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Advisors on Staff

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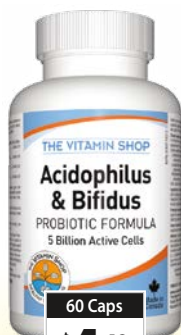
# THE CanadianVitaminShop.com™, the online division of VITAMIN SHOP® Healthy Solutions Since 1984!

1212 Broad St.  
(between Yates St.  
and The Bay Centre),  
Victoria, BC, V8W 2A5  
Phone 250-386-1212

Prices in effect:  
Sept. 5–28, 2025

**COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS**

## THE VITAMIN SHOP



60 Caps  
**\$4.48**

Item#86634

- promotes regular bowel movements



75 Caps  
**\$4.48**

Item#86643

- pH neutral
- highly bioavailable
- lasts longer



60 Softgels  
**\$4.48**

Item#86346

- supports cognitive health & brain function



### NATURAL FACTORS LUNG, BRONCHIAL & SINUS HEALTH

Emphysema? Asthma?  
Pneumonia? Allergies?

- all-natural expectorant
- helps relieve chest congestion and dry, irritating coughs
- helps oxygen saturation in lungs
- synergistic with NAC and bromelain

90 Tabs  
**\$21.98**

Item#1328



### NAKA MAGNESIUM BISGLYCINATE 200mg

- faster, better-absorbed, more-usable magnesium for your body's needs
- magnesium is used in many body functions including muscles, bones and teeth
- 200mg of elemental magnesium from magnesium bisglycinate and magnesium oxide

**BONUS SIZE**  
200+60 Vcaps  
**\$25.68**

Item#6273



### PREFERRED NUTRITION COLLAGEN

- high-quality, grass-fed, pasture-raised bovine collagen peptides
- each daily scoop provides 10g of absorbable, hydrolyzed collagen and 9g of protein
- flavourless, odourless powder that mixes easily into hot and cold beverages
- actively supports beautiful skin from the inside out

500 g

Item#2401

1 kg

Item#2418

**\$5 coupon will be applied**



### PURICA RECOVERY

- helps healing and halts damage
- modulates inflammation and spasm
- with hyaluronic acid

360 Vegcaps

#2739

350 g

#2619

**\$5 coupon will be applied**

### PURICA PET RECOVERY Extra Strength

- proven anti-inflammatories, amino acids and vitamins

120 Chews

#2621

350 g

#2575



### SISU ESTER-C SUPREME 600mg Citrus Free

- for those who suffer from allergies and desire the immune-boosting qualities of patented Ester-C
- citrus-free
- with polysaccharides and bioflavonoids to fight invading organisms
- maximum bio-availability and absorption

210 Vegcaps

Item#5627

**\$4 coupon will be applied**

# CanadianVitaminShop.com™

While quantities last.  
We reserve the right  
to limit quantities.



**Free Delivery**  
Mon–Fri with  
minimum \$79 order  
within radius.



**Shop By Phone**  
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Fax: 250-386-1299



**Toll Free**  
1-888-386-1211  
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Click on item number to go to product online.

2 THE VITAMIN SHOP® OUT OF TOWN: Call Toll Free: 1-888-386-1211 (fax: 1-877-386-1211) • Free Shipping anywhere in Canada with minimum \$79 order.



### NATURAL FACTORS

#### COENZYME Q10 100mg

- ensure your body receives and maintains optimal levels of this spark plug for all human cells
- coenzyme Q10 'ignites' the oxygen in the cell, turning it into energy
- the heart requires this nutrient to perform its workload

**DUO PACK**  
120+120 Softgels  
**\$41.98**

Item#2148



### NATURAL FACTORS

#### 5-HTP 100mg Time Release

- designed to improve mood and sleep
- helps increase levels of serotonin, the brain chemical involved with keeping you relaxed & calm
- adequate serotonin levels help improve sleep and can reduce cravings for carbohydrates

**DUO PACK**  
120+120 Caps  
**\$39.68**

Item#2702



### NATURAL FACTORS

#### ASTAXANTHIN 6mg

- 100% natural form from microalgae
- a fat-soluble carotenoid pigment with high antioxidant ability
- convenient, one-per-day softgel with a higher potency of astaxanthin than previous carotenoid formulas
- non-GMO
- in a base of flax oil for easy absorption

**DUO PACK**  
60+60 Softgels  
**\$35.48**

Item#2701



### NATURAL FACTORS

#### HI POTENCY B Complex 50mg

#### For Optimal Absorption of B Vitamins

- they're needed to metabolize carbohydrates, proteins & fats
- supports formation of tissue, red blood cells & liver
- B's may be depleted by alcohol, poor or restrictive diets, certain medications and stress

**BONUS SIZE**  
180+30 Caps  
**\$23.98**

Item#2008



### NATURAL FACTORS

#### THERACURMIN

- more bioavailable than regular curcumin
- unlocks medicinal power of curcumin
- ensures a therapeutically effective level
- can reduce inflammation, provide antioxidant protection and reduce risk factors for chronic degenerative diseases

**Double Strength**  
120 Vegcaps  
Item#2118

**\$3 coupon will be applied**



### NATURAL FACTORS

#### UBIQUINOL Active CoQ10 100mg

- superior bioavailability when compared to standard ubiquinone
- enhances blood levels of CoQ10
- to support heart, increase energy, provide antioxidant protection and maintain health as we age

**120 Softgels** Item#5748

**\$2 coupon will be applied**



### NATURAL FACTORS

#### SeaRich OMEGA-3

- 750mg EPA and 500mg DHA per teaspoon
- high bioavailability • no fishy repeat or odour
- delicious taste • sustainably sourced
- certified by ISURA and IFOS

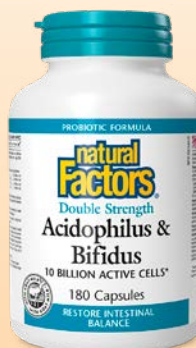
Lemon Meringue 200ml #4950

Lemon Meringue 500ml #4953

Lemon Meringue 200ml w/D3 #4954

Coconut Lime 200ml #4951

**\$2 coupon will be applied**



### NATURAL FACTORS

#### ACIDOPHILUS & BIFIDUS Double Strength

- for those experiencing digestive disorders, travelling in foreign countries or those finishing a course of antibiotics
- over 10 billion active acidophilus and bifidus cells per serving
- promotes a healthy digestive tract
- goat milk base

**180 Caps**  
**\$23.98**  
Item#2116

**\$3 coupon will be applied**



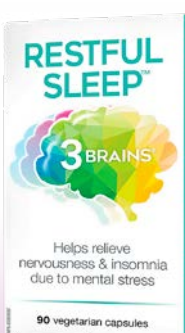
### NATURAL FACTORS

#### ACTIVATED CHARCOAL 250mg Relieves Excess Gas & Bloating

- take after meals to relieve bloating, pressure, pain, fullness and stuffed feeling due to gas
- passes through the gastrointestinal tract undigested
- softgel casing for easier swallowing

**90 Softgels** Item#2222

**\$3 coupon will be applied**



### 3 BRAINS

#### RESTFUL SLEEP

- helps relieve insomnia, nervousness & restlessness caused by mental stress
- enhances cognitive health
- acts as a natural, non-habit-forming mild sleep aid
- analgesic action

**90 Vegcaps** Item#2975

**\$2 coupon will be applied**



### PREFERRED NUTRITION

#### BERBERINE 500mg

- helps maintain healthy glucose metabolism & cardiovascular health
- clinical studies show berberine supports weight management by lowering blood sugar and minimizing production of insulin, the fat-storing hormone

**120 Vegcaps** Item#5891

**240 Vegcaps** Item#5903

**\$5 coupon will be applied**



### BIOSIL

- the most bio-available silicon
- for beautiful skin, hair & nails, healthy bones & joints
- silica is a widespread mineral element with therapeutic qualities that have been known for thousands of years and widely used in traditional medicines

**90 Vegcaps** Item#2461

**120 Vegcaps** Item#2466

**\$2 coupon will be applied**



### SISU

#### SUPREME MULTIVITAMIN 50+

- multivitamin, CoQ10 & vit. D in one cap
- for men and women over 50 looking to function at an optimal level
- trace minerals plus higher levels of B12, vitamin D, magnesium, zinc & vanadium
- lutein for eye health

**120 Vegcaps** Item#5632

**\$3 coupon will be applied**



### SISU

#### ZINC CITRATE 30mg 30mg Zinc Citrate

- for overall immune support, general health, healthy hair, skin & nails and prostate maintenance

**90 Vegcaps** Item#4720

**\$2 coupon will be applied**



### ST FRANCIS

#### ALLERGY RELIEF

- helps relieve allergies and maintain a healthy immune system
- non-drowsy natural

- relief for itchy eyes, sneezing, congestion & other symptoms of hay fever or allergy

