability
- non-allergen • high potency
- for healthy bones, cartilage, teeth & gums
- a source of antioxidants to help fight oxidative damage caused by free radicals
- supports wound healing and a healthy immune system

BONUS SIZE
500ml + 250ml
\$35.98
Item# 6248

BONUS SIZE
150+30 Softgels
\$39.78
Item# 6249



ORGANIKA PROTEIN HYDRATOR

- optimal hydration and recovery
- premium protein and electrolytes
- replenishes fluids lost during intense training
- supports muscle repair
- with prebiotics, probiotics and digestive enzymes
- carbohydrate profile helps stabilize blood glucose levels

Lemonade: #7853 • Raspberry: #7815

\$5 coupon will be applied

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