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THE CanadianVitaminShop.com™, the online division of
VITAMIN SHOP®

Healthy Solutions Since 1984!

1212 Broad St.
 (between Yates St.
 and The Bay Centre),
 Victoria, BC, V8W 2A5
 Phone 250-386-1212

Prices in effect:
 June 5-28, 2026

COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS



WHOLE EARTH & SEA
Whole Food
MULTI DAILY

Men's 90 Vegcaps Item# 2375	Men's 50+ 90 Vegcaps Item# 2380
Women's 90 Vegcaps Item# 2381	Women's 50+ 90 Vegcaps Item# 2384

\$4 coupon will be applied

Whole Earth & Sea supplements are extracted from:

- 100% organic, pesticide-free crops fertilized with compost and nitrogen-rich sea plants
- harvested at peak and raw processed immediately
- processed below 48°C (118°F) – free of solvents & ethanol
- bio-activation chamber cultures the ingredients



natural Factors®

CHRYSLIN
LipoMicel plus Flavonoids

- source of antioxidants chrysin, quercetin and rutin
- highly bioavailable
- used in herbal medicine to protect blood vessels
- take once a day
- easy to swallow and delicious to chew

60 Softgels
 Item# 2387

\$2 coupon will be applied



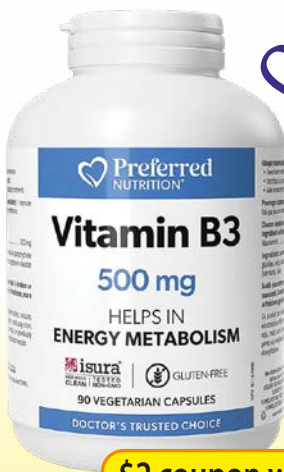
Naka Professional

CREATINE Monohydrate 3000mg

- high-quality creatine
- a naturally occurring compound
- can increase lean muscle mass when paired with resistance training
- provides energy to all cells, especially muscle cells
- can aid muscle recovery

BONUS SIZE
 300+80 Vegcaps
\$35.48

- contributes to growth of lean muscle mass
- Item# 6322



Preferred Nutrition

VITAMIN B3
Niacinamide 500mg

- one-a-day formula
- to help energy metabolism
- doesn't cause flushing like niacin
- non-GMO
- suitable for vegetarians and vegans

90 Vegcaps Item# 5294

\$2 coupon will be applied



New Roots HERBAL

LECTRO-LYTES

- vitamin-C-rich electrolyte rehydration drink mix
- electrolytes and minerals give our bodies the right chemistry to thrive
- with biologically-active B6
- naturally flavoured
- no added sugar

Coco Pineapple 30 sachets #6215
Coco Pineapple 168g powder #6214
Lemon Lime 30 sachets #6316
Lemon Lime 168g powder #6110

\$2 coupon will be applied

prairienaturals®
 LIVE THE HEALTHY LIFE



\$2 coupon will be applied

Fertility Pro 60 caps #9420
ZMagForce 120 vcaps #9497
ZMagForce 60 vcaps #9489
TribForce 60 caps #9441
VigorForce 120+20 softgels #9339
VigorForce 120 softgels #9318
ProstForce 120+20 softgels #9493

ProstForce 120 softgels #9510
ProstForce 60 softgels #9501
Tongkat Ali 60 vcaps #9302
TestForce 60 vcaps #9317
AndroForce 120 softgels #9475
AndroForce 60 softgels #9469

CanadianVitaminShop.com™

While quantities last.
 We reserve the right
 to limit quantities.



Free Delivery
 Mon-Fri with
 minimum \$89 order
 within radius.



Shop By Phone
 250-386-1252
 Fax: 250-386-1211



Toll Free
 1-888-386-1211



Free Shipping
 anywhere in Canada
 with minimum \$89 order.



STORE HOURS: Mon-Fri: 9am-5:30pm • Saturday: 9:30am-5:30pm • Sunday: 11am-5pm



Click on item number to go to product online.

2 THE VITAMIN SHOP® OUT OF TOWN: Call Toll Free: 1-888-386-1211 • Free Shipping anywhere in Canada with minimum \$89 order.



