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THE CanadianVitaminShop.com™, the online division of VITAMIN SHOP® Healthy Solutions Since 1984!

1212 Broad St.
(between Yates St.
and The Bay Centre),
Victoria, BC, V8W 2A5
Phone 250-386-1212

Prices in effect:
Oct 2-25, 2026

COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS



WHEY FACTORS Grass Fed Whey Protein

- highly efficient, undenatured whey from grass-fed cows
- rich in glutamic acid and branched-chain amino acids
- no artificial sweeteners

1 kg
\$44.98

Double Chocolate: #1906
Unflavoured: #1908
French Vanilla: #1905



TONALIN CLA

A naturally occurring essential fatty acid that may help support a modest reduction in fat mass when used with a program of reduced intake of dietary calories and increased physical activity. Clinically studied. Easy-to-take softgels.

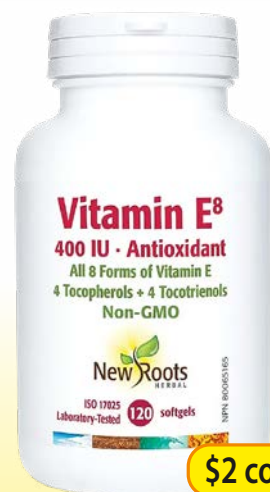
120 Softgels
\$33.48 Item#2022



PRO L-THREONATE Magnesium 144mg

- helps metabolize carbohydrates, proteins and fats
- for the development of bones and teeth, tissue formation and muscle function
- helps mental clarity, attention capacity, memory and cognitive function during aging
- can alleviate anxiety

BONUS SIZE
90+30 Vcaps
\$53.48
Item#6164



VITAMIN E8 400iu

- has all eight active forms of vitamin E
- four mixed tocopherols and four mixed tocotrienols
- with squalenes for skin health and phytosterols to treat cholesterol • non-GMO

120 Softgels Item#4037

\$2 coupon will be applied



TOTAL VISION CARE

- therapeutic dose of lutein and zeaxanthin
- protects macula and photo-receptors from oxidative stress and helps filter out high-energy blue light
- can slow age-related macular degeneration

Regular 30 vegcaps #4061
Regular 60 vegcaps #4056
Vegan 30 vegcaps #8248
Vegan 60 vegcaps #8235

\$3 coupon will be applied



ESTER-C SUPREME 600mg Citrus Free

- for those with allergies who desire the immune-boosting qualities of patented Ester-C
- citrus-free
- with polysaccharides and bioflavonoids
- maximum bio-availability and absorption

120 Vegcaps Item#5625
210 Vegcaps Item#5627

\$3 coupon will be applied

CanadianVitaminShop.com™

While quantities last.
We reserve the right
to limit quantities.



Free Delivery
Mon-Fri with
minimum \$89 order
within radius.



Shop By Phone
250-386-1252
Fax: 250-386-1211



Toll Free
1-888-386-1211



Free Shipping
anywhere in Canada
with minimum \$89 order.



STORE HOURS: Mon-Fri: 9am-5:30pm • Saturday: 9:30am-5:30pm • Sunday: 11am-5pm



Click on item number to go to product online.

2 THE VITAMIN SHOP® OUT OF TOWN: Call Toll Free: 1-888-386-1211 • Free Shipping anywhere in Canada with minimum \$89 order.



NATURAL FACTORS

Echinamide

ECHINACEA Fresh Herb Tincture

- used in herbal medicine to help fight off infections, especially of the upper respiratory tract
- helps relieve symptoms and shorten duration of upper respiratory tract infections

- alcohol-free liquid
- organically grown echinacea
- natural berry flavour

50 ml
\$13.48
Item# 1331



NATURAL FACTORS

GLYCINE

- to help build lean muscle mass when combined with resistance training and healthy diet
- supports healthy blood sugar
- neutral-tasting • vegan

120 Vegcaps • 5g of glycine per scoop
\$18.98
Item# 2150



NATURAL FACTORS

Regenerlife

SLEEP BETTER RELAX

- helps increase sleep time and ability to fall asleep
- helps reset the body's sleep-wake cycle
- 5mg of non-habit-forming melatonin plus 250mg ashwagandha extract

