



CanadianVitaminShop.com™, the online division of
THE VITAMIN SHOP®
Healthy Solutions Since 1984!

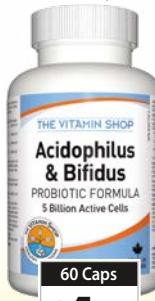
Prices in effect:
 Jan. 2-25, 2026

Click on item number to go to product online.

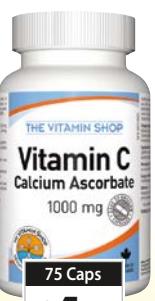
1212 Broad St.
 (between Yates St.
 and The Bay Centre),
 Victoria, BC, V8W 2A5
 Phone 250-386-1212

COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS

THE VITAMIN SHOP®



- promotes regular bowel movements



- pH neutral
- highly bioavailable
- lasts longer



- supports cognitive health & brain function



\$5 coupon will be applied

TOTAL BODY COLLAGEN Powder

- with collagen peptides, hyaluronic acid, L-tryptophan, L-glutamine, vitamin C and biotin
- can help reduce wrinkles and fine lines
- supports wound healing, immune function and nutrient metabolism
- benefits skin, hair and nails
- from pasture-raised cattle
- hormone & antibiotic free

Unflavoured 500g: #2583
 Orange 500g: #2550
 Pomegranate 500g: #2524
 Chocolate 430g: #2506
 Salted Vanilla 430g: #2505



Naka Professional

MAGNESIUM BISGLYCINATE 200mg

- faster, better-absorbed, more-useable magnesium for your body's needs
- magnesium is used in many body functions including muscles, bones and teeth
- 200mg of elemental magnesium from magnesium bisglycinate and magnesium oxide

BONUS SIZE
 200+60 Vcaps
\$23.98

Item#6273



ESTER-C 600mg
 Non-Acidic Form of Vitamin C



- enters the blood stream two to six times faster than regular vitamin C
- cells retain benefits up to four times longer
- essential for immune function, cholesterol balancing and absorption of iron

240 Vegcaps Item#5652

\$4 coupon will be applied

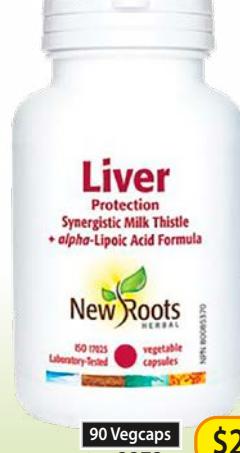


Preferred Nutrition

B12 METHYLCOBALAMIN

- the biologically active form of B12
- quick-dissolve sublingual tablets
- to help maintain energy metabolism and prevent vitamin B12 deficiency
- gluten-free and suitable for vegetarians and vegans

\$5 coupon will be applied



New Roots HERBAL

LIVER Protection

- high-quality, potent form of milk thistle extract
- full spectrum of herbal bitters: artichoke, black radish & beet root
- with alpha lipoic acid to assist liver in removing toxins
- supports creation of bile and proper synthesis of cholesterol

\$2 coupon will be applied

CanadianVitaminShop.com™

While quantities last.
 We reserve the right
 to limit quantities.



Free Delivery
 Mon-Fri with minimum \$89 order within radius.



Shop By Phone
 250-386-1252
 Fax: 250-386-1299



Toll Free
 1-888-386-1211
 Fax: 1-877-386-1211



Free Shipping
 anywhere in Canada with minimum \$89 order.



STORE HOURS: Mon-Fri: 9am-5:30pm • Saturday: 9:30am- 5:30pm • Sunday: 11am- 5pm





NATURAL FACTORS

Stress-Relax SAFFRON EXTRACT

- helps relieve restlessness and nervousness from certified Crocus sativus L.
- extracted without chemicals using the AFF ON Cool-Tech process that preserves and concentrates saffron's key bioactives

30 Vegcaps Item#2245 60 Vegcaps Item#2353

\$3 coupon will be applied

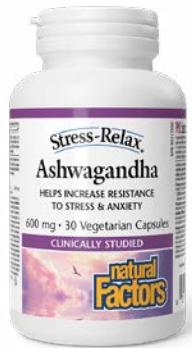


NATURAL FACTORS

Stress-Relax TRANQUIL SLEEP

- fast acting and safe
- contains 5-HTP, melatonin & green tea's stress-reliever, L-theanine
- synergistic effect
- promotes restful sleep
- useful for jet lag and insomnia

60 Chews Item#5180 \$17.48 120 Chews Item#5203 \$33.98



NATURAL FACTORS

Stress-Relax ASHWAGANDHA

Can Help Lessen Anxiety

- nerve tonic, sleep aid and memory enhancer
- can relieve general debility, especially during convalescence or old age
- organic KSM-66 Ashwagandha root extract
- made from only the ashwagandha root

