

Click on item number to go to product online.

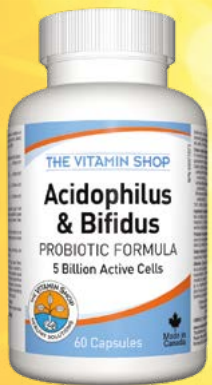


CanadianVitaminShop.com™, the online division of  
**THE VITAMIN SHOP®**  
 Healthy Solutions Since 1984!

1212 Broad St.  
 (between Yates St.  
 and The Bay Centre),  
 Victoria, BC, V8W 2A5  
 Phone 250-386-1212

Prices in effect:  
 April 4-27, 2025

**COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS**



**THE VITAMIN SHOP®**

**ACIDOPHILUS & BIFIDUS**  
 5 Billion Active Cells

- three strains of probiotics to support normal intestinal health
- rhamnosus, acidophilus, and bifidum
- can hold at bay pathogenic bacteria, viruses & yeast
- can prevent antibiotic-induced diarrhea
- promotes regular bowel movements
- can help reduce cholesterol

60 Caps  
**\$4.48**

Item#86634



**NATURAL FACTORS**  
**Micronized L-GLUTAMINE**

- 5g per serving (60 servings per container)
- micronized for easier absorption
- essential for recovery after strenuous exercise or critical illness
- no taste
- mixes easily in water

450 g  
**\$24.98**

Item#2691



**ESTER-C 1000mg**

- enters the body 2-6 times faster and is retained four times longer than regular vitamin C
- clinically tested
- combined with citrus bioflavonoids
- a powerful, easy to assimilate antioxidant
- can help reduce allergic responses and enhance secretion of insulin, benefiting those with diabetes



120 Tabs 210 Tabs  
 Item#1554 Item#3524

**\$3 coupon will be applied**



**100% Pure CREATINE**  
 Unflavoured

- helps produce the key muscle fuel ATP
- creatine is manufactured in the body from L-arginine, glycine and L-methionine
- we deplete ATP from hard exercise and become fatigued
- half of stored creatine in the body comes from food (mainly meat)



300 g 1000 g  
**\$17.98 \$45.98**  
 Item#4307 Item#4317



**MAGNESIUM**  
**Bisglycinate**

- gentle on the system
- supports bones, teeth, metabolism & muscle including heart
- each serving provides 200mg of this critical mineral
- easier absorption



300 Vegcaps Item#2402

**\$5 coupon will be applied**



**ASHWAGANDHA**

- a well-known medicinal herb with powerful adaptogenic properties
- enhanced by black pepper extract containing piperine which increases the absorption of ashwagandha
- used as an adrenal and nervous system tonic, an adaptogen and immune modulator
- known in Ayurveda as a rejuvenation herb that promotes physical and mental well-being, revitalizes the body and extends longevity



**BONUS SIZE**  
 120+30 Vegcaps  
**\$35.48**  
 Item#6291

**CanadianVitaminShop.com™**

While quantities last.  
 We reserve the right to limit quantities.



**Free Delivery**  
 Mon-Fri with minimum \$79 order within radius.



**Shop By Phone**  
 250-386-1252  
 Fax: 250-386-1299



**Toll Free**  
 1-888-386-1211  
 Fax: 1-877-386-1211



**Free Shipping**  
 anywhere in Canada with minimum \$79 order.



**STORE HOURS: Mon-Fri: 9am-5:30pm • Saturday: 9:30am-5:30pm • Sunday: 11am-5pm**



Click on item number to go to product online.

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**NATURAL FACTORS**  
**C 500mg**

- chew them at the first sign of a scratchy throat, when everyone around you is sneezing or for a tasty afternoon pick-me-up
- delicious and naturally-flavoured
- synergistic combination of vitamin C and citrus bioflavonoids
- ideal for those who have difficulty swallowing pills.

