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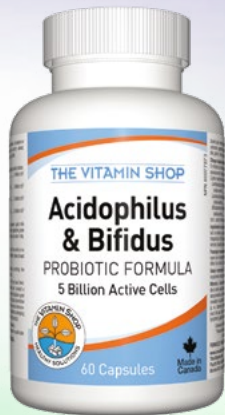


CanadianVitaminShop.com™, the online division of  
**THE VITAMIN SHOP®**  
 Healthy Solutions Since 1984!

1212 Broad St.  
 (between Yates St.  
 and The Bay Centre),  
 Victoria, BC, V8W 2A5  
 Phone 250-386-1212

Prices in effect:  
 April 5-28, 2024

**COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS**



THE VITAMIN SHOP®

**ACIDOPHILUS & BIFIDUS**  
 5 Billion Active Cells

- three strains of probiotics to assist normal intestinal health
- rhamnosus, acidophilus, and bifidum
- can hold at bay pathogenic bacteria, viruses & yeast
- can prevent antibiotic-induced diarrhea
- promotes regular bowel movements
- can help reduce cholesterol

60 Caps  
**\$4.48**

Item#86634



**NATURAL FACTORS**  
 RegenerLife  
**ACETYL-L-CARNITINE**

- helps reduce fatigue and support cognitive function in aging populations
- highly bioavailable form able to cross the blood-brain barrier

120 Vegcaps  
**\$16.48**

Item#2337



- plays a key role in one of the most important neurotransmitters involved in healthy brain function, physical performance, and fat metabolism



**HUBNER**  
**SILICEA** Liquid Gel



- provides 2.8g of silicic acid anhydride per 100ml
- quickly and easily absorbed
- for maintenance of skin, hair and nails
- use externally for wrinkles, acne and blemishes
- use internally to replenish collagen and encourage skin elasticity

500 ml  
**\$31.58**

Item#6102

Great health starts with gut health.



**\$2 OFF**  
 Renew life supplements



**ULTIMATE**  
**MALE ENERGY**

- helps increase testosterone, maintain prostate health and assist reduction of abdominal fat when combined with regular exercise
- restoring testosterone can boost memory, visual acuity, concentration, strengthen bones, lower insulin & maintain healthy cholesterol and blood sugar

**BONUS SIZE**  
 120+30 Vegcaps

Item#2388

**\$2 coupon will be applied**



**SISU**  
**CRANBERRY ULTRA 400mg**

- one capsule daily provides powerful protection against urinary tract infection
- cranberries are anti-bacterial, anti-viral and anti-inflammatory
- each capsule contains the equivalent of 222 ml of a 30% cranberry juice, but without any unnecessary extras, such as sugar
- based on the latest scientific research

60 Vegcaps  
 Item#5606

**\$2 coupon will be applied**



CanadianVitaminShop.com™

While quantities last. We reserve the right to limit quantities.



**Free Delivery**  
 Mon-Fri with minimum \$70 order within radius.



**Shop By Phone**  
 250-386-1252  
 Fax: 250-386-1299



**Toll Free**  
 1-888-386-1211  
 Fax: 1-877-386-1211



**Free Shipping**  
 anywhere in Canada with minimum \$79 order.



**STORE HOURS: Mon-Fri: 9am-5:30pm • Saturday: 9:30am-5:30pm • Sunday: 11am-5pm**



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**NATURAL FACTORS**

**PYCNOGENOL 100mg**

- strengthens cell membranes
- helps improve skin elasticity
- supports blood vessels, lung tissue, and intestinal membranes
- potent scavenger of free radicals
- natural anti-inflammatory
- helps generate collagen and hyaluronic acid to repair membranes

30 Vegcaps  
**\$39.68**  
 Item# 2109

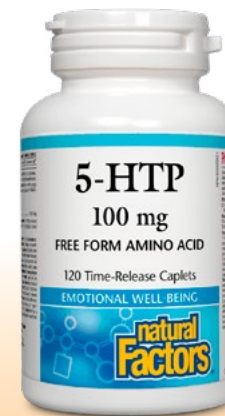


**NATURAL FACTORS**

**GABA 100mg**

- use when you're stressed or overwhelmed
- can improve sleep quality
- natural calming and anti-epileptic agent in the brain
- one of the brain's most important regulators of neurotransmission
- can counteract the effects of caffeine

60 Chews    90 Vegcaps  
**\$18.98**    **\$24.98**  
 Item# 2298    Item# 2299



**NATURAL FACTORS**

**5-HTP 100mg Time Release**

- designed to improve mood and sleep
- helps increase levels of serotonin, the brain chemical involved with keeping you relaxed & calm
- adequate serotonin levels help improve sleep and can reduce cravings for carbohydrates

Time Release  
 120 Caplets  
**\$22.48**  
 Item# 2013



**NATURAL FACTORS**

**BIO C GEL 500mg High Absorption Ascorbate C**

- in nature, vitamin C is always found with flavonoids & other beneficial antioxidants
- BioCgel is a high-absorption ascorbate C that is easy on the stomach & contains 50mg of full-spectrum antioxidants and bioflavonoids from berries & other fruit

BONUS SIZE  
 180+30 Softgels  
**\$24.98**  
 Item# 2277



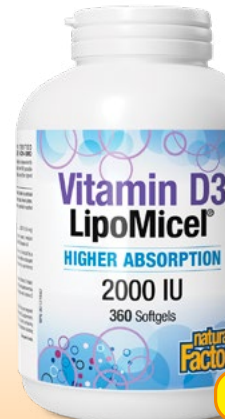
**NATURAL FACTORS**

**BERBERINE LipoMicel 500mg**

- clinically effective dose
- supports healthy blood sugar and lipid metabolism
- berberine is a naturally occurring alkaloid found in barberry and other medicinal plants
- LipoMicel technology results in a highly stable delivery system

120 Softgels    Item# 2335

**\$3 coupon will be applied**



**NATURAL FACTORS**

**VITAMIN D3 LipoMicel 2000 IU**

- helps immune function
- prevents vitamin D deficiency
- may reduce risk of osteoporosis for those with vitamin D deficiency when combined with calcium and a healthy diet
- 2000 IU of the cholecalciferol (D3) form of D
- enhanced absorption

360 Softgels    Item# 2358

**\$3 coupon will be applied**



**NATURAL FACTORS**

**HI POTENCY B Complex 50mg**

- intake & absorption of B vitamins are critical for health
- to effectively metabolize carbohydrates, proteins & fats
- supports formation of tissue, red blood cells & liver
- B vitamins may become depleted by alcohol consumption, poor or restrictive diets, certain medications & stress

BONUS SIZE  
 180+30 Caps  
**\$23.98**  
 Item# 2008



**NATURAL FACTORS**

**LUTEIN 20mg**

- an anti-oxidant carotenoid that provides protection from free-radical cells to the eyes, heart, and lungs
- protects the retina by filtering out blue light and providing a thick macular pigment inhibiting macular degeneration and cataracts
- a powerful anti-oxidant

BONUS SIZE  
 120+30 Softgels  
**\$25.98**  
 Item# 2164



**NATURAL FACTORS**

**Wild Pacific SALMON OIL 1000mg**

- wild salmon oil is much higher in omega 3 fatty acids than farmed salmon or mixed fish oils
- can help regulate blood pressure & reduce vessel constriction
- can reduce eczema, psoriasis, and dermatitis
- can help lubricate joints and increase blood flow

BONUS SIZE  
 180+30 Softgels  
**\$17.98**  
 Item# 1279



**ULTIMATE**

**PERFORMANCE (formerly LIBIDO) with Tongkat Ali**

- to enhance desire & performance
- a natural aphrodisiac
- supports good health
- men over 30 can feel the effects of lower testosterone production, infrequent and weaker erections and less sexual appetite

180 Vegcaps    Item# 2503

**\$2 coupon will be applied**



**ULTIMATE**

**TESTOSTERONE BOOST**

- to support testosterone production
- 300mg KSM-66 (a full-spectrum extract of ashwagandha) per capsule
- shown to cause significant improvement in testosterone levels

60 Vegcaps    Item# 2988

**\$2 coupon will be applied**



**ULTIMATE**

**BLADDER CONTROL**

- Water-soluble pumpkin seed extract found in Ultimate Bladder Control can strengthen pelvic floor muscles helping the bladder relax and helping prevent and reverse prostate enlargement in men

60 Vegcaps    Item# 4375

**\$2 coupon will be applied**

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VICTORIA: Shop by Phone: 250-386-1252 (fax: 250-386-1299) • Free Delivery Mon-Fri with minimum \$70 order within radius. THE VITAMIN SHOP® 3



- SISU U-CUBES for KIDS Multivitamins & Minerals**
- naturally flavoured & coloured
  - to help bridge nutritional gaps and provide xtra nutrients for growing bodies & minds
  - pectin-based cubes
  - no animal gelatin
  - naturally sweetened

120 Gummies Item#3606

\$2 coupon will be applied



- SISU COOL B50**
- high potency B-complex
  - B3 is non-flushing niacinamide to avoid tingling associated with niacin
  - essential for energy, nervous system and many other functions
  - B vitamins must be replenished daily for good health, especially during times of stress

60 Vegcaps Item#3394 200 Vegcaps Item#5110

\$2 coupon will be applied



- SISU NAC 600mg (N-acetyl-L-cysteine)**
- antioxidant & detoxifier
  - can protect against some heavy metals, herbicides & pollutants
  - can reduce effects of some chemotherapy
  - naturally lowers levels of lipoprotein buildup and fights free-radical buildup
  - can break up mucus

120 Vegcaps Item#3357

\$2 coupon will be applied



- ST. FRANCIS ASHWAGANDHA**
- used in Ayurvedic medicine as a rejuvenative tonic to relieve general debility
  - an excellent adaptogenic herb
  - may help reduce stress, balance hormones, boost energy and improve neurological health

VALU-PACK 100ml+50ml Item#1248

\$3 coupon will be applied



- NUTRISTART QUICK B12**
- essential for the immune and nervous systems & red blood cell formation

100ml Drops Item#6658

\$3 coupon will be applied

50ml Drops Item#6694



- NUTRISTART QUICK D**
- 1000 IU per drop
  - naturally derived
  - biologically active
  - known as the Sunshine Vitamin

100ml Drops Item#6612

**QUICK K2**

- the preferred form
- promotes bone and cardiovascular health



- A. VOGEL MENOFORCE (formerly MENOPAUSE) Natural Remedy**
- 100% organic sage
  - promotes a good night's rest
  - natural, safe and effective
  - reduces frequency & severity of hot flashes & sweats
  - clinically tested
  - gluten and lactose-free

90 Tabs \$54.48 Item#7310



- CANPREV SLEEP-RESET Melatonin**
- reduces time to fall asleep
  - increases total sleep time
  - prevent effects of jet lag
  - resets circadian rhythm

90 Vegcaps Item#7138

\$3 coupon will be applied



- CANPREV SLEEP-RESTORE Ashwagandha**
- helps soothe stress so you can ease into a better bedtime
  - counteracts effects of cortisol on your body & mind

90 Vegcaps Item#7139



- PURICA BETAINE HCL**
- helps build muscle strength, power and mass
  - supports liver and digestion
  - helps synthesize creatine
  - vegan
  - also known as trimethylglycine or TMG

180 Vegcaps Item#2582

\$2 coupon will be applied



- PRAIRIE NATURALS BILE FORCE**
- fat digestive enzymes to relieve bloating, gas and constipation after high calorie, high fat meals
  - ideal for ketogenic or paleo diet
  - with purified ox bile powder to facilitate absorption of fat-soluble vitamins, phytonutrients and omega fatty acids

120 Caps \$34.78 Item#9490



- SMART SOLUTIONS Lorna Vanderhaeghe IRONSMART**
- highly absorbable iron supplement
  - helps formation of red blood cells
  - for individuals looking to prevent iron-deficiency anemia
  - gentle, low-dose form doesn't cause stomach upset or nausea

90 Vegcaps \$22.98 Item#1420

- suitable for vegans & vegetarians
- gluten-free



- ENEREX SERRAPEPTASE 120,000 SU**
- can reduce inflammation pain due to its ability to block release of pain-inducing amines from inflamed tissues
  - breaks down byproducts of fibrin so may help dissolve atherosclerotic plaques without causing harm to the inside of the arteries

180 DR caps Item#5939

\$2 coupon will be applied



- accelerates healing of muscle pain, backache, sports injuries, minor joint pain and post-operative inflammation
- doesn't cause adverse effects on the renal, cardiovascular, gastrointestinal, hepatic and nervous systems
- better tolerated than NSAIDs

100g Cream \$26.48 Item#1627 60 Tabs \$10.68 Item#1656 30ml Drops \$10.68 Item#4133

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# WHOLE EARTH & SEA

**Raw Plant Nutrition:**

- these bio-enhanced, broad-spectrum phytonutrient supplements go far beyond any other product promoted as a whole food formula
- 100% organic, pesticide-free crops are fertilized with compost and nitrogen-rich sea plants
- harvested at peak and raw processed immediately
- processed below 48°C (118°F) – free of solvents & ethanol
- bio-activation chamber allows enzymes, probiotics and prebiotics to culture the ingredients

## \$2-OFF

**All Whole Earth & Sea products (excluding bars)**

**Fermented Whole Food Probiotic** 60 vcaps #1227  
**Women's Multivitamin & Mineral** 60 tabs #1229  
**Women's 50+ Multivitamin & Mineral** 60 tabs #1230  
**Men's Multivitamin & Mineral** 60 tabs #1235  
**Men's 50+ Multivitamin & Mineral** 60 tabs #1238  
**Bone Structure Multivitamin & Mineral** 60 tabs #1245  
**Herring Gold Omega-3 1000mg** 60 sgels #1247  
**Women's Prenatal** 60 tabs #1264  
**Vegan Vitamin D3** 90 vcaps #1266  
**Sunflower Vitamin E 400iu** 90 sgels #1271

**Super Mushroom Blend** 60 vcaps #1277  
**Horseradish (Respiratory Relief)** 60 tabs #1393  
**Power UP Mixer Soothe Me** 125g #2089  
**Power UP Mixer Beets Me** 188g #2091  
**Power UP Mixer Boost Me** 175g #2094  
**Women's Multivitamin & Mineral** 120 tabs #2327  
**Women's 50+ Multivitamin & Mineral** 120 tabs #2345  
**Marine DHA Vegan Omega-3** 30 sgels #2346  
**Men's Multivitamin and Minerals** 120 tabs #2409  
**Men's 50+ Multivitamin and Minerals** 120 tabs #2415

**Deep Ocean Minerals** 100ml #3056  
**Protein & Greens Tropical** 660g #1340  
**Protein & Greens Chocolate** 710g #1341  
**Greens Tropical** 405g #1343  
**Greens Chocolate** 438g #1346  
**Greens Unflavoured** 390g #1350  
**Protein & Greens Vanilla Chai** 656g #1354  
**Protein & Greens Unflavoured** 640g #1355

**AOR QUERCETIN**

- the major bioflavonoid in the human diet
- for those with allergy symptoms, itchy eyes & throat, sneezing and nasal congestion
- promotes cardiovascular health
- reduces LDL oxidation, promotes healthy blood pressure & clotting

100 Vegcaps Item#7643    200 Vegcaps Item#7593

**\$3 coupon will be applied**

**NEW ROOTS HERBAL LECTRO-LYTES**

- vitamin-C-rich electrolyte rehydration drink mix
- the delicate balance of electrolytes & minerals give our bodies the right chemistry to thrive
- with biologically-active B6
- naturally flavoured
- no added sugar
- no artificial ingredients

192 grams Item#6110

**\$2 coupon will be applied**

**CANPREV MAGNESIUM + Gaba & Melatonin for Sleep**

- extra gentle magnesium
- with melatonin & GABA to help you relax, get better sleep & reduce the time needed to fall asleep
- magnesium is essential in over 350 enzymatic functions

120 Vegcaps Item#4998

**\$3 coupon will be applied**

**AOR GANDHA-600**

- standardized ashwagandha
- widely used in Ayurveda, the traditional medicine of India
- the "Indian ginseng"
- valued for its adaptogenic properties, supporting immune & liver function as well as the body's response to environmental stress

120 Vegcaps Item#7758    240 Vegcaps Item#7774

**\$3 coupon will be applied**

**NEW ROOTS HERBAL BLACK CUMIN SEED OIL**

- for allergies, rheumatism and inflammation
- health-care practitioners use the oil against inflammation of all sorts as well as fungi infections
- a source of linoleic acid that yields a high dose of thymoquinone

120 Softgels Item#2593

**\$2 coupon will be applied**

**NAKA PRO COLLAGEN Marine Source**

- for bone health, joint health and supple, youthful looking skin
- hydrolyzed collagen type 1 sourced from fish skin
- provides essential amino acid lysine to help in collagen formation
- contains alanine, arginine, aspartic acid, glutamic acid, glycine, proline, serine, tyrosine for protein synthesis

**BONUS SIZE 120+30 Vcaps**  
**\$25.98**  
 Item#1604

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