



Sale on from
Jan. 29–Feb. 25,
2026

THE VITAMIN SHOP®

COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS

Click on item number to go to product online.

Healthy Solutions
Since 1984!

1212 Broad St.,
Victoria, BC
V8W 2A5
250-386-1212



**THE VITAMIN SHOP
OMEGA-3 500mg EPA/DHA**

- made from cold-water anchovy, sardine and mackerel oils, which are two of the best natural sources of EPA and DHA
- 300mg EPA / 200mg DHA per capsule
- many diets lack essential fatty acids (EFAs)
- promotes hormone production & cellular repair

\$4.48

Item#86346



**NATURAL FACTORS
UBIQUINOL
Active CoQ10**

Greater absorption than conventional CoQ10

- supports heart health, energy, antioxidant protection & maintaining health as we age

100mg 60 Softgels	100mg 120 Softgels	200mg 30 Softgels	200mg 60 Softgels
Item#2357	Item#5748	Item#2343	Item#2344

\$2 coupon will be applied



**NATURAL FACTORS
HAWTHORN EXTRACT 300mg**

- can help maintain cardio-vascular health with blood circulation in adults
- potent antioxidants
- supports healthy heart muscle contractions
- standardized to 2.2% flavonoids
- support heart function naturally

60 Vegcaps Item#2329

\$2 coupon will be applied



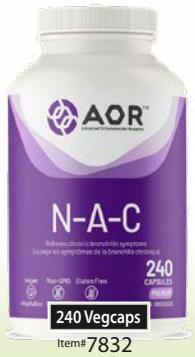
**PREFERRED NUTRITION
BERBERINE 500mg**

- helps maintain healthy glucose metabolism & cardiovascular health
- clinical studies show berberine supports weight management by lowering blood sugar and minimizing production of insulin, the fat-storing hormone

120 Vegcaps Item#5891

240 Vegcaps Item#5903

\$5 coupon will be applied



**AOR
NAC 500mg**

- highly efficient cysteine
- more bioavailable
- a precursor for glutathione, one of the hardest working antioxidants
- helps heart health, immunity & detoxification
- helps reduce viscosity of mucus to help relieve bronchitis, asthma, pneumonia & cystic fibrosis

240 Vegcaps

Item#7832



**CANPREV
ZINC
BIS-GLYCINATE
25mg**

- helps blood sugar level and thyroid
- may prevent the common cold from multiplying in the respiratory system

240 Vegcaps Item#6393

\$3 coupon will be applied



**NAKA
NATTOKINASE
100mg 2000FUs
Cardiovascular Health**

- will help break down blood clots, cleanse arteries and improve varicose veins
- will improve blood circulation, nasal inflammation & blood pressure
- from fermented non-GMO soy beans in a highly stable form that ensures optimal activity

**BONUS SIZE
60+15 Vcaps
\$25.98**

Item#6131

**BONUS SIZE
120+30 Vcaps
\$38.88**

Item#6135

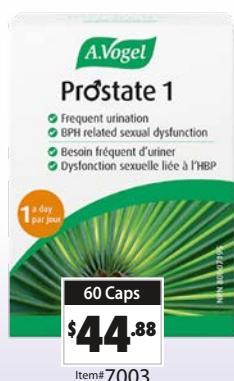


**PVL
MCT OIL**

- add energy without adding carbs
- extra purified to provide true medium chain triglycerides (MCT)
- no trans fat
- extracted from coconut oil
- C8 (caprylic) and C10 (capric) triglycerides

946 ml

\$30.98 Item#4342



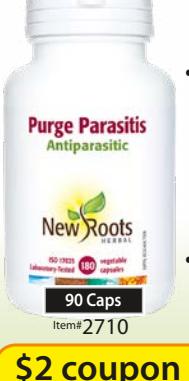
**A. VOGEL
SABALASAN
PROSTATE 1
320mg Saw Palmetto**

Recommended at the first sign of urologic disorders such as urgent need to urinate, difficult & scanty urination, as well as frequent need to urinate, especially at night.

60 Caps

\$44.88

Item#7003



**NEW ROOTS HERBAL
PURGE PARASITIS**

- to help prevent infections when travelling to exotic lands, eating undercooked meats, contaminated fruits and vegetables or being around animals harbouring parasites
- can help those with weak immune systems or who are on immune suppressive drugs

\$2 coupon will be applied



**ORGANIKA
Hydrolyzed
ENHANCED COLLAGEN**

- helps retain skin elasticity
- strengthens hair & nails
- improves gut health
- supports joint and bone health
- from grass-fed, pasture-raised cattle without antibiotics, added hormones, GMO or artificial sweeteners
- keto and paleo-friendly

500 g

\$49.98

Item#2742



**PURICA
SHILAJIT**

- can improve mitochondrial energy production, boost testosterone and support strength & endurance
- advanced processing ensures superior bioavailability and consistent potency
- contaminant-free

60 Vegcaps

Item#2633

\$3 coupon will be applied



**NATURE'S HARMONY
HERBAL
DIURETIC**

- helps reduce water retention
- traditional herbal combination
- derived from natural sources

DUO PACK

\$10.48

Item#6640



**NUTRASEA
HP OMEGA-3
Extra Strength**

- 750mg EPA/250mg DHA
- 3:1 EPA/DHA ratio
- supports inflammatory and immune response
- exceeds CRN pharmaceutical quality and purity standards
- certified by Pure Check

60 Softgels Item#2961

\$3 coupon will be applied



**DERMA-E
Clean, Effective, Ethical Skin Care**

15% off



SHOP BY PHONE

250-386-1252 (Fax: 250-386-1299)

Toll Free: 1-888-386-1211 (Fax: 1-877-386-1211)



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