30 Vegcaps Item#2256 60 Vegcaps Item#2213

\$3 coupon will be applied



NATURAL FACTORS

THERACURMIN

- more bioavailable
- unlocks medicinal power of curcumin
- therapeutically effective level
- curcumin can reduce inflammation, provide antioxidant protection to cells and reduce risk factors for chronic degenerative diseases

\$4 coupon will be applied



WHOLE EARTH & SEA

SUPER MUSHROOM Blend

- combines six organic mushrooms, beta glucan and nutrient-dense Farm Fresh Factors to create a bioenergetic immune & energy support
- a source of fungal polysaccharides
- to support resistance to mental and physical fatigue-related to stress

\$5 coupon will be applied



NATURAL FACTORS

BERBERINE LipoMicel 500mg

- two softgels per day supports healthy blood sugar and lipid metabolism
- berberine is a naturally occurring alkaloid found in barberry and other medicinal plants
- LipoMicel technology results in a highly stable delivery system

120 Softgels Item#2335

\$5 coupon will be applied



NATURAL FACTORS

RegenerLife

MAGNESIUM L-TREONATE

- for cognitive support in the aging brain
- a highly absorbable form that significantly increases magnesium in the brain
- can cross the blood-brain barrier, improving short- and long-term memory in individuals of all ages

90 Vegcaps Item#2322

\$5 coupon will be applied



NATURAL FACTORS

SUNVITAMIN D3 2500 IU

- convenient, high-potency dose of vitamin D as cholecalciferol: the natural form and the most effective at raising blood levels of active vitamin D
- to prevent vitamin D deficiency and develop and maintain bones and teeth

500 Softgels Item#2233 \$18.48

\$5 coupon will be applied



NATURAL FACTORS

Organic OIL OF OREGANO

- minimum 80% carvacrol
- derived from organic Mediterranean species
- extracted from hand-picked leaves using gentle steam distillation to ensure potency and purity
- blended in a one-to-four ratio with organic, cold-pressed, extra virgin olive oil – the ideal ratio for enabling the body to assimilate oil of oregano

30ml Item#2143 \$15.48 60ml Item#2123 \$25.98

\$5 coupon will be applied



ALPHA ORGANIC
MCT OIL

- 100% organic medium chain triglycerides from 100% coconut oil
- 60% caprylic and 40% capric acids
- easily metabolized and converted to ketones
- provides energy for workouts, weight management and body building
- aluminum-free, BPA-free container

1000 ml \$32.48 Item#9111



PREFERRED NUTRITION
LION'S MANE

- a source of fungal polysaccharides with immunomodulating properties
- each capsule contains 500mg of 10:1 lion's mane extract derived from the fruiting body
- non-GMO & gluten-free
- suitable for vegetarians & vegans

120 Vegcaps Item#2456

\$5 coupon will be applied



WOMENSENSE

MENOSENSE

- to help relieve symptoms of menopause and perimenopause (hot flashes, night sweats etc)

SAGE LEAF

- to help naturally reduce excessive sweating and hot flashes

\$10 coupon will be applied



PURE ENCAPSULATIONS

FOLATE 1000

- provides 1000 mcg of Metafolin®, a naturally occurring folate that's easily used in the body for healthy cell growth and function
- adequate intake may provide significant heart, cell and neural support

90 Caps Item#2664

\$5 coupon will be applied



BELL
Shark Cartilage for
JOINT RELIEF

- has helped thousands of arthritis sufferers experience dramatic improvement in mobility and reduction in joint pain
- pure shark cartilage from the restaurant industry, so no sharks are killed deliberately for the production of this product
- best results after 2–3 weeks

100 Caps Item#1981 \$27.78



SILVER LINING
PRE & PROBIOTICS
plus Digestive Enzymes

Promotes Favourable Gut Flora

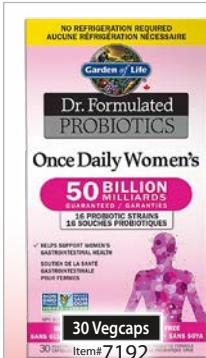
- 50 billion live microorganisms to help you extract minerals, vitamins and nutrients from your food
- helps restore favourable gut flora after antibiotic and painkiller use

120 Vegcaps Item#2569 \$29.58

Click on item number to go to product online.

VICTORIA: Shop by Phone: 250-386-1252 (fax: 250-386-1299) • Free Delivery Mon-Fri with minimum \$89 order within radius.

