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number to go
to product
online.

Certified Product
Advisors on Staff



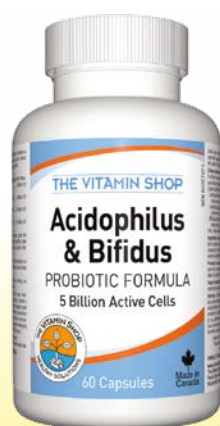
CanadianVitaminShop.com™, the online division of
THE VITAMIN SHOP®
Healthy Solutions Since 1984!

1212 Broad St.
(between Yates St.
and The Bay Centre),
Victoria, BC, V8W 2A5
Phone 250-386-1212

COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS

Prices in effect:
Nov. 7-30, 2025

THE **VITAMIN SHOP®**



ACIDOPHILUS & BIFIDUS
5 Billion Active Cells

- three strains of probiotics to support normal intestinal health
- rhamnosus, acidophilus, and bifidum
- can hold at bay pathogenic bacteria, viruses and yeast
- can prevent antibiotic-induced diarrhea
- promotes regular bowel movements
- can help reduce cholesterol

60 Caps

\$4.48

Item#86634



60 Softgels

Item#2306

120 Softgels

Item#2330

natural Factors

LipoMicel Matrix OMEGA-3

- enhanced fish oil supplement with omega-3 fatty acids EPA & DHA
- supports cardiovascular, cognitive and brain function
- 585mg of fish oil per softgel
- patent-pending LipoMicel formulation disperses the fish oil into tiny microdroplets, resulting in a highly stable delivery system

\$4 coupon will be applied



Preferred Nutrition

PEA 400mg

For Chronic Pain Relief

- a fatty-acid-like compound with analgesic and anti-neuroinflammatory benefits
- occurs naturally in certain foods and is made by the body as part of the endocannabinoid system
- micronized for solubility and absorption
- from fractionated non-GMO safflower seed oil

120 Caps

Item#9235

\$5 coupon will be applied



Naka Professional

NATTOKINASE
100mg 2000FU
Cardiovascular Health

- will help break down blood clots (thrombosis), cleanse arteries and improve varicose veins
- will improve blood circulation, nasal inflammation and blood pressure
- from fermented non-GMO soy beans in a highly stable form that ensures optimal activity

BONUS SIZE
120+30 Vcaps
\$39.48

Item#6135



prairienaturals
LIVE THE HEALTHY LIFE

Sytrinol

CHOLEST FORCE
Take Control of Your Cholesterol

- to reduce arterial plaque, improve glycemic control and reduce blood platelet aggregation
- made from the natural phytochemical compounds in citrus peel and palm fruit extracts

DUO PACK
60+60 Vcaps
\$74.98

Item#3101



VITAMIN D3

- D3 is essential for the absorption of calcium and phosphorus and critical for the development and maintenance of strong bones and teeth
- important in later life for the prevention of osteoporosis and hypocalcemia



400 Tabs

Item#5601

\$2 coupon will be applied

CanadianVitaminShop.com™

While quantities last.
We reserve the right
to limit quantities.



Free Delivery
Mon-Fri with
minimum \$79 order
within radius.



Shop By Phone
250-386-1252
Fax: 250-386-1299



Toll Free
1-888-386-1211
Fax: 1-877-386-1211



Free Shipping
anywhere in Canada
with minimum \$79 order.



STORE HOURS: Mon-Fri: 9am-5:30pm • Saturday: 9:30am-5:30pm • Sunday: 11am-5pm



Click on item number to go to product online.

2 THE VITAMIN SHOP® OUT OF TOWN: Call Toll Free: 1-888-386-1211 (fax: 1-877-386-1211) • Free Shipping anywhere in Canada with minimum \$79 order.