180 Chews  
**\$17.48**

Blueberry: #1513 • Jungle Juice: #1515 • Peach: #1511  
Tangy Orange: #1517 • Mixed Fruit: #1519

**NATURAL FACTORS**  
**Total Body MULTI COLLAGEN**

- to reduce wrinkles within 28 days
- can reduce joint pain of osteoarthritis
- sustainably sourced from pasture-raised, grass-fed cattle
- clinically studied for effectiveness
- great for keto and paleo

267 g Item#4718

**\$4 coupon will be applied**

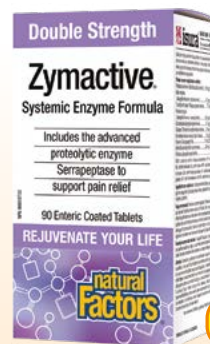


**NATURAL FACTORS**  
**BERBERINE LipoMicel 500mg**

- clinically effective dose
- supports healthy blood sugar and lipid metabolism
- a naturally occurring alkaloid found in barberry and other medicinal plants
- highly stable delivery system

120 Softgels Item#2335

**\$5 coupon will be applied**



**NATURAL FACTORS**  
**ZYMACTIVE Double Strength**

- systemic enzyme formula
- can help arthritis, digestive issues, sports injuries and immune support
- includes papain, bromelain and serrapeptase to offer a range of health-promoting benefits

90 Enteric Tabs Item#2355

**\$3 coupon will be applied**



**NATURAL FACTORS**  
**Extra Strength BIOTIN 10,000mcg**

- a therapeutic strength of this essential B vitamin
- vital part of a healthy metabolism
- helps create important enzymes
- increases the health of hair, skin, and nails

60 Vegcaps  
**\$7.98** Item#1994



**NATURAL FACTORS**  
**SUPER COD LIVER OIL**

- 2500 IU of vitamin A with 400 IU vitamin D3 for optimal absorption and utilization
- helps maintain eye health, strong bones, teeth, skin and immune system
- helps reduce risk of deteriorary diseases

180 Softgels  
**\$15.98** Item#2250



**NATURAL FACTORS**  
**Super Strength GARLIC CONCENTRATE 500mg**

- to boost immunity, healthy cholesterol levels, circulation & blood pressure
- antimicrobial, antiviral & antifungal
- from the whole bulbs, gently processed & stored in cool temperatures away from light & air to preserve enzymes
- potent source of allicin & gamma-glutamylcysteines
- odour-controlled

180 Softgels  
**\$24.48** Item#6374



**NATURAL FACTORS**  
**BioCoenzymated Ultra Strength ACTIVE B COMPLEX**

- eight essential B vitamins in their biologically active forms
- higher strength than Natural Factors regular Active B Complex
- better coenzyme forms with BioPQQ
- suitable for vegetarians

60 Vegcaps Item#2050

**\$3 coupon will be applied**



**NATURAL FACTORS**  
**RegenerLife Liposomal Bioenergetic VITAMIN C**

- stomach-friendly
- with citrus bioflavonoids and liposomes to enhance absorption
- vitamin C is essential to maintain bones, skin, cartilage, teeth & gums

120 Softgels Item#2113

**\$3 coupon will be applied**

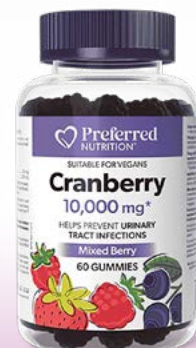


**PREFERRED NUTRITION**  
**APPLE CIDER VINEGAR**

- convenient, delicious, apple-flavoured vegan gummies
- a source of antioxidants that help protect from free radicals
- gelatin-free gummy contains 200mg of ACV
- fermented naturally

90 Gummies Item#5927

**\$2 coupon will be applied**



**PREFERRED NUTRITION**  
**CRANBERRY**

- provides equivalent of 10,000mg of fresh cranberry per day
- can help prevent urinary tract infections
- delicious, mixed-berry, vegan gummies
- it's cranberry juice without the high levels of sugar • gelatin-free

