



THE VITAMIN SHOP

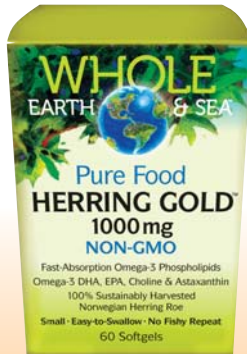
Healthy Solutions Since 1984

Sale on June 5–July 2, 2017



1212 Broad St. (between Yates St. and The Bay Centre), Victoria, BC, V8W 2A5 • Phone 250-386-1212

COMPLETE SELECTION AND LOW PRICES ON BRAND-NAME SUPPLEMENTS



WHOLE EARTH & SEA HERRING GOLD 1000 mg

- with phospholipids, DHA, EPA, choline, and astaxanthin
- from spring-spawning Norwegian herring
- supports brain and cardiovascular health
- richer in DHA and EPA phospholipids than krill oil
- omega-3s phospholipids are more easily absorbed
- easy to swallow with no fishy repeat
- sustainably harvested to conserve habitat
- non-GMO

60 Softgels
\$39.48
Item# 1247



NATURAL FACTORS ULTIMATE PROSTATE SUPPORT

- helps prevent or ease symptoms of prostate enlargement (BPH)
- improves urinary flow and may reduce night time urination frequency
- ideal for a disease prevention strategy that includes exercise and a healthy diet
- supports sexual function

60 Softgels
\$24.98
Item# 2065



Ask for your \$2-off coupon



COOL B50

- get all of your B vitamins in just the right quantity
- B vitamins help myriad body functions
- they must be replenished daily, especially during times of stress
- non-flushing – does not cause uncomfortable tingling and flushing that can occur with niacin-based supplements

200 Vegcaps
\$29.98
Item# 5110



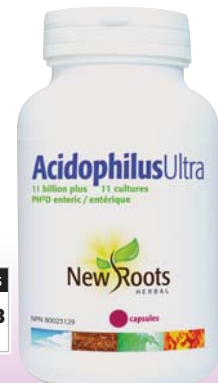
Ask for your \$2.50-off coupon



ACIDOPHILUS ULTRA

- enteric coating assures 11 billion active cells survive stomach acid and make it to the small intestine
- friendly bacteria from plant origin found in all human digestive systems
- ten probiotic micro-organisms clean, protect, aid protein digestion, stimulate immune system, and replenish your gastro-intestinal system
- hypo-allergenic

120 Vegcaps
\$46.88
Item# 6031



Ask for your \$2-off coupon



NORWEGIAN GOLD SUPER CRITICAL OMEGA

- the strongest fish oil available
- EPA and DHA can promote a healthy brain, heart, and nervous system, reduce inflammation, and improve cellular health
- for those who require EFA support for chronic health conditions or who want the strongest formulation available

60+12 Softgels
\$43.98
Item# 8265

BONUS: 12 caps extra



GREENS+

- clinically proven whole-food supplement
- great tasting • each serving provides bone support & antioxidant power equivalent to six servings of organic fruits & vegetables

GREENS+ Extra Energy

- healthy alternative to coffee or sugary energy drinks – with the added bonus of antioxidants
- full serving of greens+ plus energy-enhancing herbs and amino acids

510g + 133g
\$62.98
Item# 4535

Buy 510g Greens+ and get 133g Extra Energy FREE While quantities last.



WEBSITE SHOPPING: CanadianVitaminShop.com

While quantities last. We reserve the right to limit quantities.

VICTORIA CUSTOMERS:



Free Delivery
Mon–Fri with minimum \$50 order within radius.



Shop By Phone*
250-386-1212
Fax: 250-386-1299

OUT OF TOWN CUSTOMERS:



Free Shipping
anywhere in Canada with minimum \$70 order.