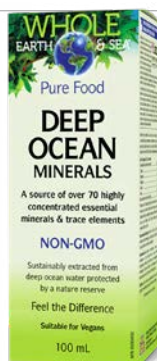


NATURAL FACTORS
BioCoenzymated
ACTIVE B COMPLEX

- eight essential B vitamins in their biologically active forms which do not require conversion by the liver to be absorbed & utilized
- suitable for vegetarians

120 Vegcaps Item#2048

\$3 coupon will be applied

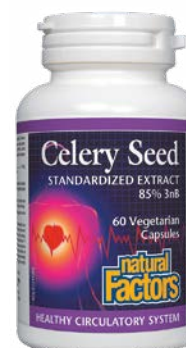


NATURAL FACTORS
Whole Earth & Sea
DEEP OCEAN MINERALS

- 70 essential minerals and trace elements, including magnesium, which catalyze 300 enzyme and hormone reactions
- helps maintain fluid balance, pH balance, and membrane permeability
- sustainably extracted

100 ml Item#3056

\$2 coupon will be applied



NATURAL FACTORS
CELERY SEED Extract: 85% 3nB

- modern research is upholding the traditional medicinal value of the common celery plant
- celery contains a powerful healing factor compound known as 3nB (3-n-butyl phthalide) that appears to help lower blood pressure by acting as a diuretic and vasodilator by impacting the production of prostaglandin

60 Caps
\$17.98
Item#2001



NATURAL FACTORS
GLYCINE

- to help build lean muscle mass when combined with resistance training & healthy diet
- supports healthy blood sugar
- neutral-tasting • vegan
- 5g of glycine per scoop
- made through natural fermentation
- no fillers • non-GMO

450 g Item#2067

\$5 coupon will be applied



NATURAL FACTORS
Stress-Relax GABA 100mg
Helps Conquer Stress and Promotes Relaxation

- GABA is a natural calming and anti-epileptic agent in the brain
- can improve sleep quality
- helps counteract the effects of caffeine
- tropical fruit flavoured chewable tablet

120 Chews
\$33.48
Item#2371



NATURAL FACTORS
Echinamide
QUICK-BLAST
Get ready for cold season

- eucalyptus, peppermint and lemon in a base of honey and super strength Echinamide

Instant relief!
30 Softgels
\$7.48
Item#2194

- instant relief
- soothe throat and clear sinuses in one bite



NATURAL FACTORS
LUTEIN 20mg

- an anti-oxidant carotenoid that provides protection from free-radical cells to the eyes, heart and lungs
- protects the retina by filtering out blue light and providing a thick macular pigment inhibiting macular degeneration and cataracts
- a powerful anti-oxidant

BONUS SIZE
120+30 Softgels
\$25.48
Item#2164



NATURAL FACTORS
ZINC Bisglycinate

- easy-to-absorb
- gentle on the stomach
- supports immune system
- zinc is an essential trace mineral needed by the body
- a great choice for people with low stomach acid levels or absorption issues

120 Vegcaps Item#1912

\$3 coupon will be applied



NATURAL FACTORS
ULTIMATE 3-6-9

- A convenient combination of Omega 3, 6 & 9
- makes taking separate EFA supplements a thing of the past
- vital for optimal health
- from fish oil, flax seed oil and borage oil in their purest forms
- EFA supplementation can alleviate several health problems

60 Caps
\$30.48
Item#2226

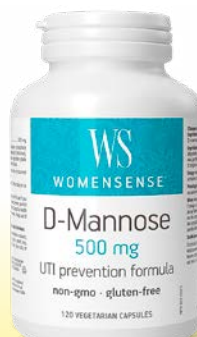


ULTIMATE
MACA ENERGY
For Men and Women Who Want to Support the Emotional Aspects of Sexual Health

- a sun-dried and ethically farmed source of organic gelatinized maca
- helps support healthy mood balance during menopause

210 Vegcaps Item#2488

\$2 coupon will be applied



WOMENSENSE
D-MANNOSE 500mg

- to stop UTI infections before they start
- each daily dose provides 2000mg of D-mannose to help flush E. coli from the urinary tract without interfering with healthy blood sugar regulation

120 Vegcaps Item#2463

\$3 coupon will be applied



SEA-LICIOUS OMEGA-3 EPA+DHA

- the best-tasting omega-3 fish oil!
- no fish-flavour, rancid smell or strong aftertaste
- get your daily value of omega-3
- provides the breakthrough antioxidant system
- 1 tsp per day provides 1500 mg of omega-3s
- ½ tsp per day for children

Rasp. Lemonade #4395 Tropical Colada #4394
Tangerine Lime #4396 Cotton Candy #4397