60 Tri-tabs Item# 2247

\$3 coupon will be applied



NATURAL FACTORS

Regenerlife OMEGA-3 Ultra Strength

- supports heart, brain, immune system, joints and emotions
- helps cardiovascular health and can reduce serum triglycerides
- helps promote healthy mood
- no fishy aftertaste • free of contaminants

90 Softgels • 150 Softgels
Item# 2125 Item# 2129

\$3 coupon will be applied



NATURAL FACTORS

Vegetarian MACROGEST Plant Enzyme Formula

- promotes digestion of protein and fermentable carbohydrates (FODMAPs)
- helps reduce gas after eating vegetables, beans and grains
- ideal for vegetarian, vegan and raw food diets

60 Vegcaps Item# 1846

\$3 coupon will be applied



NATURAL FACTORS

HEARTBURN CHEW

- to help relieve minor inflammation of GI tract, abdominal pain and burning sensation in the stomach
- blend of amla, deglycyrrhizinated licorice root and slippery elm
- clinically researched

90 Chews Item# 1280

\$3 coupon will be applied



NATURAL FACTORS

Wild Pacific SALMON OIL 1000mg

- wild salmon is much higher in omega-3 than farmed salmon or mixed fish oils
- can help regulate blood pressure and reduce vessel constriction

can reduce eczema, psoriasis, and dermatitis
can help lubricate joints and increase blood flow
210 Softgels
\$18.48
Item# 1279



NATURAL FACTORS

VITAMIN C EXTRA 1000mg Plus Bioflavonoids & Rose Hips

- extremely effective for inhibiting the body's production of histamine during colds – reducing symptoms of water eyes and runny nose
- large doses help make the digestive and urinary tracts more acidic, inhibiting bacteria and yeast growth

210 Tabs
\$18.48
Item# 1621



NATURAL FACTORS

SUPER MULTI Plus Iron

- provides optimal level of natural vitamins, minerals, lipotropic factors & nutrients
- added iron for women of child-bearing age to prevent iron deficiency anemia
- a daily multi vitamin-mineral supplement can supply the missing nutrients in the diet

180 Tabs
\$26.48
Item# 2064



WOMENSENSE

MENOSENSE

- for symptoms of menopause including hot flashes & night sweats
- natural ingredients

SAGE LEAF

- can help control excessive sweating and hot flashes of menopause

DUO PACK
180+120
Item# 3706

\$5 coupon will be applied



WOMENSENSE

HAPPYSENSE 5-HTP 100mg

- for mood balance, fibromyalgia, migraines, sleep and carb cravings
- time-release

ADRENASENSE

- to help with stress, sleep, exhaustion, moodiness and cravings

DUO PACK
180+90
Item# 2519

\$5 coupon will be applied



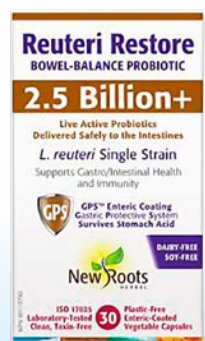
PREFERRED NUTRITION

MAGNESIUM Bisglycinate

- A gentle magnesium formula that helps support bones, teeth, nutrient metabolism, and muscle function, including the heart.
- Each serving provides 200 mg of this critical mineral to support easier absorption while being gentle on the digestive system.

300 Vegcaps • 120g
Item# 2402 Item# 2404

\$2 coupon will be applied



NEW ROOTS HERBAL

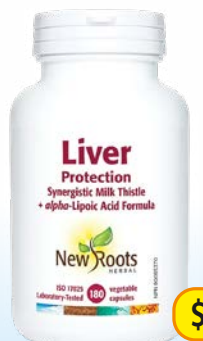
REUTERI RESTORE

To Restore Favorable Gut Flora

- supports immunity
- reuteri is a pioneer probiotic to populate an infant's gut
- enteric-coated capsules

30 Vegcaps Item# 6116

\$2 coupon will be applied



NEW ROOTS HERBAL

LIVER PROTECTION

- 250mg per capsule of milk thistle extract with a potency standardized to 80% silymarin
- well-studied to protect liver cells from toxins
- with red beet, black radish, alpha-lipoic acid, and potency-validated extracts of curcumin, dandelion, schizandra and artichoke

180 Vegcaps Item# 6127

\$2 coupon will be applied



CERTIFIED NATURAL

CALCIUM MAGNESIUM Plus K2

- contains the unique calcium source Aquamin, a clinically studied ingredient sourced from Icelandic red-algae
- contains 74 minerals, making it an ideal supplement for bone health
- with magnesium, potassium, boron, zinc and bone vitamins D3 & K2

120 vegcaps: #2607 450ml Orange: #2596
240 vegcaps: #2592 450ml Cherry: #2595

\$2 coupon will be applied

CanadianVitaminShop.com™



CANPREV BIOACTIVE B

A complete source of B vitamins your body needs to support energy, immune function, liver health, metabolism & countless other metabolic processes that are essential for optimal health. They are delivered in their preferred, bioactive forms to help keep pace with demand.

90 Vegcaps 500 ml
Item#4713 Item#4714



CANPREV ZINC BIS-GLYCINATE 25mg

- zinc plays a crucial role in immunity and detoxification and over 300 enzymatic reactions
- zinc is especially important for seniors, vegetarians and pregnant/nursing women

120 Vegcaps 240 Vegcaps
Item#6383 Item#6393



CANPREV Liposomal NAC

- precursor to glutathione
- critical antioxidant for immune, liver & brain health
- liposomes vastly enhance absorption and uptake

225 ml Item#7130



CANPREV NAC+

- defence against oxidative stress from over-exercise, pollutants and respiratory conditions
- helps relieve symptoms of chronic bronchitis

120 Vegcaps Item#6760

\$3 coupon will be applied



ENEREX BLACK SEED OIL

- antioxidant, antiviral & antibacterial supplement
- 100% cold-pressed oil
- can help with respiratory ailments, used as a digestive tonic and topically for a variety of skin disorders and used as an analgesic

100 ml 240 ml
Item#2126 Item#5433

\$2 coupon will be applied



NORTH COAST NATURALS Cold Pressed PUMPKIN PROTEIN

- whole-food based solution for those with food allergies
- good source of magnesium and zinc
- contains all 9 essential amino acids
- plant-based and undenatured
- suitable for vegans
- cholesterol and sodium free

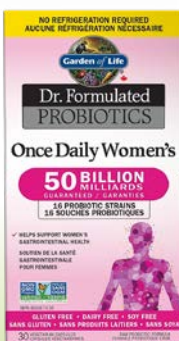
340 g
\$19.48
Item#4408



PRAIRIE NATURALS PROST FORCE

- specialized formula for men to naturally promote prostate health
- includes saw palmetto, pygeum, lycopene as well as other well-researched herbs shown to be helpful to the male reproductive system

\$5 coupon will be applied



GARDEN OF LIFE Dr. Formulated Probiotics ONCE DAILY WOMEN'S

- one-a-day, shelf-stable probiotic
- supports a healthy microbiome in women
- formulated by Dr. Perlmutter, MD
- high potency of diverse probiotic strains
- includes L. reuteri and L. fermentum, which are resistant to stomach acid and bile
- 50 billion CFU per capsule

30 Vegcaps
\$38.58
Item#7192



GENESTRA HMF REPLETE

- highly concentrated probiotic formula
- human-sourced Lactobacillus acidophilus & salivarius, Bifidobacterium bifidum & animalis subsp. lactis
- with fructooligosaccharides to ensure rapid establishment of probiotic cultures in the gastrointestinal tract

7x20g Sachets Item#2521 \$2 coupon will be applied



PURE ENCAPSULATIONS HAIR SKIN NAILS ULTRA

- for skin elasticity, hydration, healthy hair and strong nails
- keratin cofactors aid skin elasticity
- biotin strengthens the keratin of nails
- added vitamin C and copper for repair of connective tissue

60 Caps Item#2660

\$4 coupon will be applied



A. VOGEL MENOFORCE

- western herbal medicine support for treatment of menopausal syndrome, hot flashes, night sweats and excessive sweating
- does not contain estrogen or have an estrogen-like action

90 Tabs Item#7310

\$5 coupon will be applied



LEAF SOURCE SHILAJIT

A 100% organic mineral composite derived from highly-decomposed organic materials that have fossilized over millions of years. This ancient tropical vegetation contains large amounts of organic acids (humic and fulvic acids), proteins, macro & micronutrients, organic carbon compounds, plant hormones and enzymes.