Toll Free*
1-888-386-1211
Fax: 1-877-386-1211



STORE OPEN 7 DAYS A WEEK: **Mon–Fri:** 9am–6pm • **Sat:** 9:30am–5:30pm • **Sun:** 11am–5pm • Closed on Statutory Holidays
*MAIL ORDER HOURS: **Mon–Fri:** 9am–5pm • **Sat:** 9:30am–5:30pm • **Sun:** closed • Closed on Statutory Holidays



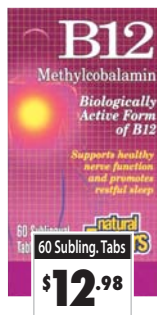


OSTEOMOVE
Extra Strength Joint Care

- an array of natural compounds and plant extracts clinically shown to fight progressive cartilage degeneration and to support the repair and recovery of joints and connective tissue

240 Tabs
\$45.98

Item#2265



B12 Methylcobalamin 5000mcg

- can reduce homocysteine levels, reducing the risk of stroke, arthritis, and renal failure
- can help sleep patterns and improve mood
- B12 deficiencies are fairly common, especially in the elderly and vegetarians
- methylcobalamin form is easy to assimilate

60 Subling. Tabs
\$12.98

Item#2019

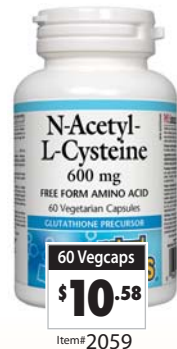


BETAINE HYDROCHLORIDE

- important in the breakdown and use of proteins, calcium and iron
- helps break down fibrous meats and vegetables
- deficiency can lead to hyper-acidity, heartburn, pernicious anemia, and food allergies
- betaine hydrochloride is the best supplemental form

180 Vegcaps
\$9.68

Item#1283



N-ACETYL-L-CYSTEINE (NAC) 600mg

- free-form amino acid and antioxidant to detoxify and strengthen the immune system
- precursor to glutathione, an antioxidant that fights oxidative stress and repairs tissue
- NAC increases glutathione levels better than supplementing with glutathione itself because NAC passes into the bloodstream intact

60 Vegcaps
\$10.58

Item#2059



Stress-Relax
TRANQUIL SLEEP

- safe and fast acting
- contains 5-HTP, melatonin; and green tea's stress-reliever, L-theanine
- synergistic effect promotes restful sleep
- useful for jet lag and insomnia

60 Chews
\$14.98

Item#5180



Women's Complete RXOMEGA-3

- full-spectrum essential fatty acid supplement for women
- DHA and EPA from high quality fish oil
- alpha linolenic acid from organic flaxseed oil
- GLA from purified evening primrose oil
- in the right balance for women of all ages

120 Softgels
\$13.68

Item#2060



GARCINIA CAMBOGIA 750mg

- reduces appetite by providing a feeling of fullness
- helps curb food cravings
- inhibits conversion of carbohydrates to fat
- increases fat burning
- non-GMO and stimulant-free

90 Tabs
\$8.98

Item#8871



GREEN COFFEE BEAN 400 mg

- helps promote weight loss and reduce blood pressure
- made from pure, raw, unroasted green coffee beans rich in chlorogenic acids and polyphenols
- contains less than 2% caffeine, making it a stimulant-free weight management supplement

60 Vegcaps
\$18.48

Item#2101



MULTIFACTORS
Vitamins & Minerals
for Women & Men 50+

- each formula contains over 35 essential vitamins, minerals, and nutrients that support healthy aging, combat fatigue and stress, and protect against disease

90 Vegcaps
\$15.68

Item#1240

90 Vegcaps
\$15.68

Item#1250



COENZYME Q10 100mg

- ensure your body receives and maintains optimal levels of this spark plug' for all human cells
- coenzyme Q10 'ignites' the oxygen in the cell, turning it into energy
- the heart requires huge reserves of this important nutrient to perform its workload

120+30 Sgels
\$18.88

Item#2296

BONUS: 30 caps extra



MAGNESIUM CITRATE 150mg

- if daily workouts are exhausting then you probably need more magnesium
- the anti-stress mineral
- helps burn fat and produce energy
- a pH balancer
- can help calcium absorption and utilization
- maximum absorption

180+30 Caps
\$12.98

Item#6373

BONUS: 30 caps extra



HI POTENCY B Complex

- B vitamins are best when taken together, as they assist each other in proper absorption and bio-availability
- Hi Potency B Complex is 50mg of each B, plus 50mg of Lipotropic Factors and 1 mg of folic acid
- optimal levels of B vitamins is critical for excellent health

180+30 Caps
\$17.98

Item#2008

BONUS: 30 caps extra



MELATONIN 3 mg
Sleep deprived?