\$2 coupon will be applied



PURICA CURCUMIN BDM50

- rapid relief of inflammation & joint pain
- 30% BDMC compared to the 1% found in regular curcumin extract
- stable, bioavailable and long-lasting
- inhibits both NF-kB & MSK1
- enhances detoxification, cholesterol, blood sugar, clots and brain function

60 Vegcaps Item#2723

\$4 coupon will be applied



NAKA
D3+K2

- these two vitamins work synergistically to optimize mineral strength in bones and teeth
- these are the most natural forms
- superior absorption

BONUS SIZE
240+60 Softgels
\$40.48
Item#6138



10% OFF

BECK'S BROTH

- bone broth that supports gut health, nourishes the body and provides a clean source of protein while tasting delicious
- in three comfort drinks: coffee, hot chocolate and matcha

Matcha Latte 12 Packets Item#4824
Instant Coffee 12 Packets Item#4820
Hot Chocolate 12 Packets Item#4802

CanadianVitaminShop.com™



**A VOGEL
BOLDOCYNARA**
To Increase Bile Secretion and Improve Digestion Naturally

- can relieve symptoms of poor digestion, hepatic insufficiency, nausea & constipation
- derived from hand-picked, organically grown artichoke herbs combined with milk thistle fruit, dandelion root, boldo leaf and peppermint herb

50 ml
\$18.48
Item# 7251



PROGRESSIVE
Grass Fed WHEY+COLLAGEN & MCT

- easy-to-digest whey protein concentrate and isolate powder • ultra clean protein
- from grass fed New Zealand cattle
- essential amino acids from whey maintain health, proper muscle function and tissue formulation
- with hydrolyzed collagen from grass fed cattle plus MCT oil powder

700 g
\$67.48
Vanilla #7227
Chocolate #7228

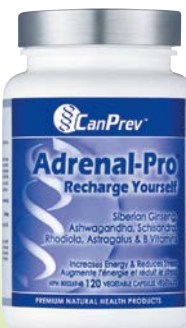


**PROGRESSIVE
MULTIVITAMINS**
Nutritional Insurance in a World of Over-Processed Foods and High Stress

Tailored formulas to meet the needs of:

- Active Women
- Women 50+
- Active Men
- Men 50+

120 Vegcaps
\$38.98
Active Women #6911
Women 50+ #6907
Active Men #6909
Men 50+ #6905



**CANPREV
ADRENAL-PRO**

- delivers nutrients that can improve mood & energy, help you cope with stress, enhance hormone function & boost the immune system
- adrenal fatigue can be caused by stress, overwork, poor nutrition, alcohol, medications, surgery or chemotherapy

120 Vegcaps Item# 6673

\$3 coupon will be applied



**CANPREV
GREEN TEA**

- green tea has been consumed for thousands of years for its many health benefits
- packed with antioxidants like EGCG, which can prevent cellular deterioration from oxidative damage

120 Vegcaps Item# 7999

\$3 coupon will be applied



**PROVITA
BERBERINE TPGS**

- more bioavailable
- delayed-release capsules minimize impact of stomach acid
- can be therapeutic in metabolic syndrome characterized by high blood sugar and A1c levels

80 Caps Item# 7843

\$4 coupon will be applied



**ENEREX
BLACK OREGANO Oil**
A Powerful Antibacterial and Antiviral Oil

- offers the complementary natural immune support of black cumin seed and oregano oils
- with added vitamins A and D

30 ml
\$25.88
Item# 1639

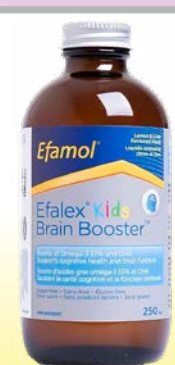


**PVL
UltraPure
CREATINE**

- creatine helps the body produce a key muscle fuel, ATP
- ATP is depleted after hard exercise
- creatine accelerates replenishment of ATP

410 g Item# 4320

\$2 coupon will be applied



**FLORA
Efamol Efalex
KIDS BRAIN BOOSTER**
Can Give Your Child the Boost They May Need to Succeed In School and Beyond

- clinically proven EFAs can support your child's cognitive health & brain function
- delicious lemon and lime flavoured liquid
- also helps support eyes and nerves in children

250 ml
\$39.48
Item# 4527



**SILVER LINING
PRE & PROBIOTICS**
plus Digestive Enzymes
Promotes Favourable Gut Flora

- 50 billion live microorganisms to help you extract minerals, vitamins and nutrients from your food
- helps restore favourable gut flora after antibiotic and painkiller use

120 Vegcaps
\$30.98
Item# 2569



**MARTIN & PLEASANCE
KI Immune Defence & Energy Formula**
To Enhance Immune System and Boost Energy Reserves

- each Ki tablet contains extracts equivalent to 10,000mg of dried herbs
- the plant extracts help our white blood cells and natural killer cells do their job in our immune system
- can help maintain a healthy cardiovascular system

30 Tabs
\$25.48
Item# 1862

60 Tabs
\$38.98
Item# 1864



**JOY OF THE MOUNTAINS
OIL OF OREGANO**

- fights bacterial, fungal, viral and parasitic invasions naturally
- natural pain reliever
- use internally, topically, or as an inhalant for sinus and bronchial problems

90 Vegcaps
\$30.48
Item# 1927



**PURE ENCAPSULATIONS
HAIR/SKIN/NAILS ULTRA**

- contains the essential building blocks (like biotin, zinc & silicon) needed for skin elasticity, healthy hair and strong nails
- vital collagen and keratin cofactors
- with added vitamin C and copper for formation & repair of connective tissue

60 Caps Item# 2660

\$5 coupon will be applied



**SISU
CALCIUM & MAGNESIUM
1:1 with Vitamin D**

- a convenient way to complement your diet with these essential minerals plus vitamin D
- can prevent bone loss and improve bone density

300 Caps Item# 5675

\$2 coupon will be applied



**ST. FRANCIS
CANADIAN BITTERS**

- herbal bitters are extremely valuable in maintaining good health
- enhances secretions of the liver, pancreas, stomach and small intestine
- revitalizes digestive functions and provides enzyme catalysts that improve absorption
- can help gas, burping, bloating and indigestion

100ml Liquid
\$25.48
Item# 3774

Click on item number to go to product online.

regenerlife™

Natural health supplements developed by Natural Factors to support healthy aging and whole-body rejuvenation by optimizing mitochondrial function.

\$2 coupon will be applied to all Regenerlife products

 regenerlife LONGEVITY Wellness Optimization Mitochondrial Support All-In-One Packets 30 convenient packets Item# 2100	 regenerlife BrainRevive Comprehensive Support for Your Brain, Body & Heart Powerful Full-Nutrient Packets 30 convenient packets Item# 2112	 regenerlife OMEGA-3 ULTRA STRENGTH 2200 mg Omega-3 90 Softgels Item# 2125	 regenerlife NMNSURGE Metabolically Active Nicotinamide Mononucleotide & NAD Precursor 60 Vegcaps Item# 2108	 regenerlife NMNSURGE 500 mg Metabolically Active Nicotinamide Mononucleotide & NAD Precursor 30 Vegetarian Capsules Item# 2115	 regenerlife MITOCHONDRIAL ENERGY Supercharge Your Cells (ATP) Reduces Fatigue Helps Improve Strength & Power 120 Vegetarian Capsules Item# 2086	 regenerlife MITOCHONDRIAL ENERGY Boosts Cellular Energy Production (ATP) Reduces Symptoms of Fatigue Helps Improve Strength & Power 162 g Item# 2153	 regenerlife CREATINE MONOHYDRATE 100% PURE • MICRONIZED Increases Body Muscle Mass Improves Strength & Power 300 g Item# 2648	 regenerlife COGNISAVE Memory Retention Formula All-In-One Packets All you need for memory longevity 30 convenient packets Item# 2184	 regenerlife SLEEP BETTER with Melatonin 10 mg 5 mg Quick Release 5 mg Timed Release with L-Theanine, 5-HTP & Botanicals 60 Tri-Tabs Item# 2121	 regenerlife SLEEP BETTER RELAX Ashwagandha 250 mg Melatonin 5 mg 2.5 mg Quick Release & 2.5 mg Slow Release 60 Tri-Tabs Item# 2247	
 regenerlife Resveratrol All-Natural Trans-Resveratrol 500 mg 60 Vegetarian Capsules Item# 2134	 regenerlife Rhodiola Stress Relief Mental Stamina 60 Vegcaps Item# 2161	 regenerlife TestoVitality with Organic Maca Extract Supports Libido & Energy 60 Vegetarian Capsules Item# 2162	 regenerlife MAGNESIUM L-Threonate Cognitive Support 90 Vegetarian Capsules Item# 2322	 regenerlife Liposomal Bioenergetic Vitamin C Ascorbate High Absorption 500 mg • 120 Softgels Item# 2113	 regenerlife Acetyl-L-Carnitine Helps Support Cognitive Function Free Form Amino Acid 500 mg • 90 Vegetarian Capsules Item# 2337	 regenerlife Made with Organic Ashwagandha Helps Increase Resistance to Stress & Anxiety 600 mg 90 Vegetarian Capsules Item# 2655	 regenerlife BeePowerful Physical & Mental Performance Siberian Ginseng, Bee Propolis & Green Tea 300 mg • 90 Capsules Item# 2376	 regenerlife L-TAURINE 1000 mg Supports Cardiovascular Function 120 Vegetarian Capsules Item# 2325	 regenerlife BERBERINE Clinical Strength Helps Support Blood Sugar and Cardiovascular Health 500 mg • 90 Liquid Softgels Item# 2132	 regenerlife HIGH ALPHA WHEY PROTEIN Optimum Energy MEAL REPLACEMENT Chocolate 940 g Item# 2364	regenerlife UniqueRelief IBS Butyric Acid 500 mg per packet Helps Relieve IBS Symptoms Abdominal Discomfort & Pain 30 packets (2 softgels per packet) Item# 2192