THE VITAMIN SHOP® 3



GARDEN OF LIFE Dr. Formulated Probiotics ONCE DAILY WOMEN'S

- shelf-stable probiotic
- designed for women's health needs
- created by Dr. Perlmutter, M.D.
- high potency
- includes L. reuteri and L. fermentum that are resistant to stomach acid and bile
- 50 billion CFU per capsule

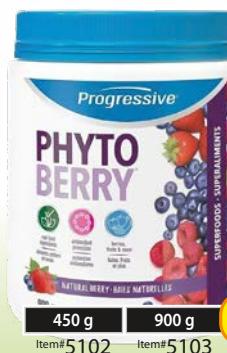
\$2 coupon will be applied



GENESTRA HMF FORTE

- four strains of proprietary human sourced probiotics
- to promote restoration of gastrointestinal health in adults and children
- stress, medication, processed foods, environmental contaminants and lifestyle may contribute to degradation of the intestinal flora

\$5 coupon will be applied



PROGRESSIVE PHYTOBERRY

- a blend of over 40 anti-oxidant-rich fruit concentrates, phytonutrients and essential fatty acids
- highly concentrated whole food
- professionally formulated, energetically tested
- no artificial ingredients

\$3 coupon will be applied



NORTH COAST NATURALS ULTIMATE DAILY CLEANSE

- low FODMAP ingredients
- daily fibre for cleansing or dieting
- mix with cereal, yogurt, smoothies, shakes or your morning juice
- the right amount & right kinds of fibre plus EFAs for gentler cleansing
- with prebiotics and probiotics

\$2 coupon will be applied



PVL UltraPure CREATINE

- creatine helps the body produce a key muscle fuel, ATP
- ATP is depleted after hard exercise
- creatine accelerates replenishment of ATP

410 g Item#4320

\$2 coupon will be applied

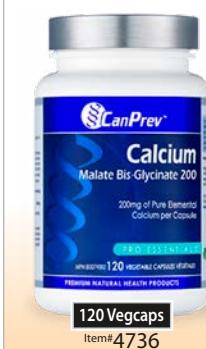


PROGRESSIVE VEGESSENTIAL ALL-IN-ONE

- the benefit of a cupboard full of supplements in a single smoothie
- simple all-in-one formula provides unmatched nutritional density convenience

Vanilla: #6144
Chocolate: #6143
Unflavoured: #6146

\$4 coupon will be applied



CANPREV

CALCIUM Malate Bis-Glycinate

- chelated calcium that is easy to absorb
- gentle on the digestive system
- important for healthy bones and teeth
- important for muscle contractions and nerve function
- calcium helps maintain regular heartbeat and blood clotting

\$3 coupon will be applied



CANPREV

ZINC BIS-GLYCINATE 25mg

- helps blood sugar level & thyroid
- may prevent the common cold from multiplying in the upper respiratory system

240 Vegcaps Item#6393

\$3 coupon will be applied



ENEREX

SERRAPEPTASE 120,000 SU

Can Reduce Pain

- can block release of pain-inducing amines from inflamed tissues
- may help dissolve atherosclerotic plaques without harming arteries

180 DR caps Item#5939

\$2 coupon will be applied



A VOGEL

ECHINAFORCE

- a proven immune system enhancer with antiviral and antibiotic activity
- 100% pure, hand-picked, organically grown echinacea purpurea herb and root

100 ml
\$28.48 Item#7301



ST. FRANCIS HERB FARM

HEPATO DR Daily Liver Tonic

Gentle and Effective
100ml #3972 **\$27.88**

LYMPH TONIC

Encourages Healthy Flow of Lymph
100ml #3946 **\$27.88**

BLACK WALNUT HULLS

Elemental Iron • Powerful Astringent and Antifungal
100ml #3991 **\$27.88**



PLATINUM NATURALS

EASYMULTI

Feel the difference quality makes.
Essential vitamins & minerals plus omega 3 & 6, all in a one-a-day softgel