120 Vegcaps
\$48.98
Item#5768



WAKUNAGA KYOLIC 104 Odourless Aged Garlic Extract

- garlic with lecithin
- lecithin can help reduce buildup of cholesterol on arterial walls
- all the benefits of whole, raw, organic
- easy-to-swallow capsules

90 Caps 180 Caps 360 Caps
Item#3122 Item#3123 Item#3128

\$2 coupon will be applied



NUTRISTART NUTRIKRILL

- powerful anti-inflammatory support
- can soothe joint pain and stiffness
- supports concentration and memory
- EPA and DHA can help reduce risk of heart disease and inflammation

60 Softgels 120 Softgels
Item#6654 Item#6679

\$2 coupon will be applied



PROVITA KARDIO FLOW

- comprehensive cardiovascular support formula designed for adults seeking to maintain heart health and circulation
- combines essential vitamins, minerals, amino acids and targeted herbal extracts to work synergistically

90 Vegcaps 330 Vegcaps
Item#3896 Item#3882

20% OFF



NATRA GUTPRO Digestion Support

– offers a powerful blend of probiotics, antioxidants, and natural extracts to support gut health, reduce inflammation, and improve energy metabolism and tissue formation. It contains 4000mg of L-Glutamine, essential for gut lining repair and tissue formation, and 5 billion CFU of Bacillus coagulans, a probiotic known to balance gut flora. Additionally, Aloe Vera extract and Deglycyrrhized Licorice work together to soothe the digestive tract and reduce inflammation.

195 g
Item#7863
\$5 coupon will be applied

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Explore the Stress Relax line – fast-acting products to help you cope with occasional stress and experience healthy sleep.

\$2.00
OFF
these
**natural
Factors**
products



Mind Retreat 60 vegcaps #2044
Peaceful Zzz 60 vegcaps #5183
Ashwagandha 30 vegcaps #2256
Ashwagandha 60 vegcaps #2213
GABA 100mg 60 chews #2298
GABA 100mg 120 chews #2371
GABA 100mg 90 vegcaps #2299
GABA 250mg 60 vegcaps #2301
Magnesium Citrate 250g Tropical Fruit #2555
Magnesium Citrate 250g Berry #5187
Saffron Extract 30 vegcaps #2245
Saffron Extract 60 vegcaps #2353
Kava Kava 60 vegcaps #8868
Tranquil Sleep 60 chews #5180
Tranquil Sleep 120 chews #5203
Tranquil Sleep 90 softgels #2053
Tranquil Sleep Extra Strength 60 chews #2127
Mental Calmness 125mg 60 vegcaps #1991
Mental Calmness 100mg 60 chews #5181
Mental Calmness 100mg 120 chews #8756
Serenity Formula 60 vegcaps #5182
Serenity Formula 120 vegcaps #8757
Magnesium Bisglycinate 90 vegcaps #2374
Magnesium Bisglycinate 120g #4719

QUEST

50 Years Supporting
Canadian Families
with Trusted Nutri-
tional Supplements



\$2 OFF Quest Products



AOR
SAFFRON

- prized, standardized, pure saffron extract
- supports mood and stress management
- can be used for PMS and digestive support
- natural support for neurotransmitters
- scientific studies continue to reveal its health advantages

60 Caps Item#7669

\$5 coupon will be applied



AOR
CORTISOL ADAPT

- helps reduce symptoms of stress
- helps reduce cortisol and c-reactive protein biomarkers of physical stress
- clinically studied ingredients
- botanical formula
- supports cognitive health and immunity

120 Caps Item#7926

\$5 coupon will be applied



EFAMOL
EVENING PRIMROSE OIL

- purest, easiest-to-assimilate form of GLA
- an important EFA (omega 6) to maintain hormone balance, skin, hair and nails
- for relief from PMS & menopause symptoms, eczema and psoriasis

90 Softgels 180 Softgels
Item#4520 Item#4511

\$2 coupon will be applied



NAKA
BERBERINE 500mg

- berberine is found in a variety of plant species and is used in traditional Chinese medicine, Ayurveda, and other medicinal traditions, to treat infections, digestive conditions and inflammation
- supports healthy glucose and lipid metabolism

BONUS SIZE
90+30 Vcaps
\$30.48
Item#6309



PURICA **ZENSATIONS** are organic, functional cocoa drink mixes that combine medicinal mushrooms and adaptogens to support stress relief, cognitive health and overall wellness.

\$2 coupon will be applied

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COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS