Click on item number to go to product online.

CanadianVitaminShop.com™, the online division of

THE VITAMIN SHOP®

Healthy Solutions Since 1984!

1212 Broad St.
(between Yates St. and The Bay Centre),
Victoria, BC, V8W 2A5
Phone 250-386-1212

Prices in effect:
Nov. 6–29, 2026

COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS



natural Factors®

Echinamide ANTI-VIRAL

- clinically-proven Echinamide with well-researched herbs
- helps shorten duration and severity of cold and flu
- for sore, irritated throats
- antifungal
- antibacterial

60 Softgels Item#1320 | 120 Softgels Item#1329 | 100ml Liquid Item#1319

$2 COUPON WILL BE APPLIED

PREFERRED NUTRITION – dedicated to helping you reach your health potential.

Products that Adhere to the Highest Standards of Quality



$2 coupon applies to all Preferred Nutrition products.

$2 COUPON WILL BE APPLIED



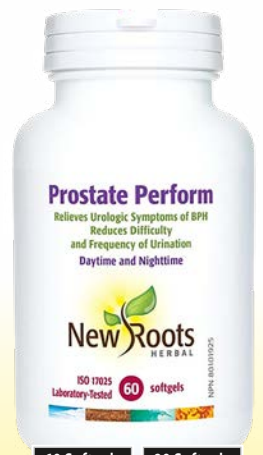
SiSU

Why take Ester-Cinstead of regular vitamin C?

- gentler on the stomach
- retained longer
- contains elemental calcium

600mg *120 vcaps* #5628
600mg *240 vcaps* #5652
1000mg *120 tablets* #1554
1000mg *210 tablets* #3524
Supreme 600mg *120 vcaps* #5625
Supreme 600mg *210 vcaps* #5627
500mg Orange *90 chews* #3358
500mg Orange *120 chews* #5659
250mg Wildberry *120 chews* #3396
Kids 250mg *120 chews* #3377

$3 COUPON WILL BE APPLIED



New Roots HERBAL

PROSTATE PERFORM

Certified Organic

- to help you deal with prostate concerns proactively
- easy to use
- helps relieve frequent urination particularly at night, inconsistent stream, the strain to urinate and prostate growth

60 Softgels Item#2309 | 90 Softgels Item#2303

$2 COUPON WILL BE APPLIED



platinum naturals®

Easy Multi SUPER 45+

Provides extra insurance that your body is getting all the vitamins and nutrients it needs for optimal health and immune system support.

- with grape seed extract and ginkgo biloba

Men 60 Softgels Item#8273 | Women 60 Softgels Item#8274
Men 120 Softgels Item#8283 | Women 120 Softgels Item#8282

$4 COUPON WILL BE APPLIED

prairienaturals®
LIVE THE HEALTHY LIFE

Rooted in Science. Built for Men.

Complete line of supplements for men.



$3 coupon applies to all Prairie Naturals products except bonus bottles.

$3 COUPON WILL BE APPLIED

CANADIANVITAMINSHOP.COM™

While quantities last. We reserve the right to limit quantities.

Free Delivery
Mon–Fri with minimum $89 order within radius.

Shop By Phone
250-386-1252
Fax: 250-386-1211

Toll Free
1-888-386-1211

Free Shipping
anywhere in Canada with minimum $89 order.

STORE HOURS: ***Mon–Fri:*** 9am–5:30pm • ***Saturday:*** 9:30am– 5:30pm • ***Sunday:*** 11am– 5pm



NATURAL FACTORS

Organic OIL OF OREGANO

- minimum 80% carvacrol
- from organic Mediterranean species
- extracted from hand-picked leaves using gentle steam distillation to ensure potency and purity
- enables ideal assimilation

30ml Item#2143
60ml Item#2123
60 Softgels Item#6375

$2 COUPON WILL BE APPLIED



NATURAL FACTORS

PEA400 (Palmitoylethanolamide)

- for chronic pain relief
- natural – made from fractionated non-GMO safflower seed oil
- micronized to improve absorption
- analgesic, neuroprotective and anti-neuroinflammatory properties

90 Vegcaps Item#1256

$2 COUPON WILL BE APPLIED



NATURAL FACTORS

LipoMicel Matrix OMEGA-3

- enhanced fish oil with omega-3 fatty acids EPA & DHA
- supports cardiovascular, cognitive and brain function
- LipoMicel formulation results in a highly stable delivery system

60 Softgels Item#2306
120 Softgels Item#2330

$2 COUPON WILL BE APPLIED



NATURAL FACTORS

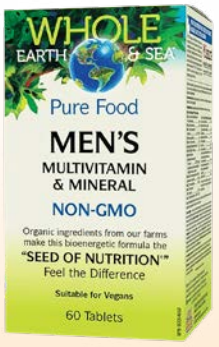
Stress-Relax PEACEFUL ZZZ

Improve Sleep & Reduce Cortisol

- non-melatonin sleep and stress formula that mimics melatonin's action and helps reduce cortisol, a biomarker of stress
- features Maizinol, a standardized, non-GMO corn-leaf extract

60 Vegcaps Item#5183

$2 COUPON WILL BE APPLIED



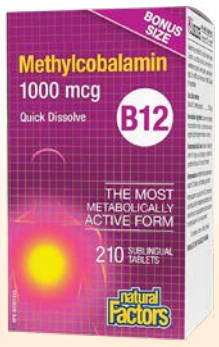
WHOLE EARTH & SEA

MEN'S MULTIVITAMIN & Mineral

This bioenergetic formula contains optimum levels of over 20 vitamins and minerals, along with a wide array of enzymes, antioxidants and polyphenols from Farm Fresh Factors. Sustainably and whole food sourced. No gluten or GMOs.

60 Tabs Item#1235
120 Tabs Item#2409

$2 COUPON WILL BE APPLIED



NATURAL FACTORS

Methylcobalamin B12 1000mcg

Quick Dissolve

- most bioactive form of B12
- better absorbed than cyanocobalamin B12
- helps form red blood cells
- helps the body metabolize nutrients

BONUS SIZE 180+30 Sub. Item#6435

$2 COUPON WILL BE APPLIED



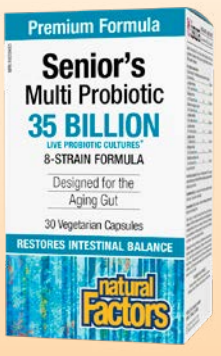
NATURAL FACTORS

VITAMIN K2 100mcg

- K2 as MK-7, an advanced, fat-soluble form
- only MK-7 offers 24-hour protection in a single daily dose. Other subtypes, such as MK-4, only last four to six hours and are required in much larger dosages
- protects heart and bones

BONUS SIZE 150+30 Vegcaps Item#2195
BONUS SIZE 300+60 Vegcaps Item#2082

$2 COUPON WILL BE APPLIED



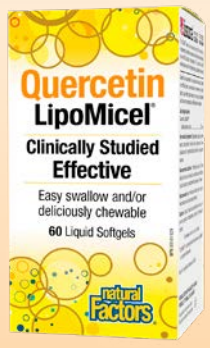
NATURAL FACTORS

SENIOR'S MULTI PROBIOTIC 35 Billion

- 8 probiotic strains
- combats age-related reductions in immunity
- probiotics are safely delivered to the intestine unharmed by stomach acid
- can be consumed at any time, with or without meals

30 Vegcaps Item#2237

$2 COUPON WILL BE APPLIED



NATURAL FACTORS

QUERCETIN LipoMicel Matrix 250mg

- ten times higher absorption than standard forms of quercetin
- a bioflavonoid found in certain fruits, vegetables, herbs and grains
- can aid seasonal allergies

60 Softgels Item#2000
120 Softgels Item#2036

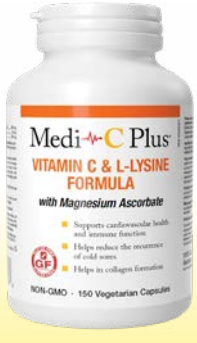
$2 COUPON WILL BE APPLIED

ULTIMATE BRAND SUPPLEMENTS FOR MEN

Carefully formulated to provide the ultimate in abundant energy, metabolism, health and longevity.



$2 COUPON WILL BE APPLIED



MEDI-C PLUS

Vitamin C & L-Lysine Formula with Magnesium Ascorbate

- vitamin C and lysine work together to build collagen, which strengthens and holds together the coronary cells where pressure is highest
- based on the work of Dr. Sydney Bush
- convenient capsule form

150 Vegcaps Item#6485

$2 COUPON WILL BE APPLIED



VEGIDAY All-In-One

BALANCED PLANT PROTEIN

- 25g of complete, organic vegan protein per serving
- gluten-free • soy-free
- easy-to-digest protein combined with organic superfoods and greens harvested from our farms

Unflavoured *460g* #2806
Chocolate *470g* #2805
Berry *475g* #2808
Vanilla *475g* #2809

2 FOR 1 PRICE
2 Products
$36.98



CANPREV

MAGNESIUM BIS-GLYCINATE

Extra Gentle 140mg

- the preferred form of magnesium
- superior absorption • gentle on the bowels
- recommended for sensitive digestion, IBS or weak stomach acid
- for bones, teeth, muscles and heart

120 Vegcaps Item#4732
240 Vegcaps Item#4733

$3 COUPON WILL BE APPLIED



CANPREV

MAGNESIUM BIS-GLYCINATE

Gentle 200mg

- the preferred form of magnesium
- superior absorption • gentle on the bowels
- each capsule provides pure elemental magnesium

120 Vegcaps Item#6897
240 Vegcaps Item#7134
120g Powder Item#7131

$3 COUPON WILL BE APPLIED



CANPREV

ELECTROMAG

Magnesium Bisglycinate Effervescent Drink Mix

- 150mg of highly-absorbable magnesium and 375mg of vitamin C per serving
- for maintenance of health, wound healing, muscles, bones, cartilage, teeth
- Electric Lime flavour sweetened with Xylitol

30 Packets Item#7133

$3 COUPON WILL BE APPLIED



A. VOGEL GOODNIGHT!

To support your full sleep cycle

- fall asleep easily
- increase sleep duration
- wake-up refreshed
- non-habit forming • vegan
- made with organic lactuca sativa, lemon balm, L-tryptophan and magnesium

14 x 2g Sachets
$21.78
Item#9880



PVL

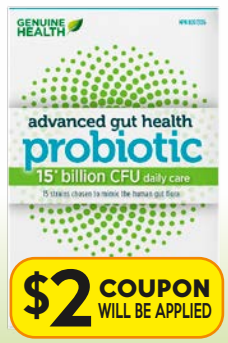
100% Creapure

CREATINE Unflavoured.

Creatine helps the body produce a key muscle fuel, ATP. When we exercise hard, we deplete our ATP, and as a result become fatigued. Creatine helps the body to accelerate the rate at which ATP is replaced or resynthesized.

410 g
Item#4320

$4 COUPON WILL BE APPLIED



$2 COUPON WILL BE APPLIED

GENUINE HEALTH

Advanced Gut Health

PROBIOTIC

- delayed-release capsule with fermented prebiotic ensures probiotics survive stomach acid
- no need to refrigerate

15 Billion 30 vcaps: #3662
15 Bil. 60 vcaps: #3668
50 Bil. 30 vcaps: #3680
50 Bil. 60 vcaps: #4301
50 Bil. Women's UTI 30 vcaps: #3684
50 Bil. Women's Daily 30 vcaps: #3692



MARTIN & PLEASANCE

KI Cold & Flu Day/Night Formula

- can help relieve symptoms and reduce the severity of cold and flu
- can help reduce fever, relieve sore throat, runny nose, cough and headache
- multi-herb formulation
- with lemon balm to aid with sleep

30 Tabs
$18.68
Item#1939



NUTRISTART NATURALLY

QUICK D Liquid Vitamin D

- naturally derived, biologically active vitamin D3
- known as the Sunshine Vitamin that helps prevent winter blahs and protect against various diseases

Quick D 1000iu *30ml* #6605
Quick D 1000iu *55ml* #6770
Quick D 1000iu *100ml* #6612
Quick D 2500iu *55ml* #6802

$2 COUPON WILL BE APPLIED

RENEWLIFE PROBIOTICS

Great health starts with gut health.

20% OFF



SALUS

Setting the Standard for Herbal Tonics

20%* OFF



* Excludes duopacks



NATRA

HAIRLUX NEW!

for healthy hair, skin and nails

- combines plant extracts, amino acids, vitamins, and minerals to promote healthy growth, help mitigate hair loss, protect against oxidative stress, and support immune and thyroid function

60 Vegcaps
Item#7868

$2 COUPON WILL BE APPLIED

GREEN BEAVER BODY CARE PRODUCTS

Safe, effective personal care products that are suitable for everyone in the family and better for our planet.

Naturally canadian.

10% OFF





SISU

ONLY MINERALS

Iron Free

- minerals are essential for enzyme activity, use of vitamins, energy production, bone composition, blood production, growth & healing
- easy-to-swallow capsule designed to ensure optimum health

120 Vegcaps
Item#3393

$3 COUPON WILL BE APPLIED



SISU

VITAMIN E 400 IU

- a more dosage-specific form of Vitamin E
- pure, natural d-Alpha Tocopherol form for longer shelf-life
- powerful antioxidant that can help prevent degenerative conditions while promoting healthy nerves & muscles

180 Softgels
Item#5717

$3 COUPON WILL BE APPLIED



GENESTRA

HMF FORTE

- human sourced probiotics
- to restore gastrointestinal health in adults and children
- stress, medication, processed foods, and contaminants may degrade intestinal flora

60 Vegcaps
Item#2531

120 Vegcaps
Item#2523

$4 COUPON WILL BE APPLIED



NATURE'S WAY

CALCIUM & MAGNESIUM CITRATE 2:1

with Vitamin K2 & Collagen

- 2:1 Ca/Mg ratio • great tasting
- convenient alternative to tablets or capsules
- pre-acidified for easier absorption
- phosphorus-free

Blueberry *500ml* #5853
Strawberry *500ml* #5855
Orange *500ml* #5854
Blueberry without K2 *500ml* #4719

$2 COUPON WILL BE APPLIED



VIVA HEALTH

NIACERA Lift Cream

- helps reduce fine lines
- formulated with NMN
- supports smoother, more even-looking skin
- with niacinamide and pro-vitamin B5 for lasting hydration
- make your skin softer, more nourished and deeply hydrated

30 ml
Item#7186

$5 COUPON WILL BE APPLIED



VIVA HEALTH

NIABOOST Radiance Serum

- delivers deep hydration to help revitalize and soothe skin
- skin feels soft, supple, and fully hydrated
- formulated with NMN and niacinamide
- ideal for daily use • plant-based

15 ml
Item#7188

$5 COUPON WILL BE APPLIED

regenerlife™

Supplements to support healthy aging and whole-body rejuvenation by optimizing mitochondrial function.

$2 COUPON WILL BE APPLIED TO ALL REGENERLIFE PRODUCTS



Acetyl-L-Carnitine *120 vcaps* #2337
Ashwagandha *90 vcaps* #2655
Bee Powerful *90 caps* #2376
Berberine *90 softgels* #2132
Brain Revive *30 pkts* #2112
CogniSave *30 pkts* #2184
Creatine *300g* #2648
Creatine *600g* #2476
Liposomal Vitamin C *120 softgels* #2113
Liver Restore *30 pkts* #1934
Longevity *30 pkts* #2100
L-Taurine *120 vcaps* #2325
Magnesium L-Threonate *90 vcaps* #2322
Mitochondrial Energy *81g* #2076
Mitochondrial Energy *162g* #2153
NMN Surge 150mg *60 vcaps* #2108
NMN Surge 150mg *120 vcaps* #2138
NMN Surge 500mg *30 vcaps* #2115
Omega-3 *90 softgels* # 2125
Omega-3 *150 softgels* #2129
Resveratrol *60 vcaps* #2134
Rhodiola *60 vcaps* #2161
Sleep Better *60 tritabs* #2121
Sleep Better Relax *60 tritabs* #2247
TestVitality *60 vcaps* #2162
Unique Relief IBS *30 pkts* #2192
Whey Protein Chocolate *940g* #2364
Whey Protein Vanilla *885g* #2328



AOR
ZINC-COPPER BALANCE 17mg
- zinc & copper are commonly deficient in western diets
- unbalanced zinc supplementation may lead to copper deficiency
- an excessive ratio of zinc to copper may have a negative impact on cardiovascular and skeletal health

100 Vegcaps
Item#7683

$5 COUPON WILL BE APPLIED



AOR
NAC N-Acetyl-L-Cysteine 500mg
- a more efficient, bioavailable form of cysteine
- a precursor for glutathione
- helps heart health, immunity and detoxification
- helps reduce viscosity of mucus to help people with bronchitis, asthma, pneumonia and cystic fibrosis

120 Vegcaps
Item#7832
240 Vegcaps
Item#7807

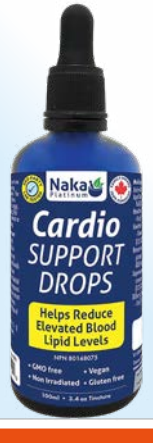
$5 COUPON WILL BE APPLIED



FLORA
FLOR-ESSENCE
Herbal Tea Blend
- to cleanse, stimulate and strengthen the whole body
- no adverse side-effects
- helps flush accumulated toxins and promote cellular renewal

500ml Liquid
Item#4445
941ml Liquid
Item#4407
DRY: 63g
Item#4445.5

$2 COUPON WILL BE APPLIED



NAKA
CARDIO Support Drops
- designed to support cardiovascular health and help reduce elevated blood lipid levels
- allium sativum can relieve symptoms associated with upper respiratory tract infections and nasal congestion
- liquid herbal formula

100 ml
$23.98
Item#5613

NEW!



NAKA PLATINUM
NATTO 4000 Pure Nattokinase
- nattokinase is a powerful enzyme to help support a healthy cardiovascular system
- derived from fermented soybeans
- clean, veggie-friendly formula
- a trusted Canadian daily supplement

60 DR Vegcaps
$33.98
Item#5390

NEW!



PURICA
Plant Isolate
PROTEIN
- potent blend of fermented pea and sprouted brown rice protein
- fortified with seven full-spectrum mushrooms, ashwagandha and a protein-digesting enzyme blend
- much more than your average protein powder!

$3 COUPON WILL BE APPLIED

Vanilla *630g* #4227
Chocolate *630g* #4229
Natural *630g* #4230