- melatonin is the master hormone that helps control sleep patterns
- may help you and your hyperactive child get a good solid sleep
- check with your health professional before giving melatonin to your child

180+30 Subling. Tabs
\$7.88

Item#6436

BONUS: 30 tabs extra



GLS & CHONDROITIN SULFATE
500mg GLS & 400mg Chondroitin

- a natural way to ease joint pain and promote healing of cartilage and connective tissue
- natural anti-inflammatory to help protect and rebuild cartilage
- works synergistically to relieve pain from damaged connective tissue and help restore joint and cartilage health

240 Caps
\$24.98

Item#2122



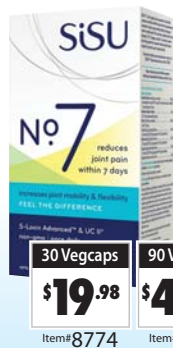
100% Wild Alaskan
SALMON OIL 1300mg

- from the pristine waters of Alaska,
- controlled-temperature extraction ensures nutrients are preserved
- enteric softgel guarantees delivery to the small intestine with no fishy aftertaste

180+40 Softgels
\$19.98

Item#2266

BONUS: 40 caps extra



SISU

NO. 7 Joint Complex

- No. 7 works differently than glucosamine & chondroitin. It targets pathways that balance joint enzymes that may break down cartilage and impact your joints' natural cushioning
- proven to increase flexibility, overall mobility and range of motion

30 Vegcaps
\$19.98

90 Vegcaps
\$45.98

Item#8774

Item#8773



SISU

INTEGRIS Probiotic Support

- unique, patented probiotic: Lactobacillus plant arum (LP299v)
- helps repopulate & rejuvenate the intestinal ecosystem
- guaranteed 20/30 billion active cells

20 Billion
30 Vegcaps
\$34.98

30 Billion
30 Vegcaps
\$49.98

Item#5669

Item#5845



PURICA POWER Vegan Protein

- fermented pea protein isolate & certified organic sprouted brown rice protein
- micronized chaga mushroom & natural enzyme for absorption
- to rebuild muscle and tissues
- low carb and low fat
- no sugar and gluten free

630 g Powder
\$39.98

Ask for your \$2-off coupon

Natural: #4210 • Vanilla: #4204 • Chocolate: #4202



AOR I-3-C (Indole-3 Carbinol)

- a phytonutrient found in cruciferous vegetables such as broccoli, Brussels sprouts, cabbage, and bok choi
- research suggests it is responsible for many of the health benefits of cruciferous vegetables by supporting balanced estrogen metabolite formation

60 Vegcaps
\$31.48

Ask for your \$5-off coupon

Item#7678



PRAIRIE NATURALS BONE SOLUTION with Boron

- great tasting liquid
- 100%-absorbable forms of calcium, magnesium and vitamin D (magnesium and vitamin D are essential for absorption of calcium)
- may help prevent osteoporosis, nervous system disorders, insomnia, and muscle cramping

1:1
500ml Liquid
\$22.88

2:1
500ml Liquid
\$22.88

Item#9436

Item#9300



VOGEL VENAFORCE EXTRA Varicose veins?

- an alternative to invasive conventional treatments
- can alleviate or prevent worsening of varicose vein symptoms
- anti-inflammatory, astringent and anti-oedema
- herbs work together
- sugar-free • gluten-free
- lactose-free

30 Tabs
\$21.68

100 g Gel
\$21.68

Item#9846

Item#9887



RENEW LIFE First Cleanse

- for the first-time or sensitive cleanser
- strong yet gentle enough to avoid a cleansing crisis
- designed to work regardless of diet
- works to cleanse and detoxify without using harsh laxatives

15-Day Kit
\$19.98

Ask for your \$2-off coupon

Item#6972



FLORA Udo's Choice Super 8 Plus PROBIOTIC

- contains no less than 25 billion viable active cells per vegcap
- formulated to address yeast imbalance and leaky gut syndrome
- specifically formulated to be effective against candida yeast overgrowth

60 Vegcaps
\$35.98

Item#4471



PLATINUM TOTAL VISION CARE

- the only vision-care supplement recognized by the Vision Institute of Canada
- oil-based lutein & zeaxanthin
- supports visual acuity, night vision and colour vision
- helps reduce risk of cataracts
- better absorption

60 Softgels
\$44.98

Ask for your \$3-off coupon

Item#4056



ORGANIKA ENHANCED COLLAGEN

- flavourless hydrolyzed collagen (peptides) restore and rebuild collagen
- highly bio-available, digestible and soluble
- glycine, lysine & proline firm skin
- sourced from grass-fed cows
- rBGH & BSE free
- no antibiotics or hormones
- mixes easily

500g Powder
\$34.98

Item#2742



ORGANIKA GÖUTRIN

- relieves pain associated with gout
- gout pain is caused by crystalization of uric acid on the joints
- contains herbs and black cherry to relieve buildup of uric acid crystals, which can then be excreted

120 Vegcaps
\$17.98

Item#7492



SIERRASIL JOINT FORMULA 14

- a blend of naturally occurring minerals that help relieve joint aches and stiffness by way of anti-inflammatory and detoxifying action
- researched for safety and efficacy
- guaranteed results in 14 days or less

180 Caps
\$49.98

Item#9704



ORGANIKA PYCNOGENOL 50 mg

- more potent than vitamins C & E
- antioxidants reduce oxidative damage to our skin, tissues, liver and overall health
- has anti-inflammatory properties
- helps produce hyaluronic acid and collagen which hydrate skin for a youthful appearance

50 Tabs
\$33.48

Item#2899



ORGANIKA RED YEAST RICE Plus

- helps to lower blood and LDL cholesterol that are risk factors toward heart disease and stroke
- is believed to mimic statin activity through monocolin K activity and help safely reduce LDL cholesterol known to cause arterial buildup

180 Vegcaps
\$24.48

Item#7121



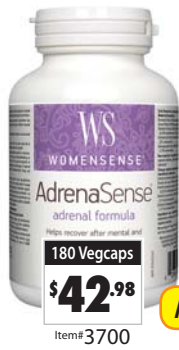
ENEREX DIGEST BEST The Wheat & Dairy Buster!

- specialized DPPIV protease enzyme for gluten and casein digestion
- betaine HCl for heartburn & indigestion
- L-glutamine to soothe and repair the GI tract
- full spectrum enzymes for digestion & nutrient absorption

90 Vegcaps
\$28.98

Ask for your \$2-off coupon

Item#5569

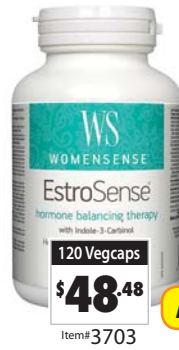


**WOMENSENSE
ADRENA SENSE**

- formulated with herbal adaptogens to increase energy and endurance while promoting well-being and enhancing the ability to process stress
- contains antioxidants that fight free radical damage

180 Vegcaps
\$42.98
Item# 3700

Ask for your \$2-off coupon

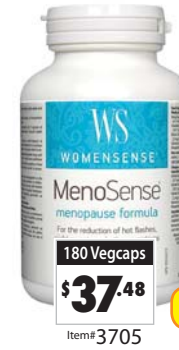


**WOMENSENSE
ESTRO SENSE**

- supports healthy hormone balance
- detoxifies liver of xenoestrogens
- reduces heavy periods
- helps with PCOS and ovarian cysts
- reduces PMS
- helps reduce endometriosis & fibroids

120 Vegcaps
\$48.48
Item# 3703

Ask for your \$2-off coupon



**WOMENSENSE
MENO SENSE**

- formulated to reduce hot flashes, sleep disturbances, irritability, nervousness, loss of concentration, night sweats, vaginal atrophy or dryness, leg cramps, and menstrual abnormalities

180 Vegcaps
\$37.48
Item# 3705

Ask for your \$2-off coupon



**BRAD KING'S
Ultimate MALE ENERGY**

- to restore testosterone to optimal levels and maintain prostate health
- may increase muscle mass and support decrease in body fat
- can boost brain function, memory, visual acuity, and concentration, bone strength

120 Caps
\$42.98
Item# 2389

Ask for your \$2-off coupon



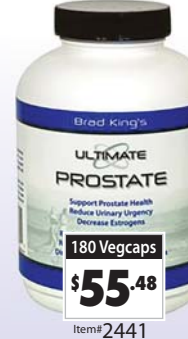
**BRAD KING'S
Ultimate MACA ENERGY**

- reduce stress, improve mental clarity & memory
- increase stamina, slow biological aging, and improve libido
- fight osteoporosis, relieve headaches

180+60 Vegcaps
\$29.48
Item# 2438

BONUS: 60 caps extra

Ask for your \$2-off coupon



**BRAD KING'S
Ultimate PROSTATE**

- 100% natural—research-proven
- can enhance prostate by reducing negative estrogens
- helps reduce inflammation
- free of the side effects of some prescription drugs
- can reduce urinary urgency & frequency

180 Vegcaps
\$55.48
Item# 2441

Ask for your \$2-off coupon

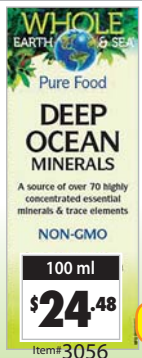


**WHOLE EARTH & SEA
Vegan Bioenhanced VITAMIN D3**

- the primary source of vitamin D is fish and fortified dairy products so vegans and vegetarians often lack an adequate supply of it.
- extracted from wild-harvested lichen

90 Vegcaps
\$14.98
Item# 1266

Ask for your \$2-off coupon



**WHOLE EARTH & SEA
DEEP OCEAN MINERALS**

- sustainably extracted
- deep ocean water provides calcium, potassium, sodium, boron, magnesium, & over 70 naturally occurring trace minerals
- 75 mcg of iodine from fresh kelp
- liquid ionized form increases absorption and bioavailability

100 ml
\$24.48
Item# 3056

Ask for your \$2-off coupon



**WOMEN'S & MEN'S 50+
Multivitamin & Mineral**

- from the highest quality organic ingredients and proper ratios of vitamins, minerals, & nutrients
- contains nutrients that can be deficient in older women & men
- no gluten or GMOs

60 Tabs
\$31.98
Item# 1230

60 Tabs
\$31.98
Item# 1238

Ask for your \$2-off coupon



**BIOSIL
Advanced Collagen Generator**

- the most bioavailable form of silicon
- increases bone mass and density, enhances healthy joint cartilage, promotes stronger nails, thick, healthy hair, beautiful skin, and fewer wrinkles

90 vegcaps: *2461 \$40.98 • 120 vegcaps: *2466 \$54.98 • 30ml: *7635 \$35.48

FREE 5000mcg Biotin 30 caps with purchase of BioSil

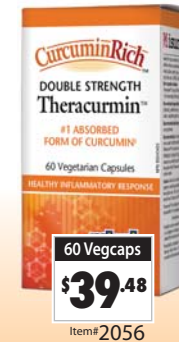


**WOMENSENSE
BLADDER SENSE**

- WomenSense is dedicated to helping women reach their health potential
- BladderSense contains water-soluble pumpkin seed extract to support bladder function including frequency, tone, and control

90 Vegcaps
\$30.48
Item# 4192

Ask for your \$2-off coupon



**NATURAL FACTORS
Double Strength
THERACURMIN 60MG**

- potent anti-inflammatory
- helps protect against Alzheimer's and reduce risk of chronic degenerative diseases
- absorption rate over 300 times greater than regular curcumin

60 Vegcaps
\$39.48
Item# 2056

Ask for your \$2-off coupon



**VEGIDAY
Raw Organic Plant-Based PROTEIN**

- delicious, high quality organic vegan protein
- a combination of seven gluten-free, soy-free, non-GMO, easy-to-digest protein sources

Powder
\$49.98

French Vanilla 972 grams: *2801
Decadent Chocolate 972 grams: *2802
Berrylicious 927 grams: *2803

Ask for your \$2-off coupon



**VEGIDAY
Organic Virgin
COCONUT OIL**

- cold-pressed and organic
- harvested at the peak of freshness
- fair trade
- unrefined and raw
- a versatile oil that can be used in cooking, and skin and hair care

800 ml Paste
\$18.48
Item# 4048

All products on this page have been certified clean by Isura.



NON-GMO · MASS SPEC
Documentation ✓ Lab Tested ✓

This seal assures you that the product has passed the most rigorous testing in the world. Isura can test for over 500 potential contaminants.

isura.ca