NATURAL FACTORS

QUERCETIN with Zinc & Copper

- potent antioxidant
- capillary and blood vessel protectant
- quercetin is a bioflavonoid found in vegetables, fruits and herbs
- can provide seasonal allergy relief
- a plant-based approach to self-protection

60 Vegcaps Item# 1324

\$3 coupon will be applied



NATURAL FACTORS

ACTIVATED CHARCOAL 250mg

- relieves symptoms of excess gas
- take after meals to relieve bloating, pressure, pain, fullness and stuffed feeling due to gas
- passes through the gastrointestinal tract undigested
- softgel casing for easier swallowing

90 Softgels Item# 2222

\$2 coupon will be applied



NATURAL FACTORS

NATTOKINASE

- fibrinolytic enzyme to support cardiovascular
- a traditional Japanese food made from fermented soybeans
- with NSK-SD, a patented, highly purified form of nattokinase used in clinical studies
- naturally occurring vitamin K2 is removed to avoid interactions with some medications

60 Vegcaps

\$19.98

Item# 1523



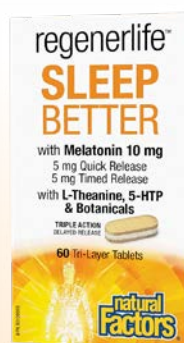
NATURAL FACTORS

L-THEANINE 250mg

- can promote relaxation and mental clarity
- found naturally in green tea
- absorbed quickly – provides a noticeable effect within 40 minutes
- promotes an awake yet relaxed state of mind
- non-drowsy • non-habit-forming

90 Vegcaps Item# 1992

\$3 coupon will be applied



NATURAL FACTORS

RegenerLife SLEEP BETTER

- 10mg of melatonin plus 5-HTP, L-theanine & a botanical sleep blend
- tri-layer tablet releases 5mg of melatonin immediately followed by a gradual release of 5mg of melatonin to help you stay asleep longer

60 Tabs Item# 2121

\$2 coupon will be applied



NATURAL FACTORS

Ultimate MULTI PROBIOTIC 12 Billion Active Cells

- for anyone after antibiotic treatment or with a high toxic load
- can ease inflammatory bowel disease, chronic diarrhea, traveler's diarrhea, yeast infections, food allergies, bad breath and more

120 Vegcaps Item# 1286

\$2 coupon will be applied



NATURAL FACTORS

5-HTP 100mg Time Release

- designed to improve mood and sleep
- helps increase levels of serotonin, the brain chemical involved with keeping you relaxed & calm
- adequate serotonin levels help improve sleep and can reduce cravings for carbohydrates

DUO PACK

120+120 Caps

\$35.68

Item# 2702



NATURAL FACTORS

UBIQUINOL Active CoQ10 100mg

- more absorbable than standard ubiquinone
- supports heart health, energy, antioxidant protection and overall health as we age
- superior bioavailability
- enhances blood levels of CoQ10

120 Softgels Item# 5748

\$2 coupon will be applied



NATURAL FACTORS

ZINC CITRATE 50mg

- zinc citrate is the most bio-available form
- zinc is required for many bodily functions, especially immune support
- the ideal mineral to take when people around you have the cold or flu

360 Tabs

\$9.48

Item# 2074



ULTIMATE

MACA ENERGY

- For Men and Women Who Want to Support the Emotional Aspects of Sexual Health**
- sun-dried and ethically farmed source of organic gelatinized maca
 - supports healthy mood during menopause

90 Vegcaps

Item# 2433

210 Vegcaps

Item# 2488

\$2 coupon will be applied



ULTIMATE

MALE ENERGY

- helps increase testosterone, maintain prostate health & assist reduction of abdominal fat when combined with exercise
- restoring testosterone can boost memory, visual acuity and concentration

60 Caps

Item# 2390

150 Caps

Item# 2388

\$2 coupon will be applied



ULTIMATE

PERFORMANCE with Tongkat Ali

- to enhance desire and performance
- a natural aphrodisiac
- supports good health
- men over 30 can feel the effects of lower testosterone production, infrequent & weaker erections & less sexual appetite

90 Vegcaps

Item# 2499

180 Vegcaps

Item# 2503

\$2 coupon will be applied



SISU

ESTER-C 600mg

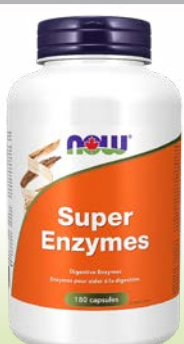
Non-Acidic Form of Vitamin C

- enters the blood stream two to six times faster than regular vitamin C
- retain benefits up to four times longer
- essential for immune function, cholesterol balance & iron absorption