**DUO PACK**  
50ml+30ml  
**\$33.48**

Item#3947

CanadianVitaminShop.com™



### NUTRISTART QUICK LIQUIDS

Combining the Best of Nature and Science

Natural Solutions to Your Health Challenges



Quick K2 30ml #6693 \$20.68  
Quick K2 50ml #6694 \$24.68  
Quick K & D 50ml #6695 \$30.28  
Quick D 1000iu 30ml #6605 \$19.78  
Quick D 1000iu 55ml #6770 \$29.18  
Quick D 1000iu 100ml #6612 \$35.88  
Quick D 2500iu 55ml #6802 \$33.28  
Quick B12 50ml #6657 \$15.18  
Quick B12 100ml #6658 \$23.38

### PLATINUM

#### EasyCal BONE BUILDER

- delivers more calcium to your bones and teeth by adding cofactors magnesium, zinc, boron, essential fatty acids and vitamins C, D3, K and E
- particularly effective for seniors and those whose diets are low in calcium



240 Softgels Item#8281

\$3 coupon will be applied

### NATURE'S WAY NutraSea HP OMEGA-3 Extra Strength

- 3:1 EPA/DHA ratio is based on the most current medical research
- can suppress inflammation and reduce muscle and joint pain
- exceeds CRN pharmaceutical quality and purity standards
- certified by Pure Check



60 Softgels Item#2961  
240 Softgels Item#2943  
500 ml Item#2901

\$3 coupon will be applied

### NAKA

#### NUTRI NAC 600mg

- a free form amino acid that is a powerful antioxidant, detoxifier and natural strengthener of the immune system
- helps reduce severity & frequency of influenza-like symptoms
- fights chronic bronchitis, asthma and cystic fibrosis by breaking up mucus and facilitating its elimination



BONUS SIZE  
240+60 Vcaps  
\$42.98  
Item#6283

### ENER-LIFE

#### ENER-C Sugar-Free

- effervescent multivitamin drink mix in convenient dose packets
- 1000mg of vitamin C plus essential vitamins and minerals
- electrolytes and much more!



30 Packets  
\$16.48

Orange #3193  
Lemon Ginger #3199  
Passionfruit #3198  
Mixed Berry #3196

### JOY OF THE MOUNTAINS

#### OIL OF OREGANO

- fights bacterial, fungal, viral and parasitic invasions naturally
- natural pain reliever
- use internally, topically, or as an inhalant for sinus and bronchial problems



90 Vcaps Item#1927  
30 ml Item#1917

\$4 coupon will be applied



### A VOGEL

#### ECHINAFORCE Sore Throat Spray

- one of the most popular herbal medicines in North America
- antiviral and antibiotic activity
- for sore throat, strep throat, tonsillitis, bronchial infection, and eye, ear and sinus infection

DUO PACK  
30ml+30ml  
\$23.98  
Item#7311

### CANPREV

#### MAGNESIUM CITRATE+

- easily absorbed form of magnesium
- replenishes magnesium levels
- can resolve constipation
- enhanced with magnesium malate to increase bioavailability
- 150mg of magnesium per capsule



120 Vcaps Item#7996

\$3 coupon will be applied

### PROGRESSIVE

#### MULTI 50+

Nutritional insurance in a world of over-processed foods and high stress

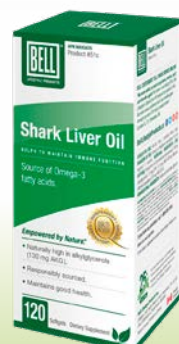
**Women 50+:** iron-free, higher in calcium and magnesium to improve health in the menopausal years and beyond

**Men 50+:** iron-free and higher in zinc



Women 50+  
120 Vcaps \$41.48  
Item#6907

Men 50+  
120 Vcaps \$41.48  
Item#6905



### BELL

#### #51C SHARK LIVER OIL

- has a high content of 25%-27% AKG (Alkylglycerol) with high squalene and omega-3 fatty acids, which are important to make it work well
- helps inflammation type illnesses like allergies, asthma, arthritis pain (in combination with Bell shark cartilage), inflammation in the arteries, colds, flus

120 Softgels  
\$31.48  
Item#1975

### CANPREV

#### HEALTHY LUNGS

- antioxidants for people under oxidative stress caused by environmental pollution, smoking or heavy exercise
- N-acetyl-cysteine relieves symptoms of chronic bronchitis caused by oxidative stress



90 Vcaps Item#4706

\$3 coupon will be applied

### PROGRESSIVE

#### Grass Fed WHEY+COLLAGEN & MCT

- easy-to-digest whey protein concentrate and isolate powder • ultra clean protein
- from grass fed New Zealand cattle
- essential amino acids from whey maintain health, proper muscle function and tissue formulation
- with hydrolyzed collagen from grass fed cattle plus MCT oil powder



700 g  
\$69.98

Vanilla #7227  
Chocolate #7228

### PROVITA

#### BERBERINE TPGS

- more bioavailable
- delayed-release capsules minimize impact of stomach acid
- can be therapeutic in metabolic syndrome characterized by high blood sugar and A1c levels



BONUS SIZE  
60+20 V caps  
Item#7843

\$3 coupon will be applied

### SIERRASIL

#### JOINT FORMULA 14

- a blend of naturally occurring minerals that help relieve joint aches & stiffness by way of anti-inflammatory and detoxifying action
- researched for safety & efficacy guaranteed results in 14 days or less



180 Caps  
\$50.98  
Item#9704

### FLORA

#### IMMEDIATE RELIEF ENZYMES

- especially suited to support starch digestion
- great for people with dairy intolerance or difficulty digesting beans and other legumes
- ideal for vegans



120 Vcaps Item#1806

\$2 coupon will be applied



Click on item number to go to product online.

4 THE VITAMIN SHOP® OUT OF TOWN: Call Toll Free: 1-888-386-1211 (fax: 1-877-386-1211) • Free Shipping anywhere in Canada with minimum \$79 order.

Stress-Relax: fast-acting products to help you cope with occasional stress and experience healthy sleep.

**60 Vegcaps** Item# 2044

**60 Vegcaps** Item# 5183

**600mg** 30 Vegcaps Item# 2256  
**600mg** 60 Vegcaps Item# 2213

**100mg** 120 Chews Item# 2371  
**100mg** 90 Vegcaps Item# 2299  
**100mg** 60 Chews Item# 2298  
**250mg** 60 Vegcaps Item# 2301

**300mg** 250g Powder Item# 2555  
Tropical Fruit: #2555  
Berry: #5187

**28mg** 30 Vegcaps Item# 2245  
**28mg** 60 Vegcaps Item# 2353

**250mg** 60 Vegcaps Item# 8868

**60 Chews** Item# 5180  
**Regular** 120 Chews Item# 5203  
**Extra Strength** 60 Tabs Item# 2127  
**Regular** 90 Softgels Item# 2053

**125mg** 60 Vegcaps Item# 1991  
**100mg** 60 Chews Item# 5181  
**100mg** 120 Chews Item# 8756

**60 Vegcaps** Item# 5182  
**120 Vegcaps** Item# 8757

**90 Vegcaps** Item# 2374  
**120 g** Item# 4719

**60 Vegcaps** Item# 8756

**\$2.00 OFF** these products

**180 Gummies** Item# 5958

**180 Gummies** Item# 5957

**180 Gummies** Item# 5963

**180 Gummies** Item# 5959

• vegan-friendly  
• gelatin-free • non-GMO

**\$3 coupon will be applied**

**BONUS SIZE +33%**  
**Vitamin E<sup>8</sup>**  
**400 IU - Antioxidant**  
All 8 Forms of Vitamin E  
4 Tocopherols + 4 Tocotrienols  
Non-GMO

**BONUS SIZE**  
**60+20 Softgels** Item# 4038

**NEW ROOTS HERBAL  
VITAMIN E8 400iu**

- has all eight active forms of vitamin E
- four mixed tocopherols and four mixed tocotrienols
- with squalenes for skin health and phytosterols to treat cholesterol
- non-GMO

**\$2 coupon will be applied**

**AOR**  
**Advanced B Complex**  
602mg

**180 Vegcaps** Item# 7548

**AOR  
ADVANCED B COMPLEX  
602mg**

- designed to provide the most advanced forms of B vitamins in the most scientifically discerning ratios available
- helps metabolize carbohydrates, proteins & fats for energy & red blood cell formation

**\$5 coupon will be applied**

**CanPrev**  
**Green Tea**  
EGCG

**120 Vegcaps** Item# 7999

**CANPREV  
GREEN TEA**

- green tea has been consumed for thousands of years for its many health benefits
- packed with antioxidants like EGCG, which can prevent cellular deterioration from oxidative damage

**\$3 coupon will be applied**

**Prairie Naturals**  
**hair force**  
Promotes Healthy Hair & Skin  
Favorise la santé des cheveux et de la peau

**200 Softgels** Item# 9457

**PRAIRIE NATURALS  
HAIR FORCE**

- vitamins, amino acids & minerals to stimulate hair growth & create thicker, more manageable hair
- helps reverse brittle effects of harsh sunlight & exposure to colouring and perms

**\$5.48**

**AOR**  
**Bone Basics**

**360 Caps** Item# 7697

**AOR BONE BASICS  
Supports Bone Health**

- with MCHA, which retains the intact microcrystalline structure of whole bone
- derived from New Zealand pasture-fed, free-range livestock not subjected to routine antibiotics or rBGH
- guaranteed free of bovine spongiform encephalopathy

**\$5 coupon will be applied**

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