AOR Lysine, Vitamin C and HYALURONIC ACID

- from vegetable sources
- easy absorption
- reduces joint friction, prevents inflammation, supports cartilage and collagen synthesis and reduces osteoarthritic pain
- vitamin C & lysine support collagen formation and joint repair

60 Vegcaps Item# 7477

\$5 coupon will be applied



CANPREV NAC+ (N-Acetyl-L-Cysteine)

- defence against oxidative stress from over-exercise, pollutants and respiratory conditions
- 600mg of NAC with L-Glycine and selenium for enhanced cell protection against free radicals
- helps relieve symptoms of chronic bronchitis caused by oxidative stress

120 Vegcaps Item# 6760

\$3 coupon will be applied



PLATINUM EASY IRON with Folic Acid, B6, & B12

- makes absorption of iron easier and less likely to cause constipation
- contains a better-absorbed form of iron and better-utilized forms of B12 and folic acid
- vegetarian friendly
- easy-to-swallow

120 Softgels Item# 8287

\$3 coupon will be applied

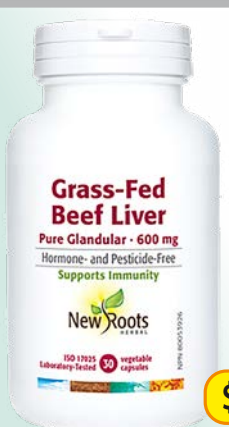


AOR VITAMIN C Non-GMO

- high dose, pure ascorbic acid
- can help relieve allergies
- a gentle laxative in high doses
- needed for adrenal hormone synthesis
- can benefit everyone, especially those with cardiovascular disease, allergies, a weak immune system or those who don't regularly eat citrus fruits or other foods rich in vitamin C

300 Vegcaps Item# 7636

\$5 coupon will be applied



NEW ROOTS HERBAL Grass-Fed BEEF LIVER

- excellent source of liver-specific nutrients including heme iron
- used for chronic hepatitis and liver disease
- improves fat storage and use, tissue regeneration & prevents liver damage
- from New Zealand grass-fed cattle

30 Vegcaps 90 Vegcaps 180 Caps
Item# 4281 Item# 4210 Item# 4298

\$2 coupon will be applied



GENUINE HEALTH GREENS+ Starved for energy?

- ten superfoods • three sea vegetables
- seven energizing herbs
- keto & paleo-friendly
- three chlorophyll-rich grasses
- eleven energy-enhancing vitamins, minerals, amino acids • non-GMO

240 Caps Item# 6070

\$5 coupon will be applied