240 Vegcaps

Item# 5652

\$3 coupon will be applied



NOW

SUPER ENZYMES

- comprehensive blend of enzymes that supports healthy digestion
- with bromelain, betaine, ox bile, pancreatin and papain
- helps break down fats, carbohydrates and protein
- capsule delivery ensures fast action

180 Capsules

\$47.88

Item# 7716



TRUE HOPE

EMPOWER PLUS Essential Mineral Power

- 15 minerals, 14 vitamins, three amino acids, 3 antioxidants
- chelated minerals for greater absorption
- reduces stress, anxiety and depression
- effective for ADHD and traumatic brain injuries

120 Caps

\$54.78

Item# 7762

CanadianVitaminShop.com™

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VICTORIA: Shop by Phone: 250-386-1252 (fax: 250-386-1211) • Free Delivery Mon-Fri with minimum \$89 order within radius.

THE VITAMIN SHOP® 3



CANPREV

L-THEANINE with Magnesium

- promotes relaxation
- a non-protein amino acid found in green and black tea
- increases dopamine & GABA receptors in the brain
- can help slow down feelings of fear and stress when neurons become over excited

90 Vegcaps
Item#6639

\$3 coupon will be applied



CANPREV

MAGNESIUM + Taurine, B6 & Zinc for Cardio

- for those seeking stronger cardiovascular support and maintaining proper heart muscle function
- with extra gentle magnesium bisglycinate, taurine, vitamin B6 and zinc

120 Vegcaps Item#4966

\$3 coupon will be applied



CANPREV

MAGNESIUM Full Spectrum

- four kinds of magnesium offer a wider range of benefits
- aids energy metabolism and tissue formation
- helps bones, teeth and muscles, including the heart

120 Vegcaps Item#7207

\$3 coupon will be applied



PLATINUM NATURALS

ACTIV-X

- scientifically developed multivitamin
- vitamins, minerals, antioxidants, omega oils & adaptogens such as rhodiola & cordyceps exponentially increase the power of each

Women	Men
120 Softgels	120 Softgels
Item#8269	Item#8279

\$4 coupon will be applied



PLATINUM NATURALS

EASYIRON Extra Strength Bonus

- therapeutic formula for those experiencing severe iron deficiency anemia
- gentle and non-constipating
- iron bisglycinate is 4.5 times better absorbed than most other iron

BONUS SIZE
60+18 LCaps Item#8285

\$4 coupon will be applied



NATURAL BALANCE

SEACAL PLUS

- a plant sourced calcium with vital bone-building minerals such as magnesium, boron, silica & more
- all derived from red mineral algae harvested off the coast of Iceland and enhanced with D3 and K2

90 Caps
\$25.88
Item#2342

\$3 coupon will be applied



SILVER LINING

PRE & PROBIOTICS

plus Digestive Enzymes Promotes Favourable Gut Flora

- 50 billion live microorganisms to help you extract minerals, vitamins and nutrients from your food

- helps restore favourable gut flora after antibiotic and painkiller use

120 Vegcaps
\$31.48
Item#2569

\$3 coupon will be applied



ENEREX

BAMBOO SILICA

- the richest source of natural silica
- 100mg organic silica & 40mg elemental calcium
- calcium absorption is enhanced by silicon
- benefits can include improved hair, nails, teeth, gums, skin and bones

180 Vegcaps Item#5538

\$2 coupon will be applied



GENUINE HEALTH

Fermented Organic VEGAN PROTEINS+

- fermented organic protein for optimal absorption
- non-allergenic, soy free • contains all essential amino acids

Unflavoured 600g #6354
Chocolate 600g #6392
Vanilla 600g #6355

\$3 coupon will be applied



NAKA

ALOE VERA

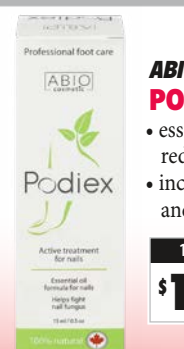
Soothing Moisturizer Gel

- exceptional skin and body benefits
- high concentration of pure aloe vera to soothe, hydrate & protect the skin & alleviate irritation
- suitable for all skin types
- free of alcohol, parabens, phthalates and artificial fragrances

- can also nourish and fortify the hair

120 ml	340 ml
\$7.98	\$13.78
Item#6380	Item#6381

\$3 coupon will be applied



ABIO COSMETIC

PODIX

- essential oils with antifungal properties to help reduce the symptoms of fungal nail infection
- increases nail growth, help reinforce it and regain its elasticity