Regular 60 softgels #8271

Regular 120 softgels #8289

Vegan 60 vegcaps #8291

Vegan 120 vegcaps #8286

\$3 coupon will be applied



NUTRASEA

Great Tasting, Ultra-Pure Omega-3

10% OFF



SURO

Elderberry Products for Cold, Coughs & Sore Throats

\$2 coupon will be applied



NEW NORDIC

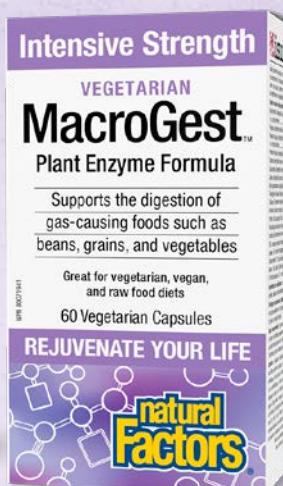
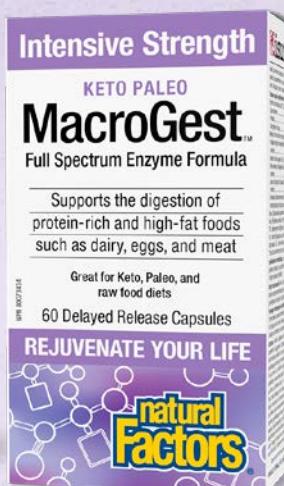
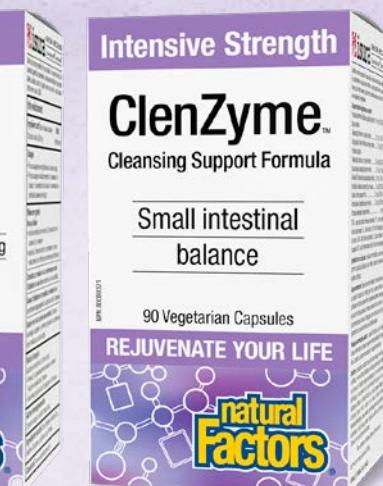
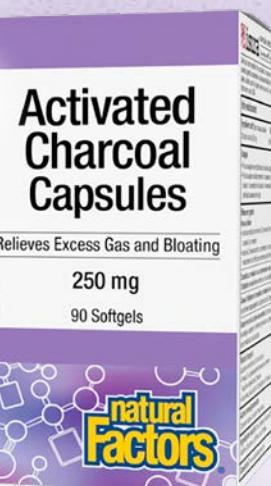
Naturally Derived Herbal Vitamins & Supplements

\$3 coupon will be applied

Enzymes to help digestion & prevent feeling hungry after eating

natural Factors

\$2 OFF



ACTIVATED CHARCOAL 250mg

- relieves symptoms of excess gas
- take after meals to relieve bloating, pressure, pain, fullness and stuffed feeling due to gas
- passes through the gastrointestinal tract undigested
- softgel casing for easier swallowing

CLENZYME Cleansing Support Formula

- for healthy digestion and optimal colon health
- helps reduce Candida
- use on empty stomach to break down food particles trapped in the intestine
- digestive enzymes to help break down food and support absorption

Keto Paleo MACROGEST

Full Spectrum Enzyme Formula

- supports digestion of protein-rich & high-fat foods (dairy, eggs, meat, etc)
- to help decrease bloating after high-caloric, high-fat meals
- supports regularity
- supports nutrient absorption

Vegetarian MACROGEST

Plant Enzyme Formula

- promotes digestion of protein and fermentable carbohydrates (FODMAPs)
- helps reduce gas after eating vegetables, beans and grains
- ideal for vegetarian, vegan & raw food diets

Double Strength ZYMACTIVE

- aids proper digestion
- reduces inflammation
- relieves pain from sports injuries or trauma
- supports sinusitis, asthma and bronchitis



AOR BONE BASICS

Supports Bone Health

- with MCHA, which retains the intact microcrystalline structure of whole bone
- derived from New Zealand pasture-fed, free-range livestock not subjected to routine antibiotics or rBGH
- guaranteed free of bovine spongiform encephalopathy

360 Caps Item#7697

\$5 coupon will be applied



CANPREV

COLD-PRO Immune Formula

- advanced cold and flu formula
- contains the seven most potent immune boosters in the doses required to be effective
- each ingredient is effective on its own – combined, they are a powerhouse cold formulation

90 Vegcaps Item#6671

NEW ROOTS HERBAL VITAMIN E8 400iu

- has all eight active forms of vitamin E
- four mixed tocopherols and four mixed tocotrienols
- with squalenes for skin health and phytosterols to treat cholesterol
- non-GMO

BONUS SIZE
60+20 Softgels Item#4038

\$2 coupon will be applied



AOR ADVANCED B COMPLEX 602mg

- designed to provide the most advanced forms of B vitamins in the most scientifically discerning ratios available
- helps metabolize carbohydrates, proteins & fats for energy & red blood cell formation

180 Vegcaps Item#7548

\$5 coupon will be applied



NAKA LIPOSOMAL C 1000

- superior absorption and bioavailability
- non-allergen • high potency
- for healthy bones, cartilage, teeth & gums
- a source of antioxidants to help fight oxidative damage caused by free radicals
- supports wound healing and a healthy immune system

BONUS SIZE
500ml + 250ml
\$35.98

BONUS SIZE
150+30 Softgels
\$39.78

Item#6248 Item#6249



ORGANIKA PROTEIN HYDRATOR

- optimal hydration and recovery
- premium protein and electrolytes
- replenishes fluids lost during intense training
- supports muscle repair
- with prebiotics, probiotics and digestive enzymes
- carbohydrate profile helps stabilize blood glucose levels

Lemonade: #7853 • Raspberry: #7815

\$5 coupon will be applied