60 Gummies Item#5931

**\$2 coupon will be applied**



**PREFERRED NUTRITION**  
**MELATONIN Complex**

- fall asleep faster and stay asleep longer
- non-habit-forming sleep aid
- helps you feel relaxed and calm
- vegan-friendly, delicious, berry-flavoured gummies
- 5mg of melatonin per dose

90 Gummies Item#5925

**\$2 coupon will be applied**



**CANPREV**  
**MAGNESIUM + Gaba & Melatonin for Sleep**

- extra gentle magnesium
- with melatonin & GABA to help you relax, get better sleep
- magnesium is essential in over 350 enzymatic functions

120 Vegcaps Item#4998

**\$3 coupon will be applied**



**CANPREV**  
**SLEEP-RESET Melatonin**

- helps you fall asleep, lengthen sleep time and prevent jet lag
- contains melatonin, GABA, L-theanine, passionflower, lemon balm, skullcap and valerian extracts
- take at bedtime

90 Vegcaps Item#7138

**\$3 coupon will be applied**



**CANPREV**  
**SLEEP-RESTORE Ashwagandha**

- helps soothe stress and ease you into a better bedtime
- helps reduce over-excitement and counteract the effects of cortisol on your body, mind and sleep
- with calmatve herbs

90 Vegcaps Item#7139

**\$3 coupon will be applied**

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VICTORIA: Shop by Phone: 250-386-1252 (fax: 250-386-1299) • Free Delivery Mon-Fri with minimum \$79 order within radius. THE VITAMIN SHOP® 3



**SISU COOL B50**

- high potency B-complex
- non-flushing niacinamide to avoid tingling associated with niacin
- essential for energy & nervous system
- B vitamins must be replenished daily for good health, especially during times of stress

60 Vegcaps Item#3394 200 Vegcaps Item#5110

\$2 coupon will be applied



**SISU CRANBERRY ULTRA 400mg**

- one capsule daily provides protection against urinary tract infection
- anti-bacterial, anti-viral & anti-inflammatory
- each capsule contains the equivalent of 222 ml of a 30% cranberry juice, but without unnecessary extras such as sugar
- based on the latest scientific research

60 Vegcaps Item#5606

\$2 coupon will be applied



**SISU**

**NAC 600mg (N-acetyl-L-cysteine)**

- can protect against some heavy metals, herbicides & pollutants
- can reduce effects of chemotherapy
- naturally lowers levels of lipoprotein buildup & fights free-radical buildup
- can break up mucus

120 Vegcaps Item#3357

\$2 coupon will be applied



**PROGRESSIVE MULTIVITAMINS**

**for Active Women & Men**

- insurance against today's world of over-processed foods, poor dietary habits and higher levels of stress
- gender, activity, & age-specific formulas

Women 120 Vegcaps Men 120 Vegcaps

\$40.98 \$40.98

Item#6911 Item#6909



**ENEREX OSTEO CAL:MAG**

**Keep your bones strong!**

- highly absorbable chelated calcium and magnesium in a 1:1 ratio
- with boron, silicon, D3 & K2 to improve bone health & density
- base of raw organic kale to maximize mineral absorption & combat acidity

180 Tabs Item#1602

\$2 coupon will be applied



**PRAIRIE NATURALS**

**AQUA GREENS Spirulina & Chlorella**

- chlorella is packed with amino acids (including cysteine), peptides, proteins, vitamins, sugars and nucleic acids
- spirulina is 60% protein and can help with inflammation and remove toxins
- natural source of B12

180 Vegcaps 360 Vegcaps 200g Powder

\$26.48 \$51.48 \$39.48

Item#6550 Item#6742 Item#6074



**PURICA**

**IMMUNE 7**

**Immune Support**

- a potent immune formula containing six organic whole mushroom mycellia (nano-particles) and aqueous extracts
- for cold and flu prevention and therapy

360 Vegcaps Item#2623

\$5 coupon will be applied



**PURICA CURCUMIN BDM50**

- rapid relief of inflammation & joint pain
- 30% BDMC compared to the 1% found in regular curcumin extract
- stable, bioavailable and long-lasting
- inhibits both NF-kB & MSK1
- enhances detoxification, cholesterol, blood sugar, blood clots and brain function

60 Vegcaps Item#2723

\$5 coupon will be applied



**PRAIRIE NATURALS**

**CHLORELLA 500mg**

- all the essential amino acids and essential fats
- complex carbs, fibre, vitamins, minerals, antioxidants, carotenoids (especially lutein) and nucleic acids

180 Vegcaps Item#4662

\$22.98



**NOW**

**POTASSIUM CITRATE 99mg**

- an important mineral that balances acid-base and nerve conduction as well as transfer of nutrients through cell membranes
- to replace potassium processed out of food – supplementation may be necessary to ensure adequate intake
- provides superior absorption

180 Vegcaps

\$13.48

Item#2899



**SALUS FLORADIX Iron Tablets**

- iron is essential for hemoglobin formation and circulation of oxygen
- lack of iron can make one feel lethargic and tired
- women and vegetarians are more likely to suffer from low blood-iron

80 Tabs 120 Tabs

Item#4492 Item#2738

\$4 coupon will be applied



**HEALTHOLOGY**

**GO-LAX Bowel Formula**

- gentle, effective solution for occasional constipation
- hydrates and softens the stool, promotes peristalsis, soothes gut lining and improves the microbiome
- does not contain purgative herbs

60 Vegcaps 120 Vegcaps

Item#5012 Item#5010

\$3 coupon will be applied



**NUTRISTART**

**JOINTSTART Original**

- clinically proven to reduce joint pain and inflammation
- for those who've tried glucosamine or MSM and have not found significant pain relief
- for rheumatoid arthritis, osteoarthritis, tendonitis, bursitis and sports injuries

180 Vegcaps Item#6667

\$2 coupon will be applied



**BELL**

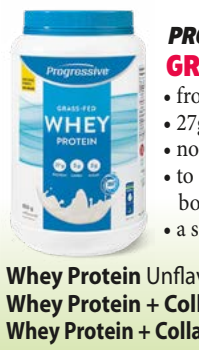
**#24 ALLERGY RELIEF**

- a balanced formula to ensure comfortable, allergy-free living from environmental, seasonal pollen & plant allergies, house dust, pets, food allergies and asthma
- helps to reduce hypersensitive immune reactions to allergens

30 Caps

\$25.68

Item#1967



**PROGRESSIVE**

**GRASS FED WHEY Protein**

- from gluten-free, grass-fed New Zealand whey
- 27g of protein per scoop and 2g of fat & sugar
- no artificial colors, flavors or sweeteners
- to support muscle growth repair of lean body tissue
- a source of essential amino acids

Whey Protein Unflavoured 850g #7226... \$45.78

Whey Protein + Collagen + MCT Vanilla 700g #7227... \$64.58

Whey Protein + Collagen + MCT Chocolate 700g #7228... \$64.58

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# WHOLE EARTH & SEA

**Raw Plant Nutrition:**

- these bio-enhanced, broad-spectrum phytonutrient supplements go far beyond any other product promoted as a whole food formula
- 100% organic, pesticide-free crops are fertilized with compost and nitrogen-rich sea plants
- harvested at peak and raw processed immediately
- processed below 48°C (118°F) – free of solvents & ethanol
- bio-activation chamber allows enzymes, probiotics and prebiotics to culture the ingredients

## \$2-0FF

**All Whole Earth & Sea products (excluding bars)**

<p>Fermented Whole Food Probiotic 60 vcaps #1227</p> <p>Women's Multivitamin &amp; Mineral 60 tabs #1229</p> <p>Women's 50+ Multivitamin &amp; Mineral 60 tabs #1230</p> <p>Men's Multivitamin &amp; Mineral 60 tabs #1235</p> <p>Men's 50+ Multivitamin &amp; Mineral 60 tabs #1238</p> <p>Bone Structure Multivitamin &amp; Mineral 60 tabs #1245</p> <p>Herring Gold Omega-3 1000mg 60 sgels #1247</p> <p>Women's Prenatal 60 tabs #1264</p> <p>Vegan Vitamin D3 90 vcaps #1266</p> <p>Sunflower Vitamin E 400iu 90 sgels #1271</p>	<p>Super Mushroom Blend 60 vcaps #1277</p> <p>Horseradish (Respiratory Relief) 60 tabs #1393</p> <p>Power UP Mixer Soothe Me 125g #2089</p> <p>Power UP Mixer Beets Me 188g #2091</p> <p>Power UP Mixer Boost Me 175g #2094</p> <p>Women's Multivitamin &amp; Mineral 120 tabs #2327</p> <p>Women's 50+ Multivitamin &amp; Mineral 120 tabs #2345</p> <p>Marine DHA Vegan Omega-3 30 sgels #2346</p> <p>Men's Multivitamin and Minerals 120 tabs #2409</p> <p>Men's 50+ Multivitamin and Minerals 120 tabs #2415</p>	<p>Deep Ocean Minerals 100ml #3056</p> <p>Protein &amp; Greens Tropical 660g #1340</p> <p>Protein &amp; Greens Chocolate 710g #1341</p> <p>Greens Tropical 405g #1343</p> <p>Greens Chocolate 438g #1346</p> <p>Greens Unflavoured 390g #1350</p> <p>Protein &amp; Greens Vanilla Chai 656g #1354</p> <p>Protein &amp; Greens Unflavoured 640g #1355</p>
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**AOR ZINC-COPPER BALANCE 17mg**

- zinc & copper are commonly deficient in western diets
- unbalanced zinc supplementation may lead to copper deficiency
- an excessive ratio of zinc to copper may have a negative impact on cardiovascular and skeletal health

100 Vegcaps Item#7683

**\$3 coupon will be applied**

**NEW ROOTS HERBAL PLANT STEROLS**

- these non-GMO source sterols help inhibit absorption of harmful low-density lipoproteins (LDL cholesterol)
- plant sterols can be used safely with other cholesterol lowering products for additional results

80 g Item#6112

**\$2 coupon will be applied**

**GENUINE HEALTH GREENS+ Extra Energy Natural Orange Flavour**

- healthy alternative to coffee or sugary energy drinks – with antioxidants
- a full serving will boost your energy level while calming and balancing your central nervous system

670 g Item#6180

**\$5 coupon will be applied**

**AOR NMN 600**

- nicotinamide mononucleotide is a NAD+ precursor that helps maintain NAD+ levels that break down as we age
- supports energy metabolism and tissue formation.
- helps improve low-resistance short-duration exercise (such as walking) in middle aged adults
- a source of vitamin B3

30 Caps Item#7921

**\$3 coupon will be applied**

**NEW ROOTS HERBAL EYESURANCE**

- two vision critical pigments: lutein and zeaxanthin
- helps protect the retina from harmful sunlight and blue light emitted by artificial lighting & electronic devices
- can help preserve eyesight from effects of macular degeneration & cataracts
- naturally sourced

60 Softgels Item#2318

**\$2 coupon will be applied**

**NAKA PRO BCAA**

- contains amino acids that are essential, cannot be synthesized by the body and must be acquired through the diet
- can prevent muscle soreness, allowing you to recover swiftly after intense workouts

**BONUS SIZE 60+30 Vegcaps \$14.88**

- 100% pure • vegan
- fermented
- assists in building lean muscles
- gluten free

Item#6321

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