15 ml
\$18.48
Item#9821

\$3 coupon will be applied



NUTRISTART NATURALLY

MINERAL MIX

- bone building formula using coral calcium
- contains over 70 trace minerals, mineral-citrates & patented mineral compounds, including Chromemate & SelenoExcell
- can rebuild bones and teeth and provides most of your daily mineral requirements

120 Vegcaps Item#6660

\$3 coupon will be applied



AFRICAN FAIR TRADE SOCIETY

Raw Unrefined 100% Pure SHEA BUTTER

- Helps moisturize dry skin and hair. Shea Butter naturally combats wrinkles and protects while moisturizing and rejuvenating the skin.

57 g	114 g	456 g
\$7.58	\$12.48	\$41.48
Item#4106	Item#4092	Item#4109

\$3 coupon will be applied



SUKIN

Hydrating BODY LOTION

- restores the skin's moisture balance by deeply nourishing to help soothe dry skin
- enriched with an infusion of aloe vera, nettle, horsetail & burdock combined with rosehip, avocado and jojoba oils
- to hydrate thirsty skin & improve skin elasticity

500 ml
\$12.88
Signature Scent #8445
Lime Coconut #8447

\$3 coupon will be applied



MARSEILLE'S REMEDY

MARSEILLE'S OIL BLEND

- powerful blend of pure essential oils
- anti-viral, anti-bacterial and anti-fungal
- helps clear phlegm and airways, eliminate airborne pathogens and foul odours, deter mites, lice, worms and fleas, prevent oral fungal infections and more
- use in the same manner as oregano or tea tree oil

30 ml
\$22.98
Item#4018

\$3 coupon will be applied

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CurcuminRich™
DOUBLE STRENGTH Theracurmin®
 #1 ABSORBED FORM OF CURCUMIN#
 120 Vegetarian Capsules
 HEALTHY INFLAMMATORY RESPONSE
natural Factors

THERACURMIN

- more bioavailable than regular curcumin powder
- unlocks medicinal power of curcumin
- ensures a therapeutically-effective level in the blood
- curcumin can reduce inflammation, provide antioxidant protection to cells, and reduce risk factors for chronic degenerative diseases

30mg Strength 60 Vegcaps Item#5190	30mg Strength 120 Vegcaps Item#1443
60mg Strength 60 Vegcaps Item#2056	60mg Strength 120 Vegcaps Item#2118

\$2-OFF

AOR CORTISOL ADAPT

- helps reduce symptoms of stress
- helps reduce cortisol and c-reactive protein biomarkers of physical stress
- clinically studied ingredients
- botanical formula
- supports cognitive health and immunity

120 Caps Item#7926

\$5 coupon will be applied

NEW ROOTS HERBAL ULTRA B COMPLEX

- B vitamins work together in the body
- they are used to metabolize fats, carbohydrates, and proteins and form red blood cells
- fast-acting
- supports the mind, mood, nervous, cardiovascular & digestive systems

90 Vegcaps Item#6026

\$2 coupon will be applied

FLORA IMMEDIATE RELIEF ENZYMES

- especially suited to support starch digestion
- great for people with dairy intolerance or difficulty digesting beans and other legumes
- ideal for vegans

120 Vegcaps Item#1806

\$5 coupon will be applied

AOR GANDHA-600

- ashwagandha is widely used in Ayurvedic medicine
- considered the "Indian ginseng"
- valued for its adaptogenic properties, supporting immune and liver function and adaptive response to environmental stress

240 Vegcaps Item#7774

\$5 coupon will be applied

NEW ROOTS PLANT DIGESTIVE ENZYMES

- aids breakdown of fats, proteins, carbohydrates, sugars, grains and fibres
- maximizes absorption of essential vitamins and minerals
- suitable for those following a vegetarian or vegan diet

60 Caps Item#5988

\$2 coupon will be applied

PURICA Plant Isolate PROTEIN

- potent blend of fermented pea and sprouted brown rice protein
- fortified with seven full-spectrum mushrooms, ashwagandha and a protein-digesting enzyme blend
- much more than your average protein powder!

Vanilla 630g #4227
 Chocolate 630g #4229
 Natural 630g #4230

\$6 coupon will be applied

CanadianVitaminShop.com™
COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS