

Click on item number to go to product online.



THE CanadianVitaminShop.com™, the online division of VITAMIN SHOP® Healthy Solutions Since 1984!

1212 Broad St.
(between Yates St.
and The Bay Centre),
Victoria, BC, V8W 2A5
Phone 250-386-1212

Prices in effect:
Sept 4-27, 2026

COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS



**natural
Factors**

**Stress-Relax
SAFFRON EXTRACT**
• helps relieve restlessness
and nervousness
• from certified Crocus sativus L.
• extracted without chemicals using
the AFF ON Cool-Tech process
that preserves and concentrates
saffron's key bioactives

30 Vegcaps
Item# 2245

60 Vegcaps
Item# 2353

\$4 coupon will be applied



WOMENSENSE

MENOPAUSE Hair Formula

- to address challenges women
face during menopause
- helps relieve hot flashes, night
sweats, paresthesia, insomnia,
nervousness, vertigo, fatigue
and vaginal dryness
- supports healthy mood
- supports hair density
and thickness
- can help you navigate
menopause with confidence
and comfort

60 Vegcaps
Item# 2455

\$3 coupon will be applied



**ESTER-C
600mg
Non-Acidic
Form of
Vitamin C**



- enters the
blood stream two to six times
faster than regular vitamin C
- retain benefits up to four
times longer
- essential for immune function,
cholesterol balance
and iron absorption

240 Vegcaps
Item# 5652

\$3 coupon will be applied



**Naka
Professional**

NUTRI PROBIOTIC
• will help relieve digestion
symptoms, from bloating and
nausea to irritable bowel
syndrome or leaky gut
• 16 billion CFU plus a 250mg
dose of L-glutamine
• shelf stable

120 Vegcaps

\$42.98

Item# 3718



**New Roots
HERBAL**

**CLARITY MAG
Magnesium L-Threonate**

- highly bioavailable source of
magnesium threonate for those
concerned with healthy aging
- supports tissue formation and
development of bones and teeth
- a gentle way to maintain muscle
function and electrolyte
balance daily • non-GMO

BONUS SIZE
90+30 Vcaps
Item# 4343

\$2 coupon will be applied

10% OFF Healthology Products

Supporting your journey to optimal well-being with premium-
quality, natural health supplements, developed using the latest
research and held to rigorous standards

**Digestive Health • Stress & Sleep Support
Inflammation & Pain Relief • Wellness Support**



CanadianVitaminShop.com™

While quantities last.
We reserve the right
to limit quantities.



Free Delivery
Mon-Fri with
minimum \$89 order
within radius.



Shop By Phone
250-386-1252
Fax: 250-386-1211



Toll Free
1-888-386-1211



Free Shipping
anywhere in Canada
with minimum \$89 order.



STORE HOURS: Mon-Fri: 9am-5:30pm • Saturday: 9:30am- 5:30pm • Sunday: 11am- 5pm



Click on item number to go to product online.

2 THE VITAMIN SHOP® OUT OF TOWN: Call Toll Free: 1-888-386-1211 • Free Shipping anywhere in Canada with minimum \$89 order.



NATURAL FACTORS

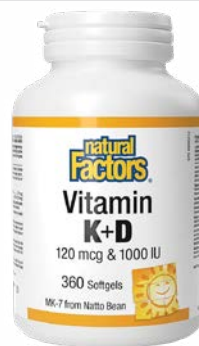
MIXED VITAMIN E 400 IU

- mixed E tocopherols work better than a single tocopherol
- helps protect against free radicals and prevents oxidation of LDL cholesterol
- contains d-alpha, beta-, delta-, and gamma- tocopherols
- d-alpha is natural and used better by the body than its synthetic counterpart, dl-alpha tocopherol

240 Softgels

\$21.98

Item#2295



NATURAL FACTORS

VITAMIN K+D

- 120 mcg K2 • 1000 IU D3
- contains highly bioavailable D3 (cholecalciferol) & menaquinone-7 (MK-7)
- can help improve bone health and prevent arterial calcification
- vitamins K and D can work synergistically to improve bone density and prevent calcium buildup in the cardiovascular system

360 Softgels

\$36.48

Item#2170



NATURAL FACTORS

L-LYSINE 500mg

- a natural nutritional aid to deal with the herpes simplex virus
- can provide cold sore relief
- one of nine essential amino acids the body needs to repair tissue, form collagen and produce hormones
- must be obtained through diet or supplements

180 Vegcaps

\$16.98

Item#2704



NATURAL FACTORS

Sambucus BLACK ELDERBERRY

- can help relieve symptoms of cold & flu, including catarrh, congestion, fever, cough and sore throat
- can reduce symptoms of viral infection by half and cut short the duration of symptoms by 3-4 days • non-GMO

120 Softgels

Item#2347

\$3 coupon will be applied



NATURAL FACTORS

Echinamide ANTI-VIRAL

- clinically-proven Echinamide with well-researched herbs

50ml Liquid

\$12.48

Item#1318

100ml Liquid

\$21.88

Item#1319

60 Softgels

\$17.78

Item#1320

120 Softgels

\$33.48

Item#1329



NATURAL FACTORS

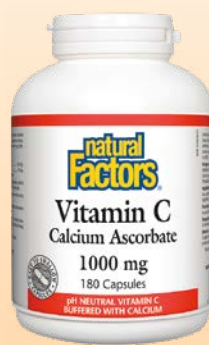
Organic OIL OF OREGANO

- minimum 80% carvacrol
- from organic Mediterranean species (hand-picked leaves using gentle steam distillation to ensure potency and purity)
- blended with organic, cold-pressed, extra virgin olive oil in the ideal ratio for assimilation

30ml

\$12.48

Item#2143



NATURAL FACTORS

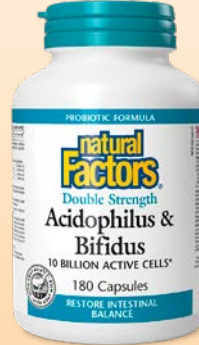
**VITAMIN C
Calcium Ascorbate 1000mg**

- for those who take high levels of vitamin C
- calcium neutralizes the ascorbic acid pH of vitamin C
- calcium gives C more staying power
- vitamin C is essential for immune function, balancing cholesterol & assisting absorption of iron

180 Caps

\$19.98

Item#2049



NATURAL FACTORS

**ACIDOPHILUS & BIFIDUS
Double Strength**

- for those experiencing digestive disorders, travelling in foreign countries or those finishing a course of antibiotics
- over 10 billion active acidophilus and bifidus cells per serving
- promotes a healthy digestive tract
- goat milk base

180 Caps

\$22.48

Item#2116



NATURAL FACTORS

RXOMEGA-3 Mini-Gels

- high potency, pharmaceutical-grade fish oil
- mini-gels are 45% smaller
- no fishy aftertaste
- omega-3 fatty acids, EPA and DHA
- for good health and brain function
- free from lipid peroxides and environmental pollutants

120 Softgels

\$22.88

Item#2103



MEDI-C PLUS

Vitamin C & L-Lysine Formula

- vitamin C and lysine work together to build collagen, which strengthens and holds together the coronary cells
- inadequate vitamin C leads to poor collagen production

Vit C & Lysine Calcium Ascorbate Berry #5064
Vit C & Lysine Calcium Ascorbate Citrus #5060
Vit C & Lysine Magnesium Berry #6449
Vit C & Lysine Magnesium Citrus #6448

\$5 coupon will be applied



ULTIMATE

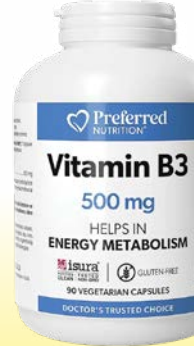
TESTOSTERONE BOOST

- to support testosterone production
- 300mg KSM-66 (a full-spectrum extract of ashwagandha) per capsule
- shown to cause significant improvement in testosterone levels

60 Vegcaps

Item#2988

\$2 coupon will be applied



PREFERRED NUTRITION

VITAMIN B3

Niacinamide 500mg

- one-a-day formula
- to help energy metabolism
- doesn't cause flushing like niacin
- non-GMO
- suitable for vegetarians and vegans

90 Vegcaps

Item#5294

\$2 coupon will be applied



CANPREV

VITAMIN C 1000 Liposomal

- supports immune function, wound healing, healthy bones, cartilage, teeth and gums and is essential for the formation of collagen, and tissue repair
- soy-free phospholipids from sunflower and phosphatidylcholine
- liposomes vastly enhance absorption and uptake

450 ml

Item#4847

\$3 coupon will be applied



CANPREV

Liposomal NAC (N-Acetyl-L-Cysteine)

- a mucolytic agent and precursor to glutathione
- critical antioxidant for immune, liver and brain health
- helps protect from free radical damage and oxidative stress caused by respiratory conditions
- liposomes vastly enhance absorption and uptake

225 ml

Item#7130

\$3 coupon will be applied



CANPREV

Liposomal CURCUMIN

- can relieve joint inflammation by neutralizing free radicals responsible for inflammation
- liposomes protect against digestive hazards, enzymes and other substances that can hinder absorption
- efficiently absorbed by the body • long-lasting

225 ml

Item#4731

\$3 coupon will be applied

CanadianVitaminShop.com™



**A VOGEL
ECHINAFORCE
Sore Throat Spray**

- one of the most popular herbal medicines
- a proven immune system enhancer with antiviral and antibiotic activity
- natural treatment for sore throats, strep throats, tonsillitis, bronchial infections, eye, ear & sinus infections
- 100% pure & organic

30 ml
\$13.98
Item# 7317



NUTRASEA
Canada's Favourite Omega-3

Ultra Pure
Great Tasting

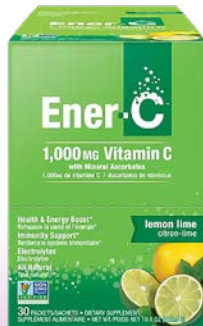
**\$2 coupon
will be
applied**



**ST. FRANCIS
DEEP IMMUNE Astragalus Combo**

- to naturally enhance the immune system
- used as a liver restorative to help in malabsorption & rebuild the liver after hepatitis or jaundice
- recognized as anti-viral & anti-allergic

100 ml
\$29.48
Item# 3984



**ENER-LIFE
ENER-C Sugar-Free**

- effervescent multivitamin drink mix in convenient dose packets
- 1000mg of vitamin C plus essential vitamins and minerals
- electrolytes and much more!

30 Packets
\$16.68
Lemon Lime #3152
Orange #3153
Raspberry #3154
Peach Mango #3161
Variety Pack #3159 • Tangerine Grapefruit #3157



**ORGANIKA
Full Spectrum
PLANT ENZYMES**

- derived from plant sources
- to ease digestive discomfort
- helps digest proteins, fats, carbs, fiber and milk sugar
- makes food more bioavailable
- suitable for strict vegetarian diets

120 Vegcaps
\$38.48
Item# 7536



**QUEST
D-MANNOSE
with Cranberry**

- a naturally occurring simple sugar that can help prevent and treat recurrent urinary tract infections (UTI)
- an effective alternative to antibiotic treatment that won't disrupt normal intestinal microflora

60 Vegcaps
\$23.68
Item# 2999



PVL 100% Pure BCAA

- the three essential Branch Chain Amino Acids directly linked to muscle growth
- micronized and fermented for greater absorption
- 215% more absorbed
- prevents muscle loss & improves recovery
- 100% to USP pharmaceutical standards

315 g
\$28.48
Unflavoured: #4331
Tropical Punch: #2771
Blue Raspberry: #4336



**PVL
100% Pure GLUTAMINE**

- 60% of free-form amino acids in our bodies are glutamine
- exercise can deplete glutamine levels 50%
- free of contaminants and animal products
- micronized for highest solubility and uptake • unflavoured

400 g
\$26.98
Unflavoured: #4333
Orange: #4334
Blue Raspberry: #4300



**SILVER LINING
PRE & PROBIOTICS
plus Digestive Enzymes**

- Promotes Favourable Gut Flora
- 50 billion live microorganisms to help you extract minerals, vitamins and nutrients from your food
- helps restore favourable gut flora after antibiotic and painkiller use

120 Vegcaps
\$31.48
Item# 2569



**BELL
SHARK LIVER OIL**

- has a high content of 25%-27% AKG (Alkylglycerol) with high squalene and omega-3 fatty acids, which are important to make it work well
- helps inflammation type illnesses like allergies, asthma, arthritis pain (in combination with Bell shark cartilage), inflammation in the arteries, colds, flus

120 Softgels
\$31.98
Item# 1975



ALLKIDZ Supplements for Children

Nothing But Safe and Natural Ingredients for Your Child • 100% Canadian Made
No hidden chemicals or artificial substances
All formulas approved by Health Canada
Great Tasting!

Magnesium 80 gummies #3541 \$26.58
Multi 110 gummies #3537 \$17.98
Multi Vegetarian 90 gummies #3536 \$28.48
Probiotics 80 gummies #3534 \$28.48
Zinc 90 gummies #3535 \$20.48



**SIERRASIL
JOINT FORMULA 14**

- a blend of naturally occurring minerals that help relieve joint aches & stiffness by way of anti-inflammatory and detoxifying action
- researched for safety & efficacy guaranteed results in 14 days or less

BONUS SIZE
201 Caps
Item# 9710

\$5 coupon will be applied



**PROGRESSIVE
MULTIVITAMINS 50+**

Progressive MultiVitamins go beyond the basics, offering a more complete and personalized approach to daily wellness. Each formula is carefully crafted to support your age, sex and lifestyle by combining essential nutrients with targeted herbs to help you feel your best every day.

Women's 50+ 120 Vegcaps \$37.98
Men's 50+ 120 Vegcaps \$37.98
Item# 6907 Item# 6905



**PROGRESSIVE
VEGESSENTIAL All-in-One**

- the benefit of a cupboard full of supplements in a single smoothie
- simple all-in-one formula provides unmatched nutritional density convenience

840 g
\$64.48
Unflavoured: #6146
Chocolate: #6143
Vanilla: #6144

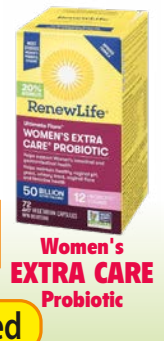


RENEW LIFE

- 50 billion live bacterial cultures
- no refrigeration required
- 12 strains including therapeutic levels of lactobacilli and bifidobacterium

BONUS SIZE
60+12 Vegcaps
Item# 6816

BONUS SIZE
60+12 Vegcaps
Item# 6876



**Women's
EXTRA CARE
Probiotic**

\$5 coupon will be applied

Click on item number to go to product online.

4 THE VITAMIN SHOP OUT OF TOWN: Call Toll Free: 1-888-386-1211 • Free Shipping anywhere in Canada with minimum \$89 order.

\$2-OFF

Collagen production often lessens by age 30, leading to visual signs of aging. The hydrolyzed forms of collagen and elastin found in Total Body are easily absorbed by the body to contribute to healthy collagen and elastin production, tissue formation, reduced joint pain and healthy hair, skin and nails, Mix in hot or cold beverages and meals. Sustainably sourced.

natural
Factors



AOR ORTHO MIND

- can enhance brain function for working professionals, students, aging adults those in cognitive decline
- R-lipoic acid and acetyl-L-carnitine support mitochondria in the brain
- bacopa and L-pyrogutamic acid can enhance learning and memory
- clinically studied

180 Vegcaps Item#7827

\$5 coupon will be applied



PURICA LION'S MANE

- supports the digestive system and can stimulate synthesis of nerve growth factor (NGF), which may help prevent brain dysfunction and age-related loss of cognitive function
- organic, full-spectrum mushroom
- micronized for superior absorption and assimilation

BONUS SIZE
120+24 Vcaps
Item#2606

\$6 coupon will be applied



FLORA IMMEDIATE RELIEF ENZYMES

- especially suited to support starch digestion
- great for people with dairy intolerance or difficulty digesting beans and other legumes
- ideal for people who follow a vegetarian diet

120 Vegcaps Item#1806

\$3 coupon will be applied



AOR ZEN THEANINE

- L-theanine can benefit those who suffer from anxiety or find it difficult to focus, relax or fall asleep
- it's found in green tea and promotes relaxation without causing drowsiness
- takes effect within 35 minutes and alters brain wave activity, calming racing thoughts and creating feelings of "zen" while promoting alertness and concentration

60 Vegcaps Item#7672
120 Vegcaps Item#7886

\$5 coupon will be applied



NUTRISTART NATURALLY QUICK D Liquid Vitamin D

- naturally derived, biologically active vitamin D3
- known as the Sunshine Vitamin that helps prevent winter blahs and protect against various diseases

Quick D 1000iu 30ml #6605
Quick D 1000iu 55ml #6770
Quick D 1000iu 100ml #6612
Quick D 2500iu 55ml #6802

\$2 coupon will be applied



GENUINE HEALTH High Fibre GUT SUPERFOODS+

- fresh, high-quality fruits & land and sea vegetables
- a source of iron
- fermented wholesome, real ingredients
- delicious & convenient

Unflavoured 229g: #6899
Summer Berry 273g: #6898

\$2 coupon will be applied

CanadianVitaminShop